

# ISE VALLEY NEWS

Kettering, Northants

**Charity Number 1179738**

**July 2024**

Hello Everyone,

I hope you are all coping with the warm weather, it has certainly been hot.

This is the last time you will have to read my drivel as my time as Chair is up. I would like to thank everyone who has supported myself and the committee in ways big and small. I am only sorry that I could not be more active as chair, unfortunately quite serious health issues raised their ugly heads not long after I became Chair and are still be investigated by the hospital.

I wish the new committee the best of luck and would urge you all to do your best to support them.

PLEASE think about joining the committee, there is no such thing as I am too busy, or I am not a committee person, EVERYONE can contribute, so please think on.

*Jill*

## **Cransley Hospice Community Choir Concert**

**Concert date Friday 12th July**

Venue Salvation Army Citadel, Rockingham Road, Kettering

Time 7.30pm

Ticket price £7 including refreshments, can be purchased from the Cransley Hospice Shop on 01536 414343 or the Fundraising Office on 03000 274040.

This year 'Brassing Around Ensemble' will be featured and it promises to be a very entertaining evening.

As always all profits go directly to Cransley Hospice Trust.

### **Message re Membership**

Just a reminder to all of you who have paid their subscriptions by bank transfer that you need to bring your signed forms to the meeting in order for your new card to be issued, as they are needed for our records and in order for us to be able to claim Gift Aid. Please reminder to tick the Give Aid book if you pay tax.

Many thanks to all of you who paid in this way, the response has been very good!

Penny

### **Speaker**

Next month the speaker will be Neil Dickinson entitled "Arsenic Toxic Legacy"

Penny

### **THEATRE TRIP**

We have a limited number of tickets for the performance of "My Fair Lady" at the Curve Theatre, Leicester on Wednesday 4th December, Matinee performance. The cost is £57.00 for the show and coach. The coach will leave at 9.30 am in time for some Christmas shopping etc, These will be a list out at the AGM on the 10th July, we will be taking cash or you can pay by Bank transfer, Payment in full by the end of August. Any enquiries please ring Julie 01536 725538. Jessie 01536 722421.

Julie, Jessie and Joyce.

### **Craft n Coffee**

Another pleasant meeting with 8 members, we craft and put the world to rights. Our July meeting is at Josie's house in her lovely garden.

Joy

### **Lunch Club**

Lunch club this time was at The Stirrup Cup, Barton Seagrave, last time 32 members went. This time again because of holidays etc only 14 booked, unfortunately Jill had to drop out because of a chest infection.

Those that went enjoyed a good natter and seemed to enjoy their selves.

Richard

## The Book Group

### THE DIVIDE.

BY NICHOLAS EVANS..

This is a very descriptive book, describing the landscape and people's emotions, a good read. It is about the ups and downs of the Cooper family, Sarah, Ben, Abbie and Josh. Sarah and Ben have been married for over 20 years bringing up the family but things are changing. Ben met Eve at a party during their family summer holiday and made a connection. Abbie had a fling with Tye.

Time for Abbie to go to college, Josh to school, Abbie goes on some protect meetings with college friends. Abbie and Josh are home for the holiday, Ben tells Sarah he is leaving, they tell the children who are devastated, Abbie tells her Dad he has ruined her life. Abbie goes back to college gets into some serious demonstrations starting fires etc, a murder is committed and Abbie is on the run with Rolf. Time goes by Abbie gets away from Rolf heads to Tye's ranch, A big fight between Tye, Rolf and Josh, the gun goes off, they tell Abbie to get away, she is on horseback, the horse trips up, Abbie falls and hits her head. Abbie has been missing for over 3 years will she be found ?????

Julie

## Short Walks

Hi everyone,

At last we did it, a walk from Ringstead Mill. This time 11 people joined Bob and Teddy on a lovely sunny morning. All going well until just before Woodford they came across a totally unexpected quagmire in front of a gate that they to go through it has never been a problem before. Quagmire passed thanks to odd bricks and stone with only one wet foot. On through Woodford then a turn onto a path then beside the Nene for a while. Then the old railway line and back. By this point heading for needed refreshment as the as the sun turned up its rays making it hard, hot work. Even poor Teddy suffered in the heat. Walk done most of us ended up in the Watermill Café

Wanda, Bob and Teddy

I have some hope at last and could well join you next time. Wanda

### Recorder Group

The Recorder Group continues to meet twice a month on Monday afternoons. We play a variety of music from the Middle Ages to the present-day using recorders of different sizes.

We welcome new members but please note that the group is not for complete beginners. It might be possible to arrange a group for beginner, if there is sufficient interest.

I'd love to say that we are hoping to perform at an event but for various reasons, which is not a possibility at the moment.

Mary

## **Free Mature Drivers Roadshow – 27 July 2024 - Northampton**

Are you a mature driver (aged 60+)? Live in Northamptonshire? Rely on being able to drive? This FREE roadshow is for you! Driving is an important part of our everyday life and we (Northamptonshire Safer Roads Alliance (NSRA)) are keen to help to keep mature drivers driving safer for longer.

Our driving ability to drive changes over time for different reasons, especially as we get older. It's important that we recognise whether and how our driving is changing so we can stay safe and protect both ourselves and those around us.

This Mature Drivers Roadshow is aimed at drivers 60+ and will cover all different aspects of driving. There will be a short talk and then plenty of time to meet informally with our many stand holders. Free advice will be available on car adaptations, eyesight, how your prescription medications may affect you, and much more.

There will be FREE hints and tips drives available to book, delivered Northampton Advanced Motorists.

Our aim is to keep mature drivers driving safer, for longer.

Book your Free tickets via Universe <https://www.universe.com/mature-drivers-Northampton-2024>

The event is being held at Moulton Community Centre, Sandy Hill Lane, Moulton, NN3 7AX

(<https://what3words.com/grit.bunch.busy>)

with one session starting promptly at 9.00am.

## **Care Home residents sing for joy with Singing for Pleasure Group**

The residents and staff at Elm Bank care home in Kettering were delighted in welcoming local Singing for Pleasure Group ran by Lynda Harris to their grand Manor House for an afternoon of simply singing for pleasure

The lovely ladies entertained the residents and staff with their amazing voices, with songs and poems that put smiles on everyone's faces. Lynda Harris's Singing for Pleasure Group is part of the Kettering and Ise Valley u3a, a branch of the Third Age Trust. Third age is defined by no particular age, simply by a period in life when one's employment has ceased. The residents and staff at Elm Bank care home enjoyed the company of the lovely ladies as their voices echoed in the stunning surroundings of the Manor House. After the singing and poems, the afternoon was spent enjoying time together with cups of tea, cake and an amazing spread of fruit and sandwiches. The residents and staff are eagerly awaiting the next sensational performances from the ladies in October and December.

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## Advanced Camera

There was no meeting this month as I was in hospital and Pat was on holiday. At our next meeting on the 15th. July, we will gather together at St. Mary's church, Burton Latimer to take photos around the church. Please bring your photos of delicate items to share in the Old Vic over a cup of coffee.

Jenny

## Ten Pin Bowling

Because of Holidays only five people went bowling this month, as two lanes had been booked and there is a no refund policy we had two games instead of one. Janice won the first game and Jenny Goddard beat her personal best. Everyone as usual had a good time and a laugh.

Please don't think you have to be a really good bowls player for this group, it is a chance to have fun, natter and mix with other U3a members.

Richard

## June Quiz Answers

1. 10,080
2. Volkswagen
3. 118
4. Amazon
5. 12
6. Astrophysics
7. Yellow
8. 4
9. Raphael
10. Onitsuka Tiger

## Spanish

This month we concentrated on revision, using the Pasos1 Spanish beginner's course. We went back to chapter3 of Pasos to revise how to talk about where places are and then to give directions to places. Then we worked in pairs, person A giving questions about places and person B giving answers. After that we swapped over, and B had to ask questions about a famous Spanish person, asking their name, where they live, what part of Spain they live in and how many inhabitants the town has. Person A had to answer the questions. Last of all we read a magazine article in Spanish, and then translated it into English, with the help of Google translate.

Pauline Mccready

## Speakers Timetable

July 10 – Annual general meeting

August 14 – Arsenics Toxic Legacy by Neil Dickinson

September 11 – Age UK Northamptonshire by Pandora Kenyon

October 9 – Masters of Mirth of the Music Halls by Mike Storr

November 13 – Death in the Garden by Michael Brown

December 11 – Christmas party – entrance by ticket only

January 8 – Alice Hawkings – A Sister for Freedom by Peter Barratt

## July Quiz

11. What game studio makes the Red Dead Redemption series?
12. Who was the last Tsar of Russia?
13. What character have both Robert Downey Jr. and Benedict Cumberbatch played?
14. What country drinks the most coffee per capita?
15. Which planet in the Milky Way is the hottest?
16. What is the 4th letter of the Greek alphabet?
17. What sports car company manufactures the 911?
18. What city is known as "The Eternal City"?
19. Roald Amundsen was the first man to reach the South Pole, but where was he from?
20. What is the highest-rated film on IMDb as of January 1st, 2022?

## Quagmire at Ringstead



## Activity Groups and Leaders

Day/Group	Leader	Telephone	Venue	Frequency	Time
<b>Monday</b>					
Art Group	Tessa Bellamy	07854 864632	St Andrews Church Hall	Monday	2-4pm
Book Club	Margaret Turnbull	01536 511139	Village Hall Barton Seagrave	3 <sup>rd</sup> Monday	11.00 to 1.00pm
Camera Club (advanced)	Jenny Goddard Pat Johnson	01536 482972 01536 483398	Member's home (Ise Lodge)	Monday following Monthly meeting	2pm- 4pm
Mah Jongg/scrabble	Linda Law	01536 659091	Barton Seagrave Village Hall	2 <sup>nd</sup> & 4 <sup>th</sup> Monday	1.45 - 3.45
Play reading group	Rosalind Bridges	01536 741466	Venue and date vary	Normally 1 <sup>st</sup> Monday	2pm- 4pm
Recorder Group	Mary Cooper/ Sue Hartley	01536 420336/ 01536 357676	Member's home	2 & 4 <sup>th</sup>	2.30- 3.30
<b>Tuesday</b>					
Camera Club (Beginners)	Julie Bates	01536 725538	Member's house	2 <sup>nd</sup> Tuesday	2pm
Ukelele Group	Alan Bailey	01933 350147	Member's house	Fortnightly	10-12
Travel	Dai Johnson	01536 483398	Member's house (Ise Lodge)	3 <sup>rd</sup> Tuesday	2pm
Craft n Coffee	Joy Knight	07535 446758	Stirrup Cup Barton Seagrave	4 <sup>th</sup> Tuesday	10.30- 12
<b>Wednesday</b>					
Lunch Club	Pat & Dai Johnson	01536 483398	Varies	Alternative Months 3 <sup>rd</sup> Wednesday	12.00 for 12.30
<b>Thursday</b>					
Ten pin bowling	Dai Johnson	01536 483398	Thunder bowl	Following monthly meeting	12 midday
Coffee Morning	Sylvia Dale	01536 411865	Stirrup Cup Barton Seagrave	Every Thursday	10.00a m
Spanish	Pauline McCready	01536 485416	St Andrews Church Hall	Fortnightly	2-4pm
Short Walks	Wanda & Bob Moffatt	01536 659236	Varies	3 <sup>rd</sup> Thursday	10am
<b>Friday</b>					
Singing for Pleasure	Lynda Harris	01536 529410	St John's Church Hall	Fortnightly	10- 12.00

To enrol in any groups, please contact the Group Leaders. Coffee morning is the exception - anyone is welcome.

## **Trips**

Day Trips                    Jill Burgess 01536 515045

Theatre trips                Sylvia Dale 07419 837379

## **Timings at the Eden Centre**

Main meetings – 2<sup>nd</sup> Wednesday of the month at the Eden Centre

Doors open – 1.30

Chair's Chatter – 1.55

Speaker -    2pm

Raffle – 3pm

Finish – 3.15pm

## **To all members**

If you are aware of anything affecting one of our members, such as important birthdays, anniversary or illness and feel that a card from the u3a would be appropriate, then please contact one of the committee.

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## **Newsletter Editor**

Please send contributions by 5pm, 30<sup>th</sup> of the month to [joy.knight2@btinternet.com](mailto:joy.knight2@btinternet.com) If you can get them to me earlier, that would be appreciated as the newsletter fills up and it is often a job to get the last contribution in.

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<b>Webmaster</b>	Alan Bailey	01933 350147
<b>Safeguarding Officer</b>	Bob Moffatt	01536 659236

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## **Committee – 2023-2024**

Chairperson	Jill Burgess	01536 515045
Vice Chair	Penny Smith	07772 237077
Treasurer No 1 a/c	Penny Smith (temp)	07772 237077
Treasurer No 2 a/c	Tessa Bellamy	07854 864632
Membership Secretary	Doreen Riley	01933 313173
Secretary	Jill Burgess	01536 515045
Groups Co-ordinator	Joy Knight	07535 446758
Speaker Seeker	Penny Smith	07772 237077
General Duties	Anne Chandler	07734 963682
General Duties	Erika Beecher	01536 722932
General Duties	Joan Bennett	07597 559055
Newsletter Editor	Joy Knight	07535 446758