

# ISE VALLEY NEWS

Kettering, Northants

**Charity Number 1179738**

**October, 2024**

Hello everyone,

This month we are back in our usual room. Many thanks to the members of the Open Door Church for looking after us so well last month. It was good to see so many make the effort to get upstairs!

I am very pleased to say that the donations to Age UK Northamptonshire amounted to £72.25 - for which we received a letter of thanks. Thank you to all those who donated.

I would also ask you to welcome a new committee member - Dave Walker. It is good to have a new perspective on things - thank you Dave for joining us.

Tickets for the Christmas get together are now on sale at £5.00 each, as usual your ticket is your entry into the raffle!

**Penny  
Chair**

## **This Month's Speaker**

The speaker for this month is Mike Storr from Nottingham. His talk is entitled "Masters of Mirth" which has an affectionate look at how the Music Hall began and some of the characters such as Robb Wilton, Stanley Holloway etc, with examples of their monologues. Dave uses his talks to raise money for his chosen Charity Asthma UK, and he will bring a donation box with him .

Penny

## **Beginners Camera Group.**

The next group meeting will be on the 8th October at the usual venue at 2.00pm. The subject for October is "Seasons" which will be discussed, this can be a very varied subject and challenging. The photographs taken of "Fruits" will be seen and will be on show at the October U3A meeting on the 9th October.

Julie.

## **Winterval Charity Concert**

1<sup>st</sup> November, 2024

At Christ the King, Deeble Road, Kettering NN15 7AA. Tickets £7.50 each incl. tea and biscuits. Sound Sensation Choir supporting Thomas's Fund a local Music Therapy Charity. [Tickets@u3akettering.co.uk](mailto:Tickets@u3akettering.co.uk) of pay on the door

## **VISIT TO BARNSDALE GARDEN**

**25th February, 2025**

We still have 5 tickets available for this trip which is also open to friends and family (as long as with a U3A member) if interested please contact Joan Bennett 07597 559055

## **Jigsaw Puzzles**

We have had a request from one of our members for jigsaw stall to run on the same lines as the bookstall. We are going to run it ( in a limited way) on trial for the October and November meetings to see if there is a call for this type of thing. All jigsaws will be priced at £2 each, if the trial goes well we will continue with it in the new year. As with the bookstall you will be able to recycle your puzzles as you do with your books

Penny

## **Theatre Trip**

What a humdinger of a show was Hair-spray! Full of energy, singing and dancing. Made you feel quite tired watching the performers as they kept the energy levels going and danced and sang for two hours. A full audience, even though there were a couple of school parties in with kids (in my opinion) too young to see it. However, they all were in full voice at the end and everyone was standing for the final song which was very familiar. I hadn't realised that the "story line" was about segregation and from asking one of the children in front of us, we found out that they are learning about the Windrush generation at school so that was why they were there.

There are road works around the Curve theatre which are ongoing and our driver found us a drop off point as near as he could get to pick us up afterwards, so many thanks to Roy's Minibuses.

As most of you know this show was the last theatre trip that I will be organising. Many thanks to all of you who have supported me over the last couple of years and I will still be around to see you at the meetings and coffee morning.

Sylvia Dale

## Art Group

It was great to get back to our regular Monday meetings.

We had 2 new members, Pat and Pauline join us so we are now full but please give me your name and number if you're interested and I will ring if we get a space.

A few of us had done a bit of painting during our break but I hadn't done as much as I'd hoped so we were all glad to get back to the weekly sessions.

Melanie came and showed us a new technique called Subtractive Painting which is laying a base coat, rubbing powdered graphite onto the paper and using a putty rubber to remove the lighter parts of the drawing. I hadn't heard of this technique which was interesting and quick to get results.

Tessa

## Ten Pin Bowling

We had another enjoyable session without any high scores except for a new Personal Best from newcomer Reg, who showed us all how it should be done. We would welcome any newcomers to join us for a bit of fun, £4.00 for a game. We are also planning our Christmas breakfast to be held before our session in November.

Dai Johnson

## Lunch Club

The Lunch club for October will be on Wednesday 16th October, 12.00 for 12.30 at The Dukes pub in Woodford.

We shall have menus available at the October meeting when you can order starters

and mains and pay a £5 non-returnable deposit per person.

Desserts will be available to order on the day. There is a limit on spaces of 25.

**The Christmas Lunch Club** is now confirmed. It will be on Wednesday 18th December, 12.00 to 12.30pm at The Old Vic, Burton Latimer.

We shall be taking orders at the November meeting, Wednesday November 13th. The cost is 2 courses £25 or 3 courses £31.

We will need to take the food orders and **THE FULL NON-RETURNABLE PAYMENT, IN CASH ONLY**, because we need to secure the booking. If you will not be at that meeting and want to come to the Christmas meal please let us know.

Pat and Dai Johnson

## Ukulele Group

There is room for 2 more members (we meet in John's front room so space is limited).

We are currently preparing for a visit to entertain the residents of Ashley Court and choosing a play list from our vast repertoire is proving difficult!

Alan

### \*\*\*NEW GROUP\*\*\*

Bob Moffatt recently spent some time at a Veterans Brunch in Salisbury and thoroughly enjoyed meeting up with like-minded people and wondered if anyone else in the group would be interested in meeting up for brunch. He is thinking of perhaps 10.00am at the Keno Lounge (date to be confirmed). If you are interested please contact Bob by email [moffatt100@gmail.com](mailto:moffatt100@gmail.com) or phone 01536 659236 (leave a message if not answered) or see Joy at the group info desk at the monthly meeting.

## Short Walks

Geddington was a lovely walk in the country. This walk becomes impossible if it rains, but it was dry, it was cloudy and cool. Good walking weather much enjoyed by our small group of walkers, 10 in all. Some were back from holidays. I've been feeling better and joined them, it's good to be back. Much to talk about as we walked out of Geddington heading up Clay Dick Path and into the countryside. Thankfully no mud as we made our way across open fields with great views. Teddy loved it, he runs from back to front then between the walkers. He's very tired when he comes home. Ernie informed us we walked 3.1 miles. We made our way to the Oak Cafe for refreshments. They greeted us at the door and invited us in, Teddy too. We were joined at the table by Brian who didn't walk. It's always good to see people whether they walk or not. A footnote. The Oak Cafe' is now run by The Green Patch a very worthy organisation. It is manned by volunteers who have made the cafe' warm and welcoming. The food is good too!

Wanda, Bob and Teddy.

## Advanced Camera group

Our portrait photos turned out to be a very mixed bunch, but amusing all the same. Some of us were concerned about showing pictures of our grandchildren in public; a view that we did not consider in the past. We went on to talk about our next topic, 'Grasses, rushes and sedges' . Autumn is a good time of the year for these before the frosts attack them. Our next meeting is on 14th. October at 2pm. Join us if you'd like to see what we're up to at 3 St. Mary's Road.  
Jenny

## Book Club

### The Rising Tide by Anne Cleeves

This is mystery set upon Holy Island in Northumberland which is approached by a causeway covered by the tide twice a day cutting off access on and off the island. This is one of the Vera Stanhope series which members may be familiar with from the popular TV programmes.

A group of old school friends met every 5 years on the island where they first attended a weekend arranged by a teacher in the Sixth Form. This occasion occurs 50 years later and we quickly get introduced to the guests. Philip who is now a priest, Annie the owner of a delicatessen, Louisa and her husband Ken both retired teachers and Rick a media star who has been recently sacked from his job due to some reported inappropriate behaviour with his staff. He now plans to write a novel using the Island as the location. On the morning of their second day Annie finds Rick, hanging in his bedroom and it is presumed he took his own life. However it soon develops into a murder enquiry as the post-mortem shows that he was smothered with a pillow.

Vera is soon on the case with Joe and Holly assisting her in the investigation. Other original members of the Group who now no longer attend are interviewed Daniel, owner of a successful Holiday company and Charlotte a "Life Coach". Gradually various secrets emerge about various characters and despite the murderer's attack on Vera and Holly the guilty party is apprehended.

We welcomed a new member to our group as there is always room at Barton Seagrave Village Hall on the third Monday of each month in the café for more to join us.

Linda Law

## Craft n Coffee

Another pleasant morning spending crafting and chatting, new members are always welcome.

Next meeting 22<sup>nd</sup> October

10.30 – 12.00 at Stirrup Cup, Barton  
Seagrave

## Northamptonshire Police Street Watch

The Force is relaunching its countywide Street Watch programme and is inviting local people to come together as volunteers to contribute to community safety and crime prevention in their neighbourhood.

Volunteers are asked to spend a minimum of two hours a month, at times that suit them, patrolling with other scheme members in their local area.

Chief Inspector Dave Wakeman, who is coordinating the relaunch of the Street Watch in Northamptonshire, explained more about the programme.

He said:

"Street Watch is based on a very simple idea – it's about going for a walk with your neighbours, getting to know people in the area, being a visible presence to help deter crime and anti-social behaviour and generally building up a greater sense of community spirit.

"We already have nine schemes established across the county, with 29 volunteers carrying out patrols each month in their local area.

"By relaunching the Northamptonshire Street Watch programme and putting steps in place to build stronger links and more regular contact between individual

schemes and their local neighbourhood policing team, we hope to build a strong network of volunteers across the county to help support safer communities.

"Each scheme is led by a coordinator – a volunteer who will lead the team and liaise with their neighbourhood officers to get information about things to look out for or areas to focus on, and also to be able to provide feedback from their patrols.

"We ask for a commitment of at least two hours a month but volunteers can do as much as they like. All we ask is that there are at least two people on each walk for safety and we provide a high visibility jacket with "Street Watch" on it so people know they are part of an organised group.

"Volunteers organise their own walks, when and where they want to – and can even walk their dog at the same time! It really is up to the group themselves how much or little they do.

"Street Watch is for the community, by the community but our neighbourhood teams will be there to provide as much support as possible."

Anyone who would like to get involved or set up a Street Watch scheme in their area can find out more at [northants.police.uk/streetwatch](http://northants.police.uk/streetwatch) or email [citizensinpolicing@northants.police.uk](mailto:citizensinpolicing@northants.police.uk).

If anyone is interested please speak to me as I was part of Ise Valley Group

Joy

## September Quiz Answers

1. How many bones do we have in an ear? **3**
2. Who famously crossed the Alps with elephants on the way to war with the Romans? **Hannibal**
3. True or False: Halloween originated as an ancient Irish festival. **True**
4. What Netflix show had the most streaming views in 2021? **Squid Game**
5. Which grammy-nominated New York rapper died in April of 2021? **DMX**
6. What software company is headquartered in Redmond, Washington? **Microsoft**
7. What is the largest Spanish-speaking city in the world? **Mexico City**
8. What is the world's fastest bird? **The Peregrine Falcon**
9. In what country is the Chernobyl nuclear plant located? **Ukraine**

The Parthenon Marbles are controversially located in what museum? **The British Museum**

## October Retro 1970 Quiz

1. Who starred as James Bond in the 1973 release Live and Let Die?
2. Which country played host to the 1978 FIFA World Cup?
3. What was the name of Rigsby's cat in the sitcom Rising Damp?
4. Who represented the UK in the 1974 Eurovision Song Contest the year ABBA won it with Waterloo?
5. Which US President resigned in 1974 because of the Watergate scandal?
6. A staple of any 1970s dinner party, what popular starter includes seafood, lettuce and a Marie Rose sauce?
7. A star of the hit show Charlie's Angels, which actress sported a layered hairstyle that became an international trend in the decade?
8. Which now ubiquitous technology company was founded in 1976 by Steve Jobs and Steve Wozniak?
9. Who did Margaret Thatcher succeed as Prime Minister in 1979?
10. In 1974 the Terracotta Army sculpture collection was discovered by a group of farmers in which country?

## Activity Groups and Leaders

Day/Group	Leader	Telephone	Venue	Frequency	Time
<b>Monday</b>					
Art Group	Tessa Bellamy	07854 864632	St Andrews Church Hall	Monday	2-4pm
Book Club	Margaret Turnbull	01536 511139	Village Hall Barton Seagrave	3 <sup>rd</sup> Monday	11.00 to 1.00pm
Camera Club (advanced)	Jenny Goddard Pat Johnson	01536 482972 01536 483398	Member's home (Ise Lodge)	Monday following Monthly meeting	2pm- 4pm
<b>Mah Jongg/scrabble</b>					
Mah Jongg/scrabble	Linda Law	01536 659091	Barton Seagrave Village Hall	2 <sup>nd</sup> & 4 <sup>th</sup> Monday	1.45 - 3.45
Play reading group	Rosalind Bridges	01536 741466	Venue and date vary	Normally 1 <sup>st</sup> Monday	2pm- 4pm
Recorder Group	Mary Cooper/ Sue Hartley	01536 420336/ 01536 357676	Member's home	2 & 4 <sup>th</sup>	2.30- 3.30
<b>Tuesday</b>					
Camera Club (Beginners)	Julie Bates	01536 725538	Member's house	2 <sup>nd</sup> Tuesday	2pm
Ukelele Group	Alan Bailey	01933 350147	Member's house	Fortnightly	10-12
Travel	Dai Johnson	01536 483398	Member's house (Ise Lodge)	3 <sup>rd</sup> Tuesday	2pm
Craft n Coffee	Joy Knight	07535 446758	Stirrup Cup Barton Seagrave	4 <sup>th</sup> Tuesday	10.30- 12
<b>Wednesday</b>					
Lunch Club	Pat & Dai Johnson	01536 483398	Varies	Alternative Months 3 <sup>rd</sup> Wednesday	12.00 for 12.30
<b>Thursday</b>					
Ten pin bowling	Dai Johnson	01536 483398	Thunder bowl	Following monthly meeting	12 midday
Coffee Morning	Sylvia Dale	07419 837379	Stirrup Cup Barton Seagrave	Every Thursday	10.00a m
Spanish	Pauline McCready	01536 485416	St Andrews Church Hall	Fortnightly	2-4pm
Short Walks	Wanda & Bob Moffatt	01536 659236	Varies	3 <sup>rd</sup> Thursday	10am
<b>Friday</b>					
Singing for Pleasure	Lynda Harris	01536 529410	St John's Church Hall	Fortnightly	10- 12.00

To enrol in any groups, please contact the Group Leaders. Coffee morning is the exception - anyone is welcome.

## **Trips**

Day Trips                      Joan Bennett 07597 559055

Theatre trips

## **Timings at the Eden Centre**

Main meetings – 2<sup>nd</sup> Wednesday of the month at the Eden Centre

Doors open – 1.30

Chair's Chatter – 1.55

Speaker -     2pm

Raffle – 3pm

Finish – 3.15pm

## **To all members**

If you are aware of anything affecting one of our members, such as important birthdays, anniversary or illness and feel that a card from the u3a would be appropriate, then please contact one of the committee.

---

## **Newsletter Editor**

Please send contributions by 5pm, 30<sup>th</sup> of the month to [joy.knight2@btinternet.com](mailto:joy.knight2@btinternet.com) If you can get them to me earlier, that would be appreciated as the newsletter fills up and it is often a job to get the last contribution in.

---

<b>Webmaster</b>	Alan Bailey	01933 350147
<b>Safeguarding Officer</b>	Bob Moffatt	01536 659236

---

## **Committee – 2024-2025**

Chair	Penny Smith	07772 237077
Deputy Chair	Joy Knight	07535 446758
Treasurer No 1 a/c	Bob MacGregor	01536 483058
Treasurer No 2 a/c	Tessa Bellamy	07854 864632
Membership Secretary	Doreen Riley	01933 313173
Secretary	Jude Walker	07941 352190
Groups Co-ordinator	Joy Knight	07535 446758
Speaker Seeker	Penny Smith	07772 237077
General Duties	Anne Chandler	07734 963682
General Duties	Joan Bennett	07597 559055
Newsletter Editor	Joy Knight	07535 446758
General Duties	Dave Walker	

**If anyone is interested in joining the committee you are welcome to attend a committee meeting as a visitor prior to joining. Please speak to Penny for details.**