

Issue 127 January 2016

A letter from your Chairman

Happy New Year to all our members!

(New Year's resolutions are just a 'todo' list for the first week in January so I expect you have broken them all already!)

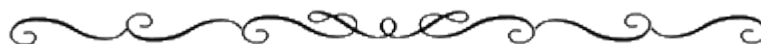
I feel a touch of deja vue – I have just read last year's letter where I said the following *"We hope that you are enjoying the new venue. Please bear with us over the odd technical hitch. The Christmas Party was a resounding success with beautiful decorations and Christmas tree provided by the Athletic Club – it felt really festive."* Well, the new venue in that note was the Athletic Club, but one year on I hope that you are enjoying our new, new venue in the Eden Centre and the Christmas Party was, I am sure all who attended would agree, another resounding success.

Sorry I can't be with you today (though not too sorry since I am in the south of Spain in the warm!) but I am sure Valerie will sort out any problems which may occur. I hope you enjoy our speaker – she was really good last time which is why we invited her back.

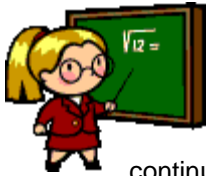
Last year I said we would be concentrating on new groups. Referendums about venues intervened but this year, with a new venue chosen by the whole membership, there should be nothing to get in the way of a new group drive. Make sure you read what is on offer and sign up. Also really consider running a group - please remember you do not need to be an expert and it can be a lot of fun. Get the group up and running and see what happens! Group Leaders please note there is a Group Leaders' lunch being organised for 25th February – a letter is on its way if you have not received it already. Please reply ASAP so we know how many to cater for.

Let us hope the New Year will prove to be a good one for all of us.

Alan



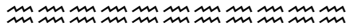
Today we welcome Helen Crabtree who will talk to us about that fast disappearing item, the telephone box. Helen gave us a most interesting talk about post boxes a couple of years ago, so we are looking forward to all the fascinating facts she has to impart on this topic. Please give her a warm welcome.



The usual request from the Editor - Without your input the magazine dies!

This newsletter cannot continue without input from members. In particular I need reports from groups, but I can include matters of interest about what is happening in the community from any member.

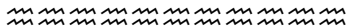
Please help.



Tea and Coffee Rota

January Margaret and Neil Bridgstock
February Isobel and Michael Collins

N.B. Volunteers need to arrive at the Eden Centre by 1.15pm



Music Appreciation

We had a Christmas Themed afternoon with lots of light fun music, Starting with Dreaming of a White Christmas, then included was The singing Postman and Mel Torme and Spike Jones with his City Slickers, including Der Fuehrers Face, and Chloe, then The Carnival Band in Concert with Maddy Prior,

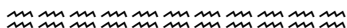
Woody Herman followed, we heard part of The Opera Hansel and Gretel.

Next we had a take on Jingle Bells arranged by member's son Christopher Bridges for the Bridges family, called Jungle Bells. Then Bach's Christmas Oratorio.

Lots of lovely Christmas music followed by tea and biscuits at Ron and Carlene's standing in for Ted and Enid.

Happy New Year to all

Carlene Lee



Short Walking Group

There will not be a short walk in January. Information about February will be in the next newsletter.

Julie Bates

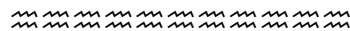
Art Group

The Art Group held an enjoyable Christmas "bring and share" get together in December and are looking forward to next year's activities.

We now have one vacancy for a new member in the group, so if anyone is interested in joining our small, friendly painting class in its central Kettering location then get in touch with me on 01536 516724 for more details.

Happy and peaceful New Year to everyone.

Pat Parkes

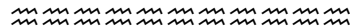


Camera Group

Much of our meeting was spent discussing next year's plan, but we did have time to admire the enhanced photos which Rose had taught us to do last month.

Then mulled wine, mince pies and tea or coffee were enjoyed by all. Our homework is to create a collage from pictures associated with Christmas, and our next meeting is on the 18th. January. A happy new year to you all!

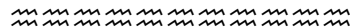
Jenny Goddard



Medium Walk

I will be leading the January walk, details of which will be at the January meeting.

John Sumpter



Slimming Group

This group continues to meet weekly, Tuesday mornings, 930-1030am at Wendy's home, 31 Anderson Drive except the last Tuesday of the month to allow members to go on the monthly walks.

Meetings consist of a weigh-in, a cup of coffee and a lot of laughs! Most of our members have already lost their first stone- it does work! The secret is in helping and supporting each other. Cost is 50p to attend.

Wendy Islip

Spanish Group

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We have not met since the last message, but we were due to restart on 7th January, so hopefully everybody returned refreshed and ready to get back to work!

Mary Howarth

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### A tip from member Anthony Burke

Have you ever found your wardrobe is at times too small and you need more hanging space?

Then why not get a length of chain from say B&Q and cut it into 75cm lengths. Hang one end over the hook of an existing coat hanger already in use, then you can hang other coat hangers lower down the chain.

This will give you additional hanging space from the rail. This works well but remember to check that the rail is OK for the extra load!!

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My Travel Plans for 2016.

I have been in many places, but I've never been in Cahoots. Apparently, you can't go alone. You have to be in Cahoots with someone. I've also never been in Cognito. I hear no one recognizes you there. I have, however, been in Sane. They don't have an airport; you have to be driven there. I have made several trips there, thanks to my children, friends, family and work.

I would like to go to Conclusions, but you have to jump, and I'm not too much on physical activity anymore. I have also been in Doubt. That is a sad place to go, and I try not to visit there too often. I've been in Flexible, but only when it was very important to stand firm.

Sometimes I'm in Capable, and I go there more often as I'm getting older. One of my favourite places to be is in Suspense! It really gets the adrenalin flowing and pumps up the old heart! At my age, I need all the stimuli I can get!

I may have been in Continent, but I don't remember what country I was in. It's an age thing. They tell me it is very wet and damp there!

Anon

Trips & Theatre Visits

The Jersey Boys. January 27th. Leaving time 10.30am. Matinee 2.30pm.

There are still a few tickets/receipts to be collected at the January meeting. Usual pick-up point, ie. London Road Car Park.

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Day Trips for 2016.

Wedgwood Tour. Thursday April 21st. 2016.

Please put names down at the January meeting. The total cost for the tour, coach and drivers tip will be £22.00. There are restaurant facilities at Wedgwood.

If we have time we will have a stop at Trentham Gardens on way home.

Please pay at February meeting.

Bank of England, London. Past & Present Presentation and Museum.

Wednesday May 25th.

2 hour visit with early start. There will be some free time in London after the visit. Price to be confirmed at January meeting. Please put names down at January meeting.

Cotswolds. Moreton-in-Marsh Market and Stratford-upon-Avon.

Tuesday 21st June. Price to be confirmed.

Please put names down if you are interested.

River trip on the River Trent at Nottingham Wednesday July 6th.

Lunch served on board. The price will be approx. £30.00 for the river trip, lunch and coach with driver tip.

The lunch will consist of Roast beef, roast potatoes, minted peas and two seasonal vegetables with Yorkshire pudding and rich gravy.

Hot apple pie and custard.

Tea or Coffee.

We need to get idea of numbers as soon as possible so please put your names down if you are seriously interested.

Julie and Jessie.

Speakers for 2016

January 13th	Telephone Boxes	Helen Crabtree
February 10th	Charles Dickens, Conjuror	Ian Keable
March 9th	Under the Influence	Andy Smith
April 13th	Life of a Honey Bee	Eric Nixon
May 11th	The Last Naval Hero	Roy Smart
June 8th	National Memorial Arboretum	To be confirmed
July 13th	AGM	
August 10th	Out to Play in Kettering	Ian Addis
September 14th	Kick and Frills; the Story of the French Can-Can	David Price
October 12th	Water Aid	To be confirmed
November 9th	“Two Kinds of Teardrops”	Michael Grillo
December 14th	Christmas Party	

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Day/Group	Leader	Tel	Venue	Frequency	Time
<u>MONDAY</u>					
Art	Pat Parkes	01536 516724	Home	2 nd & 4 th Monday	10.30am-12.30
Camera Club Group 1	Robin & Jenny Goddard Pat Johnson <i>*(Our meetings are on the Monday in the week following the week of the main U3A meeting)</i>	01536 482972 01536 483398	3 St Mary's Rd	3 rd Monday*	2.00-4.00pm.
Swimming	Isabel Collins	01536 520971	Kettering Pool	Every Monday	9.00-945am.
Book Group	Margaret Turnbull Margaret1212@talktalk.net	01536 511139	Varies	3 rd Monday	2pm
Discussion Group	Linda Miller	01536 483773	Home	3 rd Monday	2.00pm-4.00pm
Canasta	Margaret Hall Patricia Stokes	01536 512215 01536 724342	Kettering Bridge Club	Every Monday	2.00pm-4.00pm
<u>TUESDAY</u>					
Walking (Medium)	Bill Joyce	01536 724337	Varies	Last Tuesday	10.00am
Travel	Geraldine Hardwick	01536 481203	Varies	1 st Tuesday	2pm.
Computer Club	Alan Bailey	01933 350147	ASDA Training room	Fortnightly	10-12am
Bird Watching	Vacant		Varies.	2nd Monday	10-12am
Slimming Club	Wendy Islip	01536 510870	Home	Weekly	9.30 – 10.30am
<u>WEDNESDAY</u>					
Lunch Club	Margaret Hall Patricia Stokes.	01536 512215 01536 724342	Varies	3 rd Wednesday	12.45pm
Short Walks	Julie Bates	01536 725538	Varies	4 rd Wednesday	time varies
Music Appreciation	Ted Faulkner	01536 745878	Home	Last Wednesday	2.00-4.00pm.
Craft	Angela Deans	01536 484187	Home	4th Wednesday	10 am.
<u>THURSDAY</u>					
Thrapston Art Group 1	Carlene Lee	01536 742523	154 Oundle Road	1 st & 3 rd Thursday	10.30-12.30pm.
Thrapston Art Group 2	John Brewer	01536 481700	154 Oundle Road	1 st & 3 rd Thursday	2.30-4.30pm
Spanish	Mary Howarth	01536 722029	ASDA Training room	1st and 3 rd Thurs.	2pm-4pm

Day	Leader	Tel	Venue	Frequency	Time
FRIDAY					
U3A-Singing for Pleasure	Jill Dee	01536 514054	Fuller Church	Fortnightly	10-11.30am.
Making Music	Alan Bailey	01933 350147	Home	Fridays	2pm-4pm
SUNDAY					
Sunday lunch group	Sula Wright	01536 411952	Various	2 nd Sunday	Varies
DAY ARRANGED BY GROUP					
Day Trips & Theatre Visits	Julia Bates 01536 725538 & Jessie Mills 01536 722421				
iPad Group	Michael Collins	01536 520971	arranged after each meeting		
Local History Group	Geraldine Hardwick	01536 481203	arranged after each meeting		
Basic Life Support	Mike Coleman	01536 503534	date and time to be arranged		

General Information

Forthcoming Meetings (Note: Doors open at 1:30pm.)

February 10th Charles Dickens – conjuror Ian Keable
 March 9th Under the Influence Andy Smith

To all members

If you are aware of anything affecting one of our members such as an important birthday, anniversary or illness and feel that a card from the U3A would be appropriate please contact Lynne on 01536 618001.

Plea from the Editor

Please post copy to M Howarth, 59 Beaufort Drive, Barton Seagrave, Kettering NN15 6SF to reach me by the end of the month. (01536 722029) If you would prefer emailing then my address is mryhowarth@aol.com



Committee – 2015-16

Chairman	Alan Bailey	01933 350147
Vice Chair & Joint Speaker Secretary	Valerie Walker	01536 511838
Treasurer	Tony Reed	01536 481733
Secretary	Lynne Franklin	01536 618001
Membership Secretary	Sylvia Dale	01933 680668
Groups Co-ordinator	Harry Wells	01933 314808
Joint Groups Co-ordinator	Pat Johnson	01536 483398
Newsletter Editor	Mary Howarth	01536 722029
Joint Speaker Secretary	Christine Begg	01536 514083
Webmaster	Alan Bailey	01933 350147
General Duties/Meet & Greet	John Cousens	01933 664602
General Duties	Pauline Bailey	01933 350147

