

# u3a

# ISE VALLEY NEWS

learn, laugh, live

Kettering, Northants

Charity Number 1179738

May 2022

Hello Everyone

Well, we had our coffee morning on the 19<sup>th</sup> April for members to attend and offer help to our small committee. Out of 209 members, 3 turned up! One of those was already a helper. Fortunately, another couple of members have come forward to offer help since. We now have a Meeter and Greeter for new members - thank you Bob; Assistant Group Co-ordinator - thank you Joy; Speaker Secretary - thank you Penny and a possible new committee member - thank you Erika.

The following day was our committee meeting and the following decisions were made: it was decided that we could keep Ise Valley u3a going for another year although due to being such a small committee we would be unable to offer or take on any new activities. We will still have monthly meetings, groups in existence will carry on, the Christmas party will go ahead and we will do trips, but that is all that we felt we could cope with at the present time.

Trips will be open to family and friends from the start and not just to members. As you know we have had a reciprocal agreement with Kettering group for many years which will carry on. We have also identified other groups who, if we are struggling to fill a coach, would be interested in joining us.

Anybody willing to help or come on the committee, please talk to myself or Sylvia for more information.

Jill

## **Gardening Group**

This month 8 of us visited Podington Garden Centre. It was a bright sunny morning, just right for a pleasant country drive. Our first port of call was the cafe, which is quite spacious and sells delicious scones, cakes, light lunches etc. We then spent time wandering round the large selection of products on offer. The Garden Centre stocks not only plants but also a wide variety of household and other goods so there was plenty to see. My purchases included plants and pillows! It was a very enjoyable morning and so good to get together again."

Greta Cheshire

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## **Singing for Pleasure**

As we are still not going out to sing, we do not need a set programme and so week by week we discard some songs but always add new ones. This year we have tried to incorporate music that was popular in 1952/1953 as our way of celebrating the Platinum Jubilee and also bringing back nostalgic memories.

We did not meet on April 15th as it was Good Friday but will meet again as usual on Friday April 29th.

Velda Robinson

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## **Play Reading**

Our April play was "This Happy Breed" by Noel Coward. It starts in 1919 with the main characters moving to a new house. We meet the family, the neighbours and their friends. The plot moves on to the 20's and the 30's - characters come and go - there are happy and sad times but these ordinary people stay hopeful even on the brink of war. This is Noel Coward at his optimistic and patriotic best ! Sadly there is no meeting in May but we will be back again on June 15th:

Rosalind

## **Beginners Camera Group**

The group met on the 12th April 2022 with apologies from one member.

Pat and Elaine had produced some interesting items to take photographs of on the subject of Easter, so we were busy taking different photographs,

Next month's subject is "Chimneys" so we will be having an outside meeting to take photographs of different chimneys, the best ones will be on show at the June meeting.

Julie Bates.

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## **Short Walks**

As the weather had been dry for sometime we thought Wicksteed Park and area would be a good choice. We started from 44. Twelve of us started in perfect walking weather, sunny, dry and with a slight chill in the air.

We set off across Wicksteed to the left. Teddy loved it having been without a walk the day before. Crossed Barton Road taking the foot path alongside the river and staying on left side, through the woods and listening to the birds. Then under the bridge at Deeble Road, taking the next bridge to return on the other side of the river passing by the skateboard park. Then walking across the park towards 44 Paradise lane for refreshments.

We were able to sit outside in comfort in the garden. Teddy loved it all.

Bob, Wanda and Teddy.

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## **Travel group.**

We had a good attendance at our latest meeting when we relived a holiday in Tuscany.

We followed up with a lively discussion which continued over tea. We meet on the third Tuesday of the month at 2 pm. Contact Geraldine on 01536 481203

## Spanish

We are enjoying our Spanish and have settled in well to our new venue at St Andrew's Parish rooms. We are now welcoming new members until we reach our room quota of 12. New members will need to have some knowledge of Spanish as we are now at last beyond the beginner stage.

Unfortunately, we have learnt that one of our long-standing members Brenda Shouler has lost her fight for life. Our thoughts are with her family.

Geraldine 01536 481203.

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## Ten Pin Bowling

This was not one of our better weeks, but everyone seemed to enjoy the experience of striving to improve their personal bests.

We are always looking for more newcomers to join us .

Are you up for the challenge?

Dai Johnson

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## Lunch Club

For our April Lunch Club we met at The Hare at Loddington.

The meal was organised by Wanda and Bob , so thank you to them.

We had a delicious meal and look forward to returning there in the future.

There is no Lunch Club in May but the one in June, organised by Bob Mc Gregor, will be at The Star in Geddington.

Menus will be available at the June meeting

Pat and Dai Johnson

## The Monthly Raffle

Thank you to all of you who support the raffle each month.

The profit made goes to provide the refreshments for the AGM and also to give all our members a free raffle ticket for the Christmas raffle.

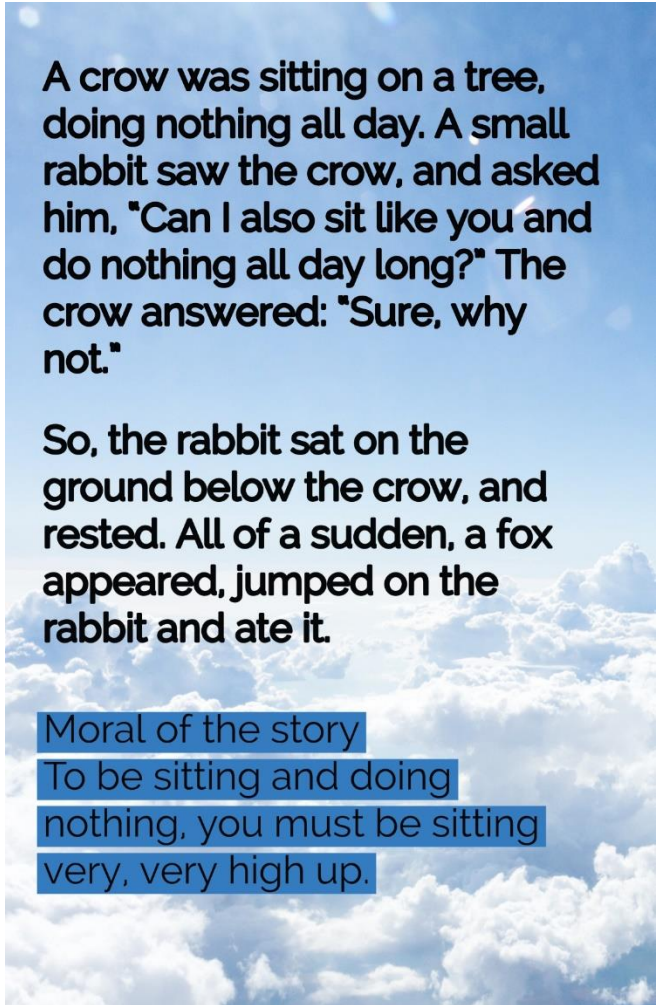
Thank you to those people who have kindly donated prizes. We are very lucky this month to have some prizes donated by a Body Shop at-home consultant, which we shall use in the next few months. So, thank you to Lea Pizzimenti and if anyone would like her details, please let us know at the raffle table.

Pauline Mc Cready

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## April quiz answers

1. Blitzkrieg
2. Richard Osman
3. Henson
4. George II (born 1683 in Hanover)
5. The Repair Shop
6. Rhythm Stick ("Hit Me with Your Rhythm Stick")
7. 23 pairs of chromosomes (for a total of 46)
8. Jill Biden
9. Emperor Penguin
10. Tara (which is the plantation from "Gone With the Wind" and Tara Newley)
11. 1970s (October 1973)



A crow was sitting on a tree, doing nothing all day. A small rabbit saw the crow, and asked him, "Can I also sit like you and do nothing all day long?" The crow answered: "Sure, why not."

So, the rabbit sat on the ground below the crow, and rested. All of a sudden, a fox appeared, jumped on the rabbit and ate it.

Moral of the story

To be sitting and doing nothing, you must be sitting very, very high up.

8. Who was the leader of the Soviet Union from the 1920s until his death in 1953?
9. How many holes are there on a typical golf course?
10. Which park in New York City is the most visited urban park in the United States?
11. The Cartwright family lived on the Ponderosa ranch in which TV series?
12. What is often called 'the old lady of Threadneedle Street'?
13. Vegemite is a dark brown food paste popular in which country?
14. What colour branding is associated with the budget hotel chain Premier Inn?
15. Which glove puppet would you associate with Mr. Derek?
16. Which actor played the title character in the seventies TV detective series Barnaby Jones?
17. Which dance originated in the 1880s in the Argentina and Uruguay border region?
18. According to the bible, how many people were at the Last Supper?

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### Ukulele Group

We are still looking for our first gig since lockdown. If you know of anyone who would like us to entertain them, please let me know. 01933 350147 or [alanbailey567@gmail.com](mailto:alanbailey567@gmail.com)  
Alan

### May Quiz

1. What was nationalised in 1956 by Gamal Abdel Nasser?
2. How many pennies were there in a pre-decimal pound?
3. The Reichstag building is in which European city?
4. What was founded by General William Booth in 1865?
5. Which sitcom character often says the words: 'I don't believe it'?
6. What river flows through Cardiff city centre?
7. How many feet are there in a fathom?

## Art Group

After a good start of 14 members when our group restarted at the Woodcroft Scout hall off London Road I'm sad to say in spite of a couple of new starters the numbers have gone down so again we have plenty of room in an airy, light hall for anyone joining this friendly group on Monday afternoons, you'll be very welcome.

This month Cathy, our tutor showed us some basic watercolour techniques which we've been practicing as well as our own work until we next see her on Monday 9th May when she'll be showing us basic drawing skills.

If anyone's interested give me a ring or drop a text to 07854864632.

Tessa

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The Speaker for this month is:

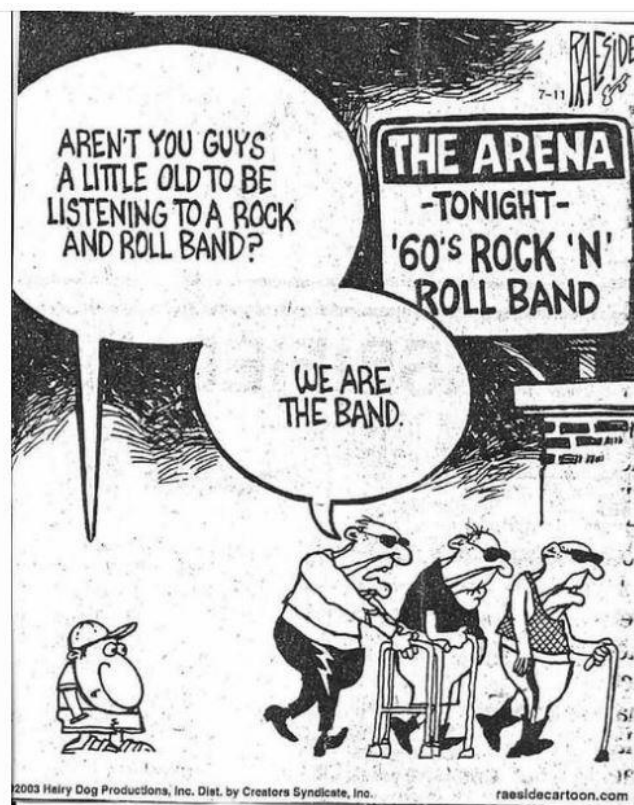
Liz Taylor of the Woodland Trust – Talking Trees.

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We are taking renewals from this month. The subs stay the same at £15 for a renewal; £11.50 if you belong to another u3a; £18 if you want the TAM magazine. Renewal table is in the hall.

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Don't forget that coffee morning at the Stirrup Cup is open to all members. If you fancy an hour or so of chat and laughs, then turn up on a Thursday morning at 10am. We have a good group of men who sit in their own corner and socialise as well. Come by yourself or with a friend. You are all welcome!



## Coffee Cup Puddings

150ml milk	50g pitted prunes
2 tsp instant coffee	50g soft butter
50g icing sugar	1 large egg
50g ground almonds	2 tsp cocoa
1 tsp SR flour	
Coffee or vanilla ice cream to serve	
Coffee liqueur to serve (optional)	

Measure milk in a large jug, then blend with the prunes and coffee in a food processor until smooth. Add butter, sugar, egg, almonds, cocoa, flour and a pinch of salt. Blitz again to make a thick batter.

Scrape evenly and cleanly (don't take the mixture up the sides) into 4 x 175ml ramekins (don't use any metal on them). Cook in the microwave, spaced around the edge of the turntable on medium for 6 minutes. The puddings will still look a bit moist but that's fine. Stand for 5 minutes then serve with a scoop of ice cream and a little liqueur if you like.

# **KETTERING SYMPHONY ORCHESTRA**

## **SPRING CONCERT**

Saturday 14<sup>th</sup> May 2022

7.30pm at the

Salvation Army Citadel, Kettering NN16 8JU

Tickets: £11/£7

Children under 12 free

Conductor: Graham Tear

Leader: Trevor Dyson

Soloist: Corinne Malitskie

Glinka Overture: Russlan and Ludmilla

Dvorak Cello Concerto Opus 104

Tchaikovsky Symphony No 2

*Tickets available at: [www.kettsymphorch.co.uk](http://www.kettsymphorch.co.uk) and on the door*

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## **Dandelions Dementia Day Centre**

Providing individuals with a high level of care by a dedicated team.

- Day Centre based in Corby
- Open daily Monday to Friday
- Half days available
- Hot homecooked meals provided
- Unlimited hot and cold drinks
- Varied daily activities aimed at supporting cognition

Referrals can be made through the adult care team 03001263000

Private customers who would like to attend should contact us on 07311 017503

## Activity Groups and Leaders

Day/Group	Leader	Telephone	Venue	Frequency	Time
<b>Monday</b>					
Art Group	Tessa Bellamy	07854 864632	Woodcroft London Rd	Monday	2-4pm
Book Club	Margaret Turnbull	01536 511139	Varies	3 <sup>rd</sup> Monday	2pm
Camera Club (advanced)	Jenny Goddard Pat Johnson	01536 482972 01536 483398	Member's home	Monday following Monthly meeting	2pm-4pm
Canasta	Margaret Hall	01536 512215	Kettering Bridge Club	Every Monday	2pm-4pm
Mah Jongg/scrabble	Linda Law	01536 659091	Barton Seagrave village hall	2 <sup>nd</sup> & 4 <sup>th</sup> Monday	1.45 - 3.45
Play reading group	Rosalind Bridges	01536 741466	Venue and date vary	Normally 1 <sup>st</sup> Monday	2pm-4pm
Recorder Group	Mary Cooper Sue Hartley	420336 357676	Member's home	2 & 4 <sup>th</sup>	2.30-3.30
<b>Tuesday</b>					
Camera Club (Beginners)	Julie Bates	01536 725538	Member's house	2 <sup>nd</sup> Tuesday	<b>2pm</b>
Ukelele Group	Alan Bailey	01933 350147	Member's house	Fortnightly	10-12
Travel	Geraldine Hardwick	01536 481203	Varies	3 <sup>rd</sup> Tuesday	2pm
<b>Wednesday</b>					
Gardening	Chris Ditri and Sandra Tecklenberg	01536 723145/01832 733419	Varies	1 <sup>st</sup> Wednesday	10-12
Music Appreciation	Rosalind Bridges	01536 741455	Home	Varies	2-4pm
<b>Thursday</b>					
Ten pin bowling	Dai Johnson	01536 483398	Thunder bowl	Following monthly meeting	12 midday
Coffee Morning	Sylvia Dale	01536 411865	Stirrup Cup Barton Seagrave	Every Thursday	10.00am
Spanish	Geraldine Hardwick	01536 481203	St Andrews Church Hall	Fortnightly	2-4pm
Short Walks	Wanda & Bob Moffatt	01536 659236	Varies	3 <sup>rd</sup> Thursday	10am
<b>Friday</b>					
Making Music	Alan Bailey	01933 350147	Home	Weekly	2-4pm
Singing for Pleasure	Lynda Harris	01536 628940	St John's Church Hall	Fortnightly	10-12.00

To enrol in any groups, please contact the group Leaders. Coffee morning is the exception - anyone is welcome.

## **Trips**

Day Trips	Tessa Bellamy	07854 864632 (temp)
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## **Timings at the Eden Centre**

Main meetings – 2<sup>nd</sup> Wednesday of the month at the Eden Centre

Doors open – 1.15

Chair's Chatter – 1.55

Speaker - 2pm

Raffle – 3pm

Finish – 3.15pm

## **To all members**

If you are aware of anything affecting one of our members, such as important birthdays, anniversary or illness and feel that a card from the u3a would be appropriate, then please contact one of the committee.

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## **Newsletter Editor**

Please send contributions by 5pm, 30<sup>th</sup> of the month to [sylviadale@live.co.uk](mailto:sylviadale@live.co.uk) If you can get them to me earlier, that would be appreciated as the newsletter fills up and it is often a job to get the last contribution in..

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<b>Webmaster</b>	Alan Bailey	01933 350147
<b>Safeguarding Officer</b>	Bob Moffatt	01536 659236

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## **Committee – 2021-2022**

Chairperson	Jill Burgess	01536 515045
Vice Chair	Sylvia Dale	01536 411865
Treasurer No 1 a/c	Tony Reed	01536 481733
Treasurer No 2 a/c	Tessa Bellamy	07854 864632
Membership Secretary	Sylvia Dale	01536 411865
Secretary		
Groups Co-ordinator		
Speaker Secretary	Julie Bates	01536 725538
General Duties	Lynne Franklin	01536 618001
Newsletter Editor	Sylvia Dale	01536 411865