

u3a

ISE VALLEY NEWS

learn, laugh, live

Kettering, Northants

Charity Number 1179738

July 2022

Hello everyone, hope you all keeping well and enjoying the sunshine.

This month I would like to thank the ladies of the Eden Centre for all the help they give us by setting up and clearing the hall. We are very grateful.

Thanks to new member Bob who organised a lunch at The Star Geddington, as those who went enjoyed it.

A big thanks to Joyce for organising our trip to the The Curve, Leicester on Oct 19th to see Sister Act. We have a few seats left, so if you are thinking about it – don't take too long!!

After going on a trip recently with some other U3a members to Sheringham on the way back we brainstormed ideas for future trips which I am currently looking into.

So watch this space.....

Jill

Trip News.....
Sister Act, the Musical
At The Curve, Leicester
Wednesday 19th October
Matinee performance
Tickets £46

Coach leaves Cornmarket Hall at
10am and returns approx. 6-6.30pm
Tickets available at the main meeting or
From SYLVIA 01536 411865

Camera Group

Our theme was angles, either way we interpreted it. It was easy to find angles in every-day furniture, windows, etc., but some of us were more adventurous in taking 'angles' from different angles. Now, if you are not totally confused, take a look at our display this Wednesday.

We welcomed a new member, Penny to the group this month and look forward to seeing her again on the 18th July with photos on our theme of 'packaging'.

Jenny

Book Group

The Light behind the Window. By Lucinda Riley

This book was by one of our favourite authors and is a story in two parts, one in the present day and one during the 2nd world war.

In the present day Emilie de la Martinique, a lonely child and a lonely adult inherits a chateau in the south of France together with an historic collection of very old valuable books. Emilie knows nothing about her family and believes she is the very last one.

In 1945 Constance Carothers is trained by the SOE as an agent and dropped into France to help with the resistance. Everything goes wrong from the very beginning and she ends up in the Paris

house of Edwourd de la Martinique a high ranking officer with the French resistance.

The story was very interesting and was enjoyed by all members of the book club.

Lynda Kirbyshire

Short Walks

This walk has everything. Considering we had people away at the B.B.C Gardening Show we had a good turnout. The weather was good for walking. We set off from Season's garden centre, turned left and followed Wold Road out of Burton Latimer to the windmills. At this point the windmills are close and we can see just how big they are. We turned left and walked two fields with corn growing but not ready yet for harvesting, good paths across them, always heading towards Burton Latimer church spire just in view on the horizon. This is where skylarks are but we were unlucky this time. Over an easy stile to cross the A6. From that point the walk is shaded and cool. Teddy likes this walk. Season's refreshments were very welcome.

From Wanda, Bob and Teddy

Play Reading

We met on the 15th: June to read "And a Nightingale Sang" by C.P.Taylor.

This was a playwright new to all of us. A slightly odd family and their friends who meet at different times during the 2nd World War. One character also talked to the audience, explaining relationships and feelings- and the language can get a bit "ripe" (especially when referring to the cat!) It was entertaining- but Noel Coward did it better! (See April's report !)

Rosalind

Reminder

If you haven't sent a **sae** with your renewal, please remember to collect your membership card from the renewals desk.

Trip to Gardener's World

We awoke to bright sunny day for our coach trip to the NEC Gardener's World Show. A great day was had by all on the hot and bright day with so much to see including the varied show gardens and wonderful flowers. Most of us couldn't resist a purchase or two from plants to edibles from the Good Food show.

Tessa

Art Group.

This month Catherine showed us techniques with Brusho. A powder paint which has a variety of uses with different effects, fascinating. We desperately need more members to join us in our friendly helpful group at the Woodcroft Scout hall which has plenty of free parking.

Tessa

Singing for Pleasure

Several members away today holiday season being here.

We have been finalising a programme for our two outings discarding songs we realised we did not enjoy singing, but we are now satisfied with the end result and looking forward to singing for other people again.

Velda Robinson

We hope he soon gets better as we miss his jokey ways. Unfortunately, we could not have a replacement meeting as holiday commitments interfered. Better luck next month on the 3rd Tuesday in July at 2 pm. To keep up with the news ring Geraldine on 01536 481203

Spanish

We are busy with verb tenses and having sorted out future tenses we are now busy with past tenses. We are very grateful to Bill who gives us his services free once a month. Our other fluent speaker who helps us so much is still recovering slowly from his heart operation in Leicester. We miss him and send our love. Joining requirements are at least some knowledge of Spanish either from school, or evening class or from Spanish visits. Geraldine 01536 481203

The answers to June's quiz

1. Knee
2. Iago
3. Tin
4. All the President's Men
5. 3
6. Olivia
7. Simon Amstell
8. Call of Duty
9. Tennessee
10. Nine Inch Nails
11. Krone
12. The French Open (Roland Garros)

July Quiz is further on in the newsletter.

The friends I have never met

My friends on-line

It's strange to have a friend that you have never hugged, shook their hand or looked into their eyes.

But you have been touched by their soul, seen the good in their hearts and felt the warmth of their being.

The friends I have never met are not my friends untouched, for I have felt them with me when I needed them. I have confided in them and they are some of the kindest people I have ever known.

MY FRIENDS, NEVER FORGET JUST HOW SPECIAL YOU ARE TO ME.

Share this with **your** on-line friends

Ten Pin Bowling.

Another good session with plenty of spares and strikes.

It was lovely to see the return of Erica who produced a life time personal best score. Other good scores were achieved by Richard and Dai and a personal best score for Pauline. Well done to everyone. We would love to see more of you coming to join us and have some fun.

Dai Johnson.

Lunch Club

The Lunch Club in June was organised by Bob Mc Gregor, so a big thank you to Bob. Nineteen members enjoyed a very reasonably priced meal at The Star in Geddington.

There is no Lunch Club in July but we hope there will be one organised for August and also for October. More information will be available in the August newsletter.

All U3A members are welcome to come to the Lunch Club, but there is sometimes a limit on numbers .

We shall soon be thinking of a venue for our Christmas Meal. Last Year we celebrated at the Stirrup Cup in Barton Seagrave. Please let us know if you have any preferences.

Pat and Dai Johnson

Trip Notes

We are updating our records of emergency numbers, so would be grateful if you could fill in the form on the Trip desk. We are also asking for mobile numbers so that we can contact you during the trip should we need to. These numbers are only available to the person running the trip on the day just in case!!

Beginners Camera Group

The group meeting took place on the 14th June at the usual venue, The photographs of the subject "Chimneys" were viewed and will be displayed at the next meeting. The subject for the July group meeting is "Birds in a row" on the 12th July.

Julie Bates

Recipe of the month

Cheeselettes

2-3 eggs
2oz SR Flour
4oz grated cheese
Grated onion
Salt and pepper

Mix all ingredients together.
Heat a small amount of oil in a frying pan and drop in spoonfuls of the mixture. Fry until crisp and golden brown, then turn and fry on the other side. Drain well and serve with bacon and baked beans or a salad.

Easy and quick to make.

July's Quiz

1. Courteney, Jennifer, David, Lisa, Matthew and Matt make up what?
 2. El or Eleven is the central character of which scary Netflix series?
 3. La Louvre and Musee D'Orsay are famous museums in which city?
 4. *Neighbours*, the Australian TV soap is set on which street?
 5. *The Phantom of the Opera* is a musical by which composer?
 6. *Frasier*, the multi-award-winning TV show was set in which US city?
 7. With Woody the main character, what was the first film created by Pixar?
 8. The Rijksmuseum can be found in which European city?
 9. Acquired by Disney from this famous George for \$4 billion in 2012, was which film production house?
 10. Running in the West End since 1952, what is the name of the longest running theatre production?
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Arrested Development

An elderly couple were driving across the country. While the woman was behind the wheel, the couple was pulled over by the Highway Patrol.

"Ma'am, did you know you were speeding?" the officer said.

The woman, hard of hearing, turned to her husband and asked, "What did he say?"

"He said you were speeding!" the old man yelled.

The patrolman then asked, "May I see your license?"

The woman turned to her husband again, "What did he say?"

The old man yelled back, "He wants to see your license!"

The woman then gave the officer her license.

"I see you are from Arkansas," the patrolman said. "I spent some time there once and went on a blind date with the ugliest woman I've ever seen."

The woman turned to her husband again and asked, "What did he say?"

The old man replied, "He said he knows you!"

Nutty Cheese Scones

8oz SR flour
Tsp mustard
1.5oz marg
7 tbs milk
3oz cheese, finely grated
Salt and pepper
1oz walnuts plus a few to decorate
Place flour, mustard, salt, pepper and cheese into a bowl and rub in the marg. Gradually add milk until mixture forms a soft dough. Turn out onto a lightly floured board and knead gently. Roll out into an 8" round and score into 8 sections lightly with a knife. Brush with milk and sprinkle with walnuts. Bake in a hot oven 425F/220C for 15-20 minutes.

Handy hint – place cakes, pastry or anything hot that might stick to its tin on a very wet cloth for a minute or so before attempting to turn it out. This will loosen it slightly from the base of the tin.

Fundraising FASHION SHOW

And shopping event

Organised by Huxloe Inner Wheel

22nd September 2022

At the Park Hotel Kettering 7pm

Your favourite brands at up to 75% off sizes 6 to 30

Tickets cost £6 and are available from Lynne Franklin 01536 618001

Dorothy Perkins, White Stuff, River Island, Next, Evans, New Look, Miss Selfridge, Topshop, Wallis, Urban Outfitters, Warehouse, Monsoon and more..... Plus French and Italian Designer wear

“Songs for a Summer Evening” With the Variations Choir

At the United Reformed Church. London Road. Kettering
On Saturday the 23rd July 2022 at
7.30pm.

All proceeds from this concert will be donated to PARKINSONS UK
KETTERING GROUP

Tickets Adults £8. children under 12 £4

Telephone 01536 513548/723376 or available at the door.

Activity Groups and Leaders

Day/Group	Leader	Telephone	Venue	Frequency	Time
Monday					
Art Group	Tessa Bellamy	07854 864632	Woodcroft London Rd	Monday	2-4pm
Book Club	Margaret Turnbull	01536 511139	Varies	3 rd Monday	2pm
Camera Club (advanced)	Jenny Goddard Pat Johnson	01536 482972 01536 483398	Member's home	Monday following Monthly meeting	2pm- 4pm
Canasta	Margaret Hall	01536 512215	Kettering Bridge Club	Every Monday	2pm- 4pm
Mah Jongg/scrabble	Linda Law	01536 659091	Barton Seagrave village hall	2 nd & 4 th Monday	1.45 - 3.45
Play reading group	Rosalind Bridges	01536 741466	Venue and date vary	Normally 1 st Monday	2pm- 4pm
Recorder Group	Mary Cooper Sue Hartley	420336 357676	Member's home	2 & 4 th	2.30-3.30
Tuesday					
Camera Club (Beginners)	Julie Bates	01536 725538	Member's house	2 nd Tuesday	2pm
Ukelele Group	Alan Bailey	01933 350147	Member's house	Fortnightly	10-12
Travel	Geraldine Hardwick	01536 481203	Varies	3 rd Tuesday	2pm
Wednesday					
Gardening	Chris Ditri and Sandra Tecklenberg	01536 723145/01832 733419	Varies	1 st Wednesday	10-12
Music Appreciation	Rosalind Bridges	01536 741455	Home	Varies	2-4pm
Thursday					
Ten pin bowling	Dai Johnson	01536 483398	Thunder bowl	Following monthly meeting	12 midday
Coffee Morning	Sylvia Dale	01536 411865	Stirrup Cup Barton Seagrave	Every Thursday	10.00am
Spanish	Geraldine Hardwick	01536 481203	St Andrews Church Hall	Fortnightly	2-4pm
Short Walks	Wanda & Bob Moffatt	01536 659236	Varies	3 rd Thursday	10am
Friday					
Making Music	Alan Bailey	01933 350147	Home	Weekly	2-4pm
Singing for Pleasure	Lynda Harris	01536 628940	St John's Church Hall	Fortnightly	10-12.00

To enrol in any groups, please contact the group Leaders.

Day Trips Sylvia Dale 01536 411865

Timings at the Eden Centre

Main meetings – 2nd Wednesday of the month at the Eden Centre

Doors open – 1.15

Chair's Chatter – 1.55

Speaker - 2pm

Raffle – 3pm

Finish – 3.15pm

To all members

If you are aware of anything affecting one of our members, such as important birthdays, anniversary or illness and feel that a card from the u3a would be appropriate, then please contact one of the committee.

Newsletter Editor

Please send contributions by 5pm, 30th of the month to sylviadale@live.co.uk If you can get them to me earlier, that would be appreciated as the newsletter fills up and it is often a job to get the last contribution in..

Webmaster	Alan Bailey	01933 350147
Safeguarding Officer	Bob Moffatt	01536 659236

Committee – 2021-2022

Chairperson	Jill Burgess	01536 515045
Vice Chair	Sylvia Dale	01536 411865
Treasurer No 1 a/c	Tony Reed	01536 481733
Treasurer No 2 a/c	Tessa Bellamy	07854 864632
Membership Secretary	Sylvia Dale	01536 411865
Secretary		
Groups Co-ordinator		
Speaker Secretary	Julie Bates	01536 725538
General Duties	Lynne Franklin	01536 618001
Newsletter Editor	Sylvia Dale	01536 411865