



ISE VALLEY NEWS

Kettering, Northants

Charity Number 1179738

April 2023

Hello everyone, and a special hello to visitors and new members.

Seventeen members went on our trip to Stamford - snowed all the way there, then brilliant sunshine. A good time was had by all.

Penny and I met up recently with Di Tebbutt of Kettering u3a, and it was a very productive meeting. Penny and I have been invited as guests to their 20th birthday celebrations which was a nice surprise. Di has given me the details of the next two speakers at their monthly meeting and any of us can attend. We will be inviting each other on trips in the hopes we can fill coaches.

Di also provided us with a list of their groups which require more members for example: family history, Gardening and card playing to name but a few . The full list will be on display at our next meeting with contact details for anyone interested in attending.

Any of our Group Leaders who want more members let Joy and myself know and I will pass details on to Di.

Thanks,

Jill

Play Reading

This month we read "Wild Goose Chase" by Derek Benfield. Like an earlier play of his - "Off the hook" which we read in 2018 - it was full of "eccentric" characters. The lord of the manor went everywhere armed with a gun and threatened to shoot the postman. His wife couldn't remember who anyone was, there was cross-dressing, an awkward teenager, a German (maybe!) and a poor maid who had to deal with all the eccentrics. Add in dreadful puns and you have a real farce - great!

Rosalind

Camera Group

Our ' barrier' photos were very similar as we'd all been on the same walk, but it was interesting to see how we had interpreted them. Our theme for this month is 'collections'. It's amazing how we all have them; from ceramic pigs and thimbles in my case, to shoes, posh wines, paintings. You can learn quite a lot about a person by studying their collections. Let's see what turns up. Our next meeting will be on April 17th. at Wicksteed park. See you at 2pm.

Jenny



I tried the Japanese method of decluttering where you hold every object that you own and if it does not bring you joy, you throw it away. So far I have thrown out my bra, the electricity bill, the scales, a mirror and my treadmill.

www.silversurfers.com

Art Group

We've had a good month welcoming 2 new members, Fran and Carol. We had Mel giving us a tuition on how to use the watercolour techniques she showed us last month in a landscape picture. We were invited to see a demo by the artist Sarah Pendred given to the NHS retirement fellowship as they use the St Andrews hall on the 2nd Monday of the month which was interesting. We are only having a break on the Easter bank holiday Monday.

Tessa Bellamy

Scrabble and Mahjong.

This friendly group met on the second and fourth Monday of the month starting at 1.45pm in the café at Barton Seagrave Village Hall, Bertone Road off Powell Lane NN15 6WF. There is good car parking at the hall and the 48 and 50 bus services leave from the Horsemarket bus station and stop in Polwell Lane.

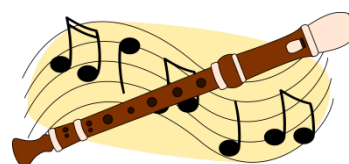
All abilities are welcome. If you have never played either game this is a good chance to learn a new activity and you will be most welcome.

There is no charge for these sessions. Refreshments are available.

Linda Law

Recorder Group

The Recorder Group continues to enjoy playing together. As well as solo items we are playing a variety of music written or arranged for recorders in two, three- or four-parts using descant, treble, tenor and bass recorders. We would love to have some more players. It might be possible to start a beginner's group – if enough people are interested. If you would like to join the group or are interested in learning please Mary on 01536 420336.



to play
contact
Cooper

Book Group

The Dead X by Jane Cory

This month we enjoyed a Jane Cory murder mystery novel .

Vicki is working as an aromatherapist after a tragic accident left her suffering from epilepsy and made it impossible for her to carry on as a Prison Governor.

The story begins with Vicki receiving a visit from the police reporting that her ex-husband has been reported missing by his latest wife. As Vicki had been stalking him and leaving silent phone calls the police felt she was a very likely suspect.

We are introduced to several back stories which at first we could not understand what possible connection there could be with so many different people from a small child called Scarlet, a woman called Zelda Darling who was serving time in prison to Patrick the physiotherapist who Vicki worked with for a time, plus many more.

Poor Vicki has a very rough ride all thru the story with her trying desperately to clear her name. She was charged with David, her husband murder and was forced to stand trial.

We all enjoyed the book and had a very lively discussion and voted it overall 7.

I have decided that I will not disclose the final as this would spoil it for anyone wishing to read it

Margaret Turnbull.

Theatre Trips

I am pleased to report that the Drifter's Girl in November is fully subscribed now. Payment (£46) is due by the August meeting.

We had 14 people sign up to Beyond the Barricade at the Lighthouse and we are going as a group booking in April.

42nd Street and Blood Brothers are going ahead but with minibuses as not enough members were interested. We have still got enough going to get group bookings though so that is a plus. There are a couple of spare seats on the minibus to Nottingham if anyone wants a day out shopping and are happy to contribute to the cost of it.

If anyone would like to see a particular show, please contact me so that we can work on it.

Sylvia

Renewals

Renewals start next month! As postage is now going up again we would ask you to collect your forms from the main meeting. If you can't get there then ask a friend to collect them for you. Unfortunately, due to rising costs we have had to increase the subs to £16 this year, with part membership at £12 and those that want the TAM magazine it will be £19.50 as the price of that has risen as well.

We are continuing to monitor price rises and are fortunate that the Eden Centre has decided to donate the tea, coffee and biscuits that we enjoy every month instead of charging us for them. We appreciate the gesture and the effort they put in to making us feel welcome.

So far the cost of the newsletter hasn't risen. Should it do so then we will have to think seriously about whether to publish it every month or just put it on line.

If you have any concerns or wish to raise a subject then don't forget that there is a suggestion box on the groups desk if you can't get to talk to a committee member.

Sylvia

Speaker

The speaker for April is Mr John Nowell whose subject is A Day Above the Canary Islands. He will be showing us this popular holiday destination from a very different angle.

The speaker for May is Rachel Thompson who is going to tell us how she celebrated her 50th birthday - entitled My Coast to Coast Adventure - walking from St Bedes Head to Robin Hoods Bay. One of Wainwrights walks.

Penny

Kettering Symphony Orchestra

Spring Concert

On Saturday 29th April

At the

Salvation Army Citadel, Kettering

A selection from Borodin, Vaughan Williams, Elgar and Dvorak.

Tickets £11/£7 (children under 12 free)

Tickets available at www.kettsymphorch.co.uk
and on the door.

Ten Pin Bowling

It was one of those days when nothing goes as you would wish. Penny saved the day by getting a personal best, so we all enjoyed her success. We are low on numbers and would welcome some more members.

Come and join our happy band of, not that good, bowlers.

Dai Johnson

Short Walk

We picked another nice day to walk round Sywell Country Park and enjoyed each others company.

We missed Wanda, Bob and Teddy, but none the less enjoyed the walk and snack at the very nice café in the car park. Looking forward to seeing more of the group next time.

Dai Johnson

Lunch Club

There was no lunch club in March, but Julie and Jessie have very kindly organised one for April. We are going to the Overstone Manor in Sywell on Wednesday the 19th April, time is 12.00 for 12.30pm. They have a pub-type menu but also a carvery. There is also a good gluten free menu. Julie and Jessie will have menus available at the April meeting and will be taking bookings for food. Each booking will require a £5 non-refundable deposit per person. Everyone is welcome.

Pat Johnson

Singing for Pleasure

Our last session was very well attended.

We are putting together a programme of songs from the shows and intermingled are one or two other favourites.

We have been invited to sing to a group of old friends at a retirement centre later in April and we think we have a selection of songs that will please them.

Our next meeting is cancelled as it falls on Good Friday so there will be one more practice before the event.

Velda

Spanish

Our group is now well established again after some problems after Christmas. We do seem to be making good progress. We now have another magazine Vamos which we can use with Chicos. We meet fortnightly at St Andrews Church rooms in the centre of town on Thursdays at 1:45pm until 3:45pm. There is a car park in Crown street approachable only via Regent Street.

Contact Geraldine 01536 481203

Travel group.

We had a lovely session led by Dai and Pat about the island of Las Palmas de Gran Canaria after their recent visit. We now have an easy way to watch our photos using a CD disc. Then we can leave the rest to the TV. You can make your own CD or take it to Picture Box etc. This should enable more people to contribute.

DVDs need a much more complex process. We meet on the third Tuesday of the month at 2 pm. Lots of friendly chat and refreshments too. Details from Geraldine on 01536 481203



Last month's quiz answers

1. 42
2. Cheese and Onion
3. SW1A 0AA
4. Time
5. 6
6. 238,000
7. The Church of England
8. Nautical mile (it's 1.15 miles)
9. Prunes
10. China

Beginners Camera Group

The March group meeting was held on the 14h March at the usual venue, five members present,

We discussed the subject for April which is "Spring Bulbs" and hope we get some really good photographs now that many of the bulbs

are flowering. The best photographs will be on show at the U3A April meeting on the 12th April.

The next group meeting will be on the 11th April at the usual venue at 2.00pm.

Julie Bates.

Room for New Members

The following Groups have space for new members so if you are interested, please contact the relevant group leaders.

Book Club, Camera group, Scrabble & MahJong, Recorder, Play reading and Singing for Pleasure.

Details can be found on the group table at the monthly meetings or from the newsletter or website.

Craft n Coffee

8 people attended the March meeting, as always some crafting done, lots of laughter and chat.

The next meeting is 25th April at Stirrup Cup, Barton Seagrave. Between 10.30 - 12.00 in the coffee lounge.

The only cost is the price of your drink (£2.35). Everyone is welcome whether you craft or not.

Joy





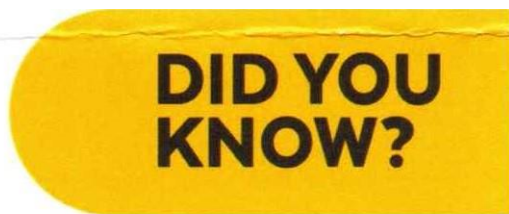
BlueSkies HOUSE
14 March 2023

Ise Valley U3A

Thank YOU for being our latest lifesavers!

Dear Sylvia and all at Ise Valley U3A,

My name's Pip and having joined in 2008, I'm one of the charity's longest-serving members of staff. As well as being a critical care paramedic onboard our helicopter and critical care car, I am also the manager at our Coventry airbase, which means I have the challenge of managing the day-to-day running of your local air ambulance.



Your gift of 245 from your bring and buy sale will allow us to continue flying lifesaving missions, providing prehospital emergency care across Warwickshire, Northamptonshire, Derbyshire, Leicestershire and Rutland

On behalf of us all at your local air ambulance, as well as our patients and their families, thank you. YOU really are our latest lifesavers!

each of our missions cost on average E1700



Kind regards,

Pip

theairambulanceservice.org.uk

Activity Groups and Leaders

Day/Group	Leader	Telephone	Venue	Frequency	Time
Monday					
Art Group	Tessa Bellamy	07854 864632	St Andrews Church Hall	Monday	2-4pm
Book Club	Margaret Turnbull	01536 511139	Varies	3 rd Monday	2pm
Camera Club (advanced)	Jenny Goddard Pat Johnson	01536 482972 01536 483398	Member's home	Monday following Monthly meeting	2pm-4pm
Canasta	Margaret Hall	01536 512215	Kettering Bridge Club	Every Monday	2pm-4pm
Mah Jongg/scrabble	Linda Law	01536 659091	Barton Seagrave village hall	2 nd & 4 th Monday	1.45 -3.45
Play reading group	Rosalind Bridges	01536 741466	Venue and date vary	Normally 1 st Monday	2pm-4pm
Recorder Group	Mary Cooper Sue Hartley	420336 357676	Member's home	2 & 4 th	2.30-3.30
Tuesday					
Camera Club (Beginners)	Julie Bates	01536 725538	Member's house	2 nd Tuesday	2pm
Ukelele Group	Alan Bailey	01933 350147	Member's house	Fortnightly	10-12
Travel	Geraldine Hardwick	01536 481203	Varies	3 rd Tuesday	2pm
Craft n Coffee	Joy Knight	07535 446758	Stirrup Cup	Monthly	10.30-12
Wednesday					
Thursday					
Ten pin bowling	Dai Johnson	01536 483398	Thunder bowl	Following monthly meeting	12 midday
Coffee Morning	Sylvia Dale	01536 411865	Stirrup Cup Barton Seagrave	Every Thursday	10.00am
Spanish	Geraldine Hardwick	01536 481203	St Andrews Church Hall	Fortnightly	2-4pm
Short Walks	Wanda & Bob Moffatt	01536 659236	Varies	3 rd Thursday	10am
Friday					
Singing for Pleasure	Lynda Harris	01536 628940	St John's Church Hall	Fortnightly	10-12.00

To enrol in any groups, please contact the group Leaders. Coffee morning is the exception - anyone is welcome.

Trips

Day Trips Jill Burgess 01536 515045

Theatre trips Sylvia Dale 01536 411865

Timings at the Eden Centre

Main meetings – 2nd Wednesday of the month at the Eden Centre

Doors open – 1.15

Chair's Chatter – 1.55

Speaker - 2pm

Raffle – 3pm

Finish – 3.15pm

To all members

If you are aware of anything affecting one of our members, such as important birthdays, anniversary or illness and feel that a card from the u3a would be appropriate, then please contact one of the committee.

Newsletter Editor

Please send contributions by 5pm, 30th of the month to sylviadale@live.co.uk If you can get them to me earlier, that would be appreciated as the newsletter fills up and it is often a job to get the last contribution in..

Webmaster	Alan Bailey	01933 350147
Safeguarding Officer	Bob Moffatt	01536 659236

Committee – 2022-2023

Chairperson	Jill Burgess	01536 515045
Vice Chair	Sylvia Dale	01536 411865
Treasurer No 1 a/c	Tony Reed	01536 481733
Treasurer No 2 a/c	Tessa Bellamy	07854 864632
Membership Secretary	Sylvia Dale	01536 411865
Secretary	Sylvia Dale	01536 411865
Groups Co-ordinator	Joy Knight	07535 446758
Speaker Secretary	Penny Smith	07772 237077
General Duties	Lynne Franklin	01536 618001
General Duties	Erika Beecher	01536 722932
Newsletter Editor	Sylvia Dale	01536 411865