

ISE VALLEY NEWS

Kettering, Northants

Charity Number 1179738

August 2023

Hello Everyone,

Hope everybody is keeping well and those of you who have been away had a good time.

The cakes at the AGM went down well and very few left, those left were donated to the church for a function they were having in the evening.

The new Committee had the first meeting and jobs allocated, everybody very enthusiastic to get going and plan ahead. Thanks to Penny for giving Richard a rest and doing the baking for the meeting.

One of the suggestions in the box was to redo the Coventry trip that was cancelled due to Covid. As well as shops, they have the Cathedrals and the Motor Museum as well as a Wetherspoons and lots of nice eating places, how many of you would like to go possible in October. Let me know.

Keep safe and be kind to each other.

Jill

Book Club from our July meeting.

The Giver of Stars. by JoJo Moyes

Dec 1937 in Kentucky this book is based on the horseback librarians who delivered books in the Appalachian Mountains after The President and Mrs Roosevelt made efforts to reduce illiteracy after the Depression by funding a travelling library.

Margery O'Hare was riding alone through the forest to deliver library books when she was confronted by a drunk man with a gun, to defend herself she strikes him with a book and manages to escape.

Alice van Cleve newly married to the son of the local coal mining owner volunteers to join Margery and the horseback library ladies despite disapproval from her husband.

Margery was arrested and tried for the murder of the drunk Clem McCulloch when his body was found after the ice melted in the Spring.

However, everything changes after the daughters of the drunken man give new evidence to the judge.

The title of the book comes from a book of poetry - The Giver of Stars by Amy Lowell.

The WPA horseback library ran from 1935 to 1943 and brought books to a hundred thousand inhabitants - East Kentucky is one of the poorest places in the USA. We all enjoyed this book based on real events.

Linda Benbow

Lunch Club

The August Lunch Club meal will take place at Kettering Golf Club. Jenny Goddard is organising it for us and menus will be available at the August meeting. There will be a cash deposit of £5 per person payable with each order.

Pat Johnson

Play Reading Group Report

J.M.Barrie's' play "The Admirable Crichton" is a classic comedy of the "Classes". The first act introduces us to the titled family and its many servants and also to the different "levels " within each group. Off they go on a voyage - fate steps in and they are shipwrecked on a desert island. Now the roles are reversed ! - only to be changed back again when they are rescued.

This play has lots of stage directions and we felt it was better to "see" rather than to "read" - but we still enjoyed it all !

Rosalind Bridges

Speakers Information

The Speaker for August is John Wood whose talk is entitled "Masters of Mirth" which will include memories of Frankie Howerd, Morecambe and Wise, Roy Hudd and many more. September's speaker is Dr Paul Wharin giving a talk entitled "From Warkton to Cameroon" which tells of pioneering a childhood cancer treatment service in Africa.

Penny Smith

Theatre Trips

We had a great outing to see Blood Brothers in Nottingham. The minibus was very comfortable, and we all found somewhere good to eat. The show was brilliant, and everyone said that they enjoyed it. Thanks to Joyce for getting us a good deal on the price of the tickets.

The next show is 42nd Street at the end of August. Tickets are now paid for so no additional ones can be added. Milton Keynes here we come!!!

Sylvia Dale

Spanish Group

We have received the news that Eli magazines have found a new supplier so we can still order our Spanish magazine for September. It forms an enjoyable part of our lessons.

We continue to progress and should be able to get around Spain without much trouble. Anyone joining us will need to have some knowledge of the language but not necessarily academic qualifications. If interested, please contact Geraldine 01536 481203

Geraldine Hardwick

Coffee 'n' Coffee

Our July meeting was kindly hosted by Josie in her stunning garden. Josie upcycles items and is unable to bring them to our normal coffee mornings, so it was lovely to be able to see all her creations. We all had a lovely time and enjoyed homemade cake and tea or coffee. Thank you very much Josie.

Our next meeting will be on 22nd August at The Stirrup Cup, Barton Seagrave 10.30 – 12.00. Meeting is open to all, and you don't have to craft whilst you are there, just enjoy the chat and company.

Joy Knight

Beginners Camera Group

The group met at the usual venue on the 11th of July, eight members present.

The subject for June was Landscape and Seascape photographs and we looked at the photographs taken and made comments.

The subject for July is Summer/Seasons. This was Karen's chosen subject and she did quite a lot of research giving us a lot of tips on taking summer photographs and ideas for different subjects using contrasting colours and light. These photographs will be on show at the August U3A meeting. The next group meeting will be on the 8th of August at the usual venue.

Julie Bates

Short Walks Group

Ringstead and Ham Lane on Thursday 20th July

11 walkers and Teddy met in the car park at Ringstead Mill and were ready to move off a few minutes after 10am. 100 yards later our numbers were increased to 15 as we were joined by 4 very welcome newcomers who were waiting outside the mill. We walked by the lake and into Ringstead. Upon joining Ham Lane, we peered into the hedge at long abandoned cars that had been incorporated over time into the hedge. A surreal sight. After a mile or so we joined the abandoned railway line and followed it back to Ringstead Mill where we colonised half of the café's garden and had coffee and cake (or a breakfast). It was a very pleasant walk, bright sunny periods and not too hot. Conversation continued in the garden beyond 1 o'clock.

Wanda, Bob and Teddy

Art Report

We've had a busy few sessions finishing our Collage pictures from our last session with Melanie Henson who got 2nd place in the KDAS (Kettering & District Art Society) 118th Annual Exhibition.

We also had a session with Mel with an introduction to using Acrylic paint in a Scottish Landscape as reference which again was very popular, and she gave us some helpful hints.

As some of us have holidays and commitments during the Summer so we have decided to break up returning on the 11th of September. Some of us hope to meet up for a coffee and keep in touch and spend some time practicing our art especially with things we have learnt over the last term.

Tessa

Joke Corner

I have just won in the semis of the local Fish-Eating Championship. I have now a Plaice in the Final.

My local shop is now selling transparent insects. They are having a clear ant's sales.

Just spent a few days in Wales we went to Llanfairpwllgwyngyllgogerchwyndrobwilllanty siliogogoch. Sorry just had a hair in my throat – we went to Prestatyn.

COURGETTE, POTATO & CHEDDAR SOUP

500g potato, unpeeled and roughly chopped.
2 vegetable stock cubes
1kg courgettes, roughly chopped.
bunch spring onion, sliced – save 1 for serving, if eating straight away
100g extra mature cheddar – grated, plus a little extra to serve.
good grating fresh nutmeg, plus extra to serve.

STEP 1

put potatoes in a large pan with just enough water to cover them and crumble in the stock cubes. Bring to boil then cover and cook for 5 mins. Add courgettes, put the lid back on and cook for 5 mins more. Throw in the spring onions, cover and cook for a final 5 mins.

STEP 2

take off the heat, then stir in the cheese and season with the nutmeg, salt and pepper. Whizz to a thick soup adding more hot water until you get the consistency you like. Serve scattered with extra grated cheddar, spring onions and nutmeg or pepper.

Freezable for up to 3 months

Advanced Camera Club

Due to members holidays did not have a meeting in July, next meeting is 14th August.

Jenny

A Poem by John Cooper

Ise Valley Thursday Coffee Mornings at The Stirrup Cup

Every Thursday morning I go up to the pub to meet up with my friends there at the U3A Coffee Club.

There is Martin, me and Richard with Merlin, Trevor and Bill.

On the table next to us sits our chairman Jill with Jessie, Erika, Joyce and Joan with Sylvia, Doreen, June and Penny. I hope that is all of them and I've not missed any.

Each time we meet we have a laugh and a good old natter, sometimes you cannot hear yourself think over the Ladies chatter.

It costs us two pounds thirty-five for a coffee or tea, that seems to be a pretty good price I think you will all agree.

So when Sylvia comes to collect the money, we pay up with a smile on our face, cos when you see what some folks charge, this is a very good place.

Some of us stay for a bite to eat, it passes the time a bit more, cos going home from here to cook it really is a chore.

So I hope this coffee morning keeps going for a long-time cos I look forward to Thursday morning meeting up with these friends of mine.

Another friend has come today by the name of Lynne, she hasn't come for quite a sometime, that's why I didn't put her in.

To leave her out completely was not my intention, so as she turned up here today I thought best give her a mention.

SHORT STORY

SPEEDING MOTORIST

Late one night this guy speeding down the empty road, A police officer sees him go flying past so chases him and pulls him over. The police officer goes up to the car and when the man rolls down the window, he asks "Are you aware of how fast you were going sir?" The man replies, "Yes I am, I'm trying to escape a robbery I got involved in." The police officer looks at him disbelievingly and asks him "Were you the one being robbed, sir?" The man casually replies, "Oh no, I was the one who committed the robbery. I was escaping." The police officer is shocked and surprised that the man has admitted this so freely. He says, "Sorry you're telling me you were speeding...AND committed a robbery?." "Oh yes" replies the man calmly "I have all the loot in the bank." The police officer is now starting to get angry and says "Sir, I'm afraid you have to come with me" as he reaches into the window to take the car keys out of the ignition. The man shouts "Don't do that! I'm afraid that you'll find the gun in my glove compartment!" At this the police officer pulls his hand out of the window and says "Wait here" as he returns to his car and calls for backup. Soon there are cars, police officers, and helicopters all over, everywhere you look. The man is quickly dragged out of his car, handcuffed, and taken towards a police car. However, just before his is put in the car and taken away a cop walks up to him and says while pointing at the cop that pulled him over, "Sir, this officer tells us that you had committed a robbery, had stolen loot in the trunk of your car, and had a loaded gun in your glove compartment. However, we didn't find any of these things in your car." The man replies, "Yeah, and I bet that liar said I was speeding too!"

AUGUST QUIZ

1. What is the capital of Wales?
2. What number is a baker's dozen?
3. How many times have England won the men's football World Cup?
4. What is the currency of Portugal?
5. A marathon is how many miles?
6. The Academy of Motion Picture Arts and Sciences are best known for which annual award ceremony?
7. Where would you wear brogues?
8. In what year was the Battle of Hastings?
9. Which Dutch artist famously painted sunflowers?
10. On what birthday do British citizens first receive a telegram from the Queen?

Day Trip to Wrest Park

On the 4th of July 17 of us went by minibus to Wrest Park, a beautiful place and I think was thoroughly enjoyed by all who went. I was given a free entrance as organiser to the park and everybody who went had their names put in a container and the driver pulled out the lucky winner who was Sue Hyde.

Whilst there I found out that in August they do Wrest at War in August, hopefully next year this will be one of our trips.

Jill Burgess

Pictures by Penny Smith



Activity Groups and Leaders

Day/Group	Leader	Telephone	Venue	Frequency	Time
Monday					
Art Group	Tessa Bellamy	07854 864632	St Andrews Church Hall	Monday	2-4pm
Book Club	Margaret Turnbull	01536 511139	Village Hall Barton Seagrave	3 rd Monday	1.45pm
Camera Club (advanced)	Jenny Goddard Pat Johnson	01536 482972 01536 483398	Member's home	Monday following Monthly meeting	2pm-4pm
Canasta	Margaret Hall	01536 512215	Kettering Bridge Club	Every Monday	2pm-4pm
Mah Jongg/scrabble	Linda Law	01536 659091	Barton Seagrave village hall	2 nd & 4 th Monday	1.45 -3.45
Play reading group	Rosalind Bridges	01536 741466	Venue and date vary	Normally 1 st Monday	2pm-4pm
Recorder Group	Mary Cooper Sue Hartley	420336 357676	Member's home	2 & 4 th	2.30-3.30
Tuesday					
Camera Club (Beginners)	Julie Bates	01536 725538	Member's house	2 nd Tuesday	2pm
Ukelele Group	Alan Bailey	01933 350147	Member's house	Fortnightly	10-12
Travel	Geraldine Hardwick	01536 481203	Varies	3 rd Tuesday	2pm
Craft n Coffee	Joy Knight	07535 446758	Stirrup Cup	4 th Tuesday	10.30-12
Wednesday					
Thursday					
Ten pin bowling	Dai Johnson	01536 483398	Thunder bowl	Following monthly meeting	12 midday
Coffee Morning	Sylvia Dale	01536 411865	Stirrup Cup Barton Seagrave	Every Thursday	10.00am
Spanish	Geraldine Hardwick	01536 481203	St Andrews Church Hall	Fortnightly	2-4pm
Short Walks	Wanda & Bob Moffatt	01536 659236	Varies	3 rd Thursday	10am
Friday					
Singing for Pleasure	Lynda Harris	01536 628940	St John's Church Hall	Fortnightly	10-12.00

To enrol in any groups, please contact the group Leaders. Coffee morning is the exception - anyone is welcome.

Trips

Day Trips Jill Burgess 01536 515045

Theatre trips Sylvia Dale 01536 411865

Timings at the Eden Centre

Main meetings – 2nd Wednesday of the month at the Eden Centre

Doors open – 1.15

Chair's Chatter – 1.55

Speaker - 2pm

Raffle – 3pm

Finish – 3.15pm

To all members

If you are aware of anything affecting one of our members, such as important birthdays, anniversary or illness and feel that a card from the u3a would be appropriate, then please contact one of the committee.

Newsletter Editor

Please send contributions by 5pm, 30th of the month to joy.knight2@btinternet.com If you can get them to me earlier, that would be appreciated as the newsletter fills up and it is often a job to get the last contribution in..

Webmaster	Alan Bailey	01933 350147
Safeguarding Officer	Bob Moffatt	01536 659236

Committee – 2023-2024

Chairperson	Jill Burgess	01536 515045
Vice Chair	Penny Smith	07772 237077
Treasurer No 1 a/c	Penny Smith (temp)	07772 237077
Treasurer No 2 a/c	Tessa Bellamy	07854 864632
Membership Secretary	Doreen Riley	01933 313713
Secretary	Jill Burgess	01536 515045
Groups Co-ordinator	Joy Knight	07535 446758
Speaker Secretary	Penny Smith	07772 237077
General Duties	Anne Chandler	07734 963682
General Duties	Erika Beecher	01536 722932
General Duties	Joan Bennett	07597 559055
Newsletter Editor	Joy Knight	07535 446758