

ISE VALLEY NEWS

Kettering, Northants

Charity Number 1179738

August, 2024

Welcome to another year of U3A, especially new members and visitors as well as old friends.

As retiring Treasurer I would like to thank all those of you who paid their subs by bank transfer - it went more smoothly than I expected! Well done all of you!

The new Committee are all eager to try and arrange trips and theatre visits and look forward to your support and company on any of these events.

Joan has secured 20 seats on an RB Travel trip to Barnsdale to see the snowdrops on Tuesday 25th February at a cost of £28.00, which must be paid by the September meeting and the money will not be refundable. Please see Joan if you wish to book.

As it is holiday time I hope that those of you going away have a wonderful time and come back full of ideas for u3a days out and activities.

Penny
Chair

PLEASE NOTE: September meeting will be in an upstairs function room. There is a lift and tea & coffee facilities, plus projector and screen. Committee members will be able to show you the way.

Thank you from Jill

I would like to thank everyone for the flowers and card I received as I retired from the Chair. Thanks also to all the members who spoke to me after the meeting, thanking me and wishing me well. A great big thank you to Jude who came forward to say she would be willing to go on the committee. Let's see how many others will have the courage to help out.

Jill Burgess

Singing for Pleasure

Our final visit to entertain residents was at the Olive Row Care Home where the group was welcomed by staff and residents.

Our final singing session for this term was held on Friday 19.07/2024 and afterwards we all joined for lunch at the Woolcomber in St. Johns Road.

The meal was enjoyable and the Landlady and her staff very welcoming and the destination will be held in mind when we decide on our Christmas Lunch.

The day was very warm and several Ladies decided to show their legs and wear dresses.

We will not meet again until September 6th and we have already selected songs for our Autumn programme and have several dates in our diaries for away visits.

When we have completed these outings we will be looking at a Christmas programme. Happy Summer from all of us

Velda Robinson

Free PDF copy of book - Who Started World War One?

I would like to offer a free PDF copy of the latest edition of my book Who Started World War One? to ISE Valley U3A group members interested in historical issues or modern conflicts.

[If you are not the right person to contact, please forward this email to the relevant person. My apologies for troubling you.]

This book investigates what happened in the six weeks from the assassinations in Sarajevo on 28 June 1914 to the outbreak of war. It brings out clearly the human factors; miscalculation, ignorance, poor information, human temperament and attitudes, and even bad organisation; the human actions that decided the fate of Europe and much of the wider world.

The wars in Ukraine and Gaza are sober reminders of how important it is to understand how wars come about and how conflicts escalate.

To get a copy members can simply go to this page on the book's associated website: <http://whostartedwwone.com/download/>

The printed book is available on Amazon. <https://www.amazon.co.uk/Who-Started-World-War-One/dp/B0BHGB3C91>

Yours sincerely,

Alan Paton

Short Walks

Hi everyone,
Well we were blessed with good weather. Sunny and warm. Just a small number of walkers this time, quite a few are on holiday. Wanda didn't make it, she had a hospital appointment early afternoon. Teddy and I enjoyed the walk it was lovely, no mud, right out in the country. Couldn't have asked for more. Teddy was missing Wanda and just plodded along beside me. The refreshments were good "Coffee at number 9" is not the biggest of cafe's but it is quite good. Hopefully we can plan our next walk not concerned about the weather.

Wanda, Bob and Teddy.

This Month's Speaker

This month's speaker is Neil Dickinson his talk is entitled "Arsenic toxic legacy, people, places, pests and peppermints. We shall hear how arsenic influenced many aspects of life and how a blind eye was turned to its toxicity - enjoy your peppermints

Penny

Speaker List 2024/25

September 2024 – Age UK (a local independent charity) by Pandora Kenyon
October 2024 – Masters of Mirth of the Music Hall by Mike Storr
November 2024 – Eleanor and the age of the Crusades by Michael Burton
December 2024 – Christmas Party
January 2025 – Alice Hawkins A Sister for Freedom by Peter Barratt
February 2025 – Kam Tours by Kam Caddell

Book Club

No meeting in July. Next meeting on 19th August to discuss The Skylarks Secret by Fiona Valpy at Village Hall in Barton Seagrave

Margaret Turnbull

Art Report

We had our last session with Melanie Henson our tutor before her break home to family for the Summer.

The tutorial was a Mixed Media picture with watercolour, oil pastels and graphite. We used photos with trees and a stone wall for reference which was ideal to use these materials and as always some interesting results.

We have now broken up for the Summer, maybe having time to finish some of our projects.

We are now returning back on Monday the 9th September which will be an early start at 1.30 pm as another group uses the hall on the 2nd Tuesday of the month and we have to get there early for those who drive to get a parking space.

Please give me a ring or text if you're interested in trying your hand at painting or joining a group of friendly like-minded folk.

Tessa

Travel Group

Unfortunately, due to unforeseen circumstances, the Travel group has been suspended until further notice.

Pat and Dai Johnson

Advanced Camera group

We met at St. Mary's church, Burton Latimer, where the vicar, Patrick opened the church and told us some of its history. A happy hour was spent photographing interesting aspects of the building inside and out. Over cups of tea and coffee at the old Vic we showed last month's photos of delicate items which will be on show at August's meeting. Our next gathering is on 19th August at St. Mary's Road when we discuss portraiture.

Jenny

Craft N Coffee

This month's meeting was held at Josie's lovely garden, due to possibility of rain we sat in her lovely garden room and had drinks and had homemade cake. Thank you so much Josie. As usual help and advice was asked for and given plus a general chat about life. Our next meeting is 27th August at The Stirrup Cup.

Joy



Theatre Trip – My Fair Lady

We still have some seats for the theatre trip to see "My Fair Lady" at the Curve Theatre, Leicester on the 4th December for the matinee show. The coach will leave London Road Car Park at 9.30am in time for shopping, lunch etc. £57.00 for show and coach.

Julie Bates.

Beginners Camera Group.

The August group meeting will be at the usual venue on August 13th 2,00pm.

Julie Bates.

Day Trip

Joan has arranged with R.B. Travel to hold 20 seats for our group on a trip to Barnsdale Gardens, Oakham on 25th February, 2025, to see snowdrops. The cost of the trip is £28.00 (non-refundable) which must be paid by the September monthly meeting.

Please see Joan if you wish to book.

Lunch Club

The Lunch Club for August will be at the Thornhill Arms, Rushton, on Wednesday 21st August, at the usual time, 12.00 for 12.30pm.

We shall have menus for you to choose from at the meeting on the 14th, and a £5 non-refundable deposit will be required. Lunch Club is open to all members.

Pat and Dai Johnson

Ten Pin Bowling

Another good day of scores, mainly high up in the 90's. Eventually Richard came out on top with some accurate bowling, but perhaps best was Dipsy with a PB score! We are always looking for new members to join our happy band. No experience required.

For more information please contact me.

Dai Jonson

July Quiz Answers

1. What game studio makes the Red Dead Redemption series? **Rockstar Games**
2. Who was the last Tsar of Russia? **Nicholas II**
3. What character have both Robert Downey Jr. and Benedict Cumberbatch played? **Sherlock Holmes**
4. What country drinks the most coffee per capita? **Finland**
5. Which planet in the Milky Way is the hottest? **Venus**
6. What is the 4th letter of the Greek alphabet? **Delta**
7. What sports car company manufactures the 911? **Porsche**
8. What city is known as "The Eternal City"? **Rome**
9. Roald Amundsen was the first man to reach the South Pole, but where was he from? **Norway**
10. What is the highest-rated film on IMDb as of January 1st, 2022? **The Shawshank Redemption**

Everyone Has a Story in Life

A 24-year-old boy seeing out from the train's window shouted...

“Dad, look the trees are going behind!”

Dad smiled and a young couple sitting nearby, looked at the 24-year old's childish behaviour with pity, suddenly he again exclaimed...

“Dad, look the clouds are running with us!”

The couple couldn't resist and said to the old man...

“Why don't you take your son to a good doctor?” The old man smiled and said...“I did and we are just coming from the hospital, my son was blind from birth, he just got his eyes today.”

Every single person on the planet has a story. Don't judge people before you truly know them. The truth might surprise you.

August Quiz

1. Who discovered that the earth revolves around the sun?
2. What company was initially known as "Blue Ribbon Sports"?
3. What art form is described as "decorative handwriting or handwritten lettering"?
4. Which planet has the most moons?
5. What country has won the most World Cups?
6. Complete the following lyrics - "I should have changed that stupid lock....."
7. Kratos is the main character of what video game series?
8. In what country would you find Mount Kilimanjaro?
9. What is a group of pandas known as?
10. What European country experienced the highest rate of population decline from 2015 - 2020?

Activity Groups and Leaders

Day/Group	Leader	Telephone	Venue	Frequency	Time
Monday					
Art Group	Tessa Bellamy	07854 864632	St Andrews Church Hall	Monday	2-4pm
Book Club	Margaret Turnbull	01536 511139	Village Hall Barton Seagrave	3 rd Monday	11.00 to 1.00pm
Camera Club (advanced)	Jenny Goddard Pat Johnson	01536 482972 01536 483398	Member's home (Ise Lodge)	Monday following Monthly meeting	2pm- 4pm
Tuesday					
Mah Jongg/scrabble	Linda Law	01536 659091	Barton Seagrave Village Hall	2 nd & 4 th Monday	1.45 - 3.45
Play reading group	Rosalind Bridges	01536 741466	Venue and date vary	Normally 1 st Monday	2pm- 4pm
Recorder Group	Mary Cooper/ Sue Hartley	01536 420336/ 01536 357676	Member's home	2 & 4 th	2.30- 3.30
Wednesday					
Camera Club (Beginners)	Julie Bates	01536 725538	Member's house	2 nd Tuesday	2pm
Ukelele Group	Alan Bailey	01933 350147	Member's house	Fortnightly	10-12
Travel	Dai Johnson	01536 483398	Member's house (Ise Lodge)	3 rd Tuesday	2pm
Craft n Coffee	Joy Knight	07535 446758	Stirrup Cup Barton Seagrave	4 th Tuesday	10.30- 12
Thursday					
Lunch Club	Pat & Dai Johnson	01536 483398	Varies	Alternative Months 3 rd Wednesday	12.00 for 12.30
Friday					
Ten pin bowling	Dai Johnson	01536 483398	Thunder bowl	Following monthly meeting	12 midday
Coffee Morning	Sylvia Dale	07419 837379	Stirrup Cup Barton Seagrave	Every Thursday	10.00a m
Spanish	Pauline McCready	01536 485416	St Andrews Church Hall	Fortnightly	2-4pm
Short Walks	Wanda & Bob Moffatt	01536 659236	Varies	3 rd Thursday	10am
Singing for Pleasure					
Singing for Pleasure	Lynda Harris	01536 529410	St John's Church Hall	Fortnightly	10- 12.00

To enrol in any groups, please contact the Group Leaders. Coffee morning is the exception - anyone is welcome.

Trips

Day Trips Joan Bennett 07597 559055

Theatre trips Sylvia Dale 07419 837379

Timings at the Eden Centre

Main meetings – 2nd Wednesday of the month at the Eden Centre

Doors open – 1.30

Chair's Chatter – 1.55

Speaker - 2pm

Raffle – 3pm

Finish – 3.15pm

To all members

If you are aware of anything affecting one of our members, such as important birthdays, anniversary or illness and feel that a card from the u3a would be appropriate, then please contact one of the committee.

Newsletter Editor

Please send contributions by 5pm, 30th of the month to joy.knight2@btinternet.com If you can get them to me earlier, that would be appreciated as the newsletter fills up and it is often a job to get the last contribution in.

Webmaster	Alan Bailey	01933 350147
Safeguarding Officer	Bob Moffatt	01536 659236

Committee – 2023-2024

Chair	Penny Smith	07772 237077
Deputy Chair	Joy Knight	07535 446758
Treasurer No 1 a/c	Bob MacGregor	01536 483058
Treasurer No 2 a/c	Tessa Bellamy	07854 864632
Membership Secretary	Doreen Riley	01933 313173
Secretary	Penny Smith	07772 237077
Groups Co-ordinator	Joy Knight	07535 446758
Speaker Seeker	Penny Smith	07772 237077
General Duties	Anne Chandler	07734 963682
General Duties	Joan Bennett	07597 559055
General Duties	Jude Walker	07941 352190
Newsletter Editor	Joy Knight	07535 446758

If anyone is interested in joining the committee you are welcome to attend a committee meeting as a visitor prior to joining. Please speak to Penny for details.