



ISE VALLEY NEWS

Kettering, Northants

Charity Number 1179738

June 2023

Hello to all members new and old.

Recently Penny and I attended Kettering U3a.s 20th birthday party as invited guests. We had a lovely afternoon and made to feel very welcome. It was a lovely spread. We sat with some of our members who belong to both and had a lovely afternoon.

We are still looking for members to join the committee, please have a word with Penny or myself if you think you might be interested. Come on you men, three ladies have agreed to join the committee so don't let the side down.

Jill

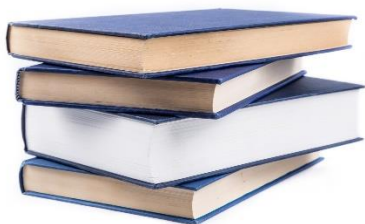
Book club

On the 15th May book group celebrated thirteen years of the group, with a lunch at the Stirrup Cup.

Five members enjoyed a lunch to discuss our latest book. The Maid by Nita Prose.

Thank you for supporting me through our journey, and the lovely Thank you card and chocolates. The gesture was very much appreciated.

Margaret Turnbull



Camera Group

Owing to illness and holidays, only a small group of us met this month to show and discuss the photos taken at Wicksteed Park. We went on to think of ways we could achieve our next topic of 'reflections'. Steve had some ideas he shared with us. Our next meeting will be on the 19th. June at St. Mary's Road.

Jenny



Singing for Pleasure

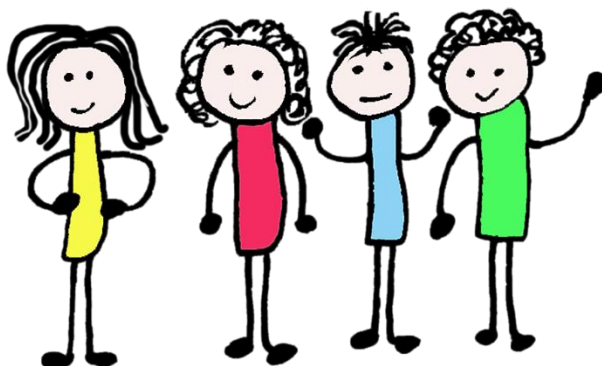
On Monday 15th May we visited Claremont House. We had a good audience and they

joined in with us when possible. After the singing we enjoyed a variety of cakes and drinks, and they made us very welcome.

At our last meeting we had almost the whole group in attendance, including members who had been unwell. Lynda had brought along several new songs and as we have no more outside commitments, we also chose some songs that we as individuals enjoy.

We also discussed the possibility of us having a lunch on our last meeting before we take our break in August. This was well received, and I think we decided on a lunch at the Stirrup Cup.

Velda Robinson



Cransley Hospice Community Choir are holding their first summer concert since 2019 on Monday 10th July 2023. 'Melodies for a Summer Evening' will take place at the Salvation Army Citadel, Rockingham Road, Kettering. Doors will open at 7pm and the concert will begin at 7.30pm. Tickets cost £6 and can be purchased from the Cransley Hospice Office on 03000274040 and the Cransley Hospice Shop on 01536 414343.

Short walks

What a lovely day for a walk around Ringstead! We started off with fifteen walkers and two dogs. The most yet! We stood around in coats and jackets wondering should we take them off. It was a beautiful morning. The sun felt warm, so coats came off.

We could hear loud bird song from the hedge rows, passed the farm which has been extensively modernised. Through the sheep field which Teddy finds very interesting, he likes rolling in their muck too, nice. Through Woodford village and onto the river walk. This can be very muddy after rain but today it was dry, and the trees gave us some shade. By now we were glad we had left our coats behind. We stopped for a break at the start of the old railway line before walking back to the mill for refreshments. Again, it was lovely walking in the shade of the trees, we were very warm. At the Mill we had a surprise when Brian and Bill joined us. Both looking well and hopefully soon to walk with us again. The Mill didn't disappoint. The food and staff were very good. It was most definitely a sun hat and lotion day.

Wanda, Bob and Teddy

Book Group

The book we read in May was 'The Maid' by Nita Prose. This was about a young girl of 25 years named Molly, who was a maid in a hotel called The Regency Grand. She loved her job and is most fastidious when cleaning the hotel rooms and in her own life.

There is no actual mention as to where the story takes place, but we assumed it was probably America. She lives in an apartment block, previously with her Gran but she died 9 months previously. She was devoted to her Gran and throughout the story she quotes sayings her Gran used to come out with. Then one day she finds the dead body of one of the well-known guests, a rich tycoon named Charles Black. Molly had become a

good friend of his present wife, Giselle. The story goes into detail of how it becomes a crime scene, and the various staff members of the hotel who become involved in the case which turns out to be a murder, and other crimes which come to light. Molly the maid is vitally involved in the case and has to go through a lot of ordeals at the hands of the Detective leading the enquiry. At the end there is an unusual twist to the story.

I think members of the Group enjoyed the book and found it to be an intriguing tale.

Shirley Hill.



ART GROUP

As we meet on Mondays, we've only had 2 sessions this month because of the 3 bank holidays and Easter last month but we managed to squeeze in 2 sessions with Mel Henson. We had a session on prospective which is a swear word for any budding artist as it is difficult to get right. So, lots of practising. This week she showed us the basics of the colour wheel and mixing with some interesting tips. There are a lot of us now although not everyone can attend weekly with holidays and appointments cropping up.

Tessa Bellamy



KETTERING SYMPHONY ORCHESTRA
&
NMPAT COMMUNITY CHOIR

SUMMER CONCERT - A MUSICAL EVENING

7:30pm Saturday 24th June
Holy Trinity Church, Rothwell

KSO Conductor: Graham Tear
 NMPAT Choir Musical Director: Adam Hollingshurst
 KSO Leader: Trevor Dyson

Programme to include individual and joint items
The Barber of Seville Overture.....Borodin
Soirées Musicales.....Britten
Gloria.....Vivaldi
The Vicar of Dibley... Goodall
Gaelic Blessing.....Rutter
Pavane.....Fauré

Tickets: £10/£6 (Children under 12 Free)
 Tickets available at: www.ketsymphorch.co.uk
 and on the door (Subject to availability)

 Registered Charity No. 1097215 (KSO)
 1145643 (NMPAT)

 NMPAT
 Northamptonshire Music
 and Performing Arts Trust

Ten Pin Bowling

This month due to holidays, we were only six in number playing. Jenny Goddard beat her personal best and new recruit Joan Bennet first time bowling scored a respectable score of 80.

We had a bit of bother typing in the names, so got the chap at the desk to do it for us. When Richard suddenly became Bridget, so we had five ladies bowling and Bridget.

We all enjoyed our hour and afterwards four of us adjourned to the Briars for lunch, very enjoyable.

Jill

Lunch Club

The lunch club for June will be on Wednesday 21st June, at the Thornhill Arms, Rushton.

Dai and I had a lovely meal there last week and we recommend it to you. There won't be a special deal for 2 or 3 courses so you will just be able to choose whatever you like from the menu.

We will have menus and will take orders at the June meeting. We shall also collect a non-returnable £5 deposit per person.

We hope to see you there.

Pat and Dai Johnson

"Songs for a Summer Evening"

With the Variations Choir.

At the United Reformed Church.

London Road. Kettering. On Saturday

8th July at 7.30pm

Adults £6. Children under 12 £3

All proceeds from this Concert will

be donated to PARKINSONS UK

Kettering Group.

Tickets at the door or from 01536

513548/01536 238375.

Vacancy

Can you use a computer?

Are you familiar with:

Word

Adobe?

I am 'retiring' from my position as Newsletter Editor, and we need someone to take it over. My last newsletter will be the July edition!

If you are interested, then give me a ring 01536 411865

DOES NOT TAKE A LOT OF TIME TO DO!

Sylvia

May Quiz answers

1. 42
 2. Cheese and Onion
 3. SW1A 0AA
 4. Time
 5. 6
 6. 238,000
 7. The Church of England
 8. Nautical mile (it's 1.15 miles)
 9. Prunes
 10. China
-

Beginners Camera Group.

The group meeting was held on the 9th May with five members present. "Sparkly Things" was the subject chosen by Helen and she brought various objects for us to photograph. We experimented with light etc for the best results, it was an interesting meeting.

The next group meeting is on the 13th June at the usual venue, at 2.00pm. when the subject is landscape/seascape.

Julie.

Short Story

An elderly couple, George and Mildred, began to notice that they were getting a lot more forgetful in their old age. Naturally, they thought it might be a good idea to discuss the problem with their doctor.

The doctor reassured them that this was quite a common experience for people as they got older, and he suggested that they should start writing things down so they don't forget.

When they got home, Mildred asked George to get her a bowl of ice cream from the kitchen refrigerator.

"Should I write that down for you, George?" she said.

"No, Mildred. I'm sure I'll remember a bowl of ice cream," George responded.

"OK, George," said Mildred *"but I want some whipped cream with my ice cream too. Should I write that down?"*

"No," said George. *"I'll remember. You want a bowl of ice cream with whipped cream."*

"George, I'd love a cherry on top too," said Mildred. *"Should I write that down?"*

"No, I got it," said George. *"You want a bowl of ice cream with whipped cream and a cherry on top."*

So, George disappears into the kitchen to get the ice cream and he then spends an unusually long time there before returning about 40 minutes later.

He returns to the living room and hands Mildred a plate of eggs and bacon.

Mildred stares at the plate momentarily and then she looks at George.

"Where's the toast?" she asks.

What's the best thing about Switzerland?

I don't know, but the flag is a big plus.

Movie Quiz

1. Which British actor died whilst still filming his supporting role in Ridley Scott's *Gladiator*?
 2. 'The Godfather' was released in 1972; who played the title role?
 3. What is the name of the villain in the first Superman movie (1980) played by Gene Hackman?
 4. Which British actor won a Golden Globe and an Emmy for his work in the HBO drama series 'Homeland'?
 5. Who plays a predatory femme fatale and the FBI agent tracking her down in the 1987 thriller 'Black Widow'?
 6. 'God Bless America' was a 2012 movie made by which comic film-maker and actor?
 7. Which film concerns the declaration of war by Freedonia against neighbouring Sylvania?
 8. Who starred in the defining 1958 Hammer Horror version of *Dracula* as the urbane but terrifying Count, and who played his nemesis, Van Helsing?
 9. What is the name of the possessed girl played by Linda Blair in 'The Exorcist'?
 10. Which influential and controversial 1970s thriller starring Clint Eastwood featured a serial killer called Scorpio?
 11. Who won an Oscar nomination for his portrayal of American activist Malcolm X?
 12. Which two actors have played Spider-Man in Hollywood versions of the story in the twenty-first century?
 13. Who was I in the 'I Am Legend'?
 14. What was Alex Haley's slave drama, screened in the 1970s and still one of the most watched dramas in the US TV history?
 15. Which TV show detailed the planned invasion of earth by an alien force called the 'Visitors'?
 16. Which Bruce starred in "Die Hard"?
 17. Who played James Bond in "For Your Eyes Only"?
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Speaker

The talk this month will be about the RNLI. It will be interesting to hear how the lifeboats are manned by volunteers etc.

Theatre Trips update

Our final trip of the year – The Drifter's Girl – needs to be paid by everyone who has reserved a ticket, at the June and July meetings. If you can't get to either, then please let me know so that we can make other arrangements. The cost of the coach and theatre are £46. Cheques made payable to Ise Valley u3a No 2 account.

Sylvia

Activity Groups and Leaders

Day/Group	Leader	Telephone	Venue	Frequency	Time
Monday					
Art Group	Tessa Bellamy	07854 864632	St Andrews Church Hall	Monday	2-4pm
Book Club	Margaret Turnbull	01536 511139	Village Hall Barton Seagrave	3 rd Monday	1.45pm
Camera Club (advanced)	Jenny Goddard Pat Johnson	01536 482972 01536 483398	Member's home	Monday following Monthly meeting	2pm-4pm
Canasta	Margaret Hall	01536 512215	Kettering Bridge Club	Every Monday	2pm-4pm
Mah Jongg/scrabble	Linda Law	01536 659091	Barton Seagrave village hall	2 nd & 4 th Monday	1.45 -3.45
Play reading group	Rosalind Bridges	01536 741466	Venue and date vary	Normally 1 st Monday	2pm-4pm
Recorder Group	Mary Cooper Sue Hartley	420336 357676	Member's home	2 & 4 th	2.30-3.30
Tuesday					
Camera Club (Beginners)	Julie Bates	01536 725538	Member's house	2 nd Tuesday	2pm
Ukelele Group	Alan Bailey	01933 350147	Member's house	Fortnightly	10-12
Travel	Geraldine Hardwick	01536 481203	Varies	3 rd Tuesday	2pm
Craft n Coffee	Joy Knight	07535 446758	Stirrup Cup	Monthly	10.30-12
Wednesday					
Thursday					
Ten pin bowling	Dai Johnson	01536 483398	Thunder bowl	Following monthly meeting	12 midday
Coffee Morning	Sylvia Dale	01536 411865	Stirrup Cup Barton Seagrave	Every Thursday	10.00am
Spanish	Geraldine Hardwick	01536 481203	St Andrews Church Hall	Fortnightly	2-4pm
Short Walks	Wanda & Bob Moffatt	01536 659236	Varies	3 rd Thursday	10am
Friday					
Singing for Pleasure	Lynda Harris	01536 628940	St John's Church Hall	Fortnightly	10-12.00

To enrol in any groups, please contact the group Leaders. Coffee morning is the exception - anyone is welcome.

Trips

Day Trips Jill Burgess 01536 515045

Theatre trips Sylvia Dale 01536 411865

Timings at the Eden Centre

Main meetings – 2nd Wednesday of the month at the Eden Centre

Doors open – 1.15

Chair's Chatter – 1.55

Speaker - 2pm

Raffle – 3pm

Finish – 3.15pm

To all members

If you are aware of anything affecting one of our members, such as important birthdays, anniversary or illness and feel that a card from the u3a would be appropriate, then please contact one of the committee.

Newsletter Editor

Please send contributions by 5pm, 30th of the month to sylviadale@live.co.uk If you can get them to me earlier, that would be appreciated as the newsletter fills up and it is often a job to get the last contribution in..

Webmaster	Alan Bailey	01933 350147
Safeguarding Officer	Bob Moffatt	01536 659236

Committee – 2022-2023

Chairperson	Jill Burgess	01536 515045
Vice Chair	Sylvia Dale	01536 411865
Treasurer No 1 a/c	Tony Reed	01536 481733
Treasurer No 2 a/c	Tessa Bellamy	07854 864632
Membership Secretary	Sylvia Dale	01536 411865
Secretary	Sylvia Dale	01536 411865
Groups Co-ordinator	Joy Knight	07535 446758
Speaker Secretary	Penny Smith	07772 237077
General Duties	Lynne Franklin	01536 618001
General Duties	Erika Beecher	01536 722932
Newsletter Editor	Sylvia Dale	01536 411865