



ISE VALLEY NEWS

Kettering, Northants

Charity Number 1179738

October 2020

I would like to give thanks to all the retiring committee members who have given their time & energy to keep Ise Valley U3A running -

Sylvia, Lynne, John, Pauline, Pat, Rosalind & Helen.

Many thanks also to those staying on the committee in different roles, to those joining and to Alan for providing technical skills.

I hope everyone is staying safe and keeping well.

Unfortunately, we are still not able to hold large gatherings such as the monthly meetings. The good news is that the latest advice from The Third Age Trust now allows meetings of up to 6 people in private homes as long as certain conditions are met. We can also meet in sports or community facilities as long as we also follow the COVID-19 guidelines for the location.

They say that "prior to restarting any interest group activity, a leader must notify their U3A committee" If anyone is holding meetings or is planning to do so please can the leader get in touch with Jill Burgess or myself so that we can pass on the latest advice. All of this is also subject to following national & local guidelines!!!

I don't suppose I'm the only person confused by so many new guidelines, rules & laws which seem to change frequently & often at short notice.

Let's keep our fingers crossed that the situation doesn't deteriorate too much and we can continue to meet in the coming months.

Social interaction is very important and I've certainly come to appreciate it more than ever over the past 6 months.

U3A has a very important role to play in providing personal contact. If anyone has any ideas for small groups that might give such support please let us know.

Helen Hicks
Chair

Courier Fraud - Please Warn Elderly Relatives about This Scam

Police officers will NEVER ask you for money. Please warn elderly relatives about this emerging scam

Fraudsters pretending to be police officers are repeatedly targeting the elderly in Northamptonshire.

Over the past few months, a number of incidents have taken place across the county where fraudsters have pretended to be police officers conducting covert investigations in order to gain the trust of elderly people with the aim of scamming them out of their money.

What is Courier Fraud?

Courier fraud occurs when a fraudster contacts victims by telephone purporting to be a police officer or bank official. To substantiate this claim, the caller might be able to confirm some easily obtainable basic details about the victim such as their full name and address.

The caller may also offer a telephone number for the victim to telephone or ask the victim to call the number on the back of their bank card to check that they are genuine. In these circumstances, either the number offered will not be genuine or, where a genuine number is suggested, the fraudster will stay on the line and pass the victim to a different individual.

After some trust has been established, the fraudster will then, for example, suggest;

Some money has been removed from a victims' bank account and staff at their local bank branch are responsible.

Suspects have already been arrested but the police need money for evidence.

A business such as a jewellers or currency exchange is operating fraudulently and they require assistance to help secure evidence.

Victims are then asked to co-operate in an investigation by attending their bank and withdrawing money, withdrawing foreign currency from an exchange or purchasing an expensive item to hand over to a courier for examination who will also be a fraudster.

At the time of handover, unsuspecting victims are promised the money they've handed over or spent will be reimbursed but in reality there is no further contact and the money is never seen again.

Spot the signs

Someone claiming to be from your bank or local police force calls you to tell you about fraudulent activity but is asking you for personal information or even your PIN to verify who you are.

They're offering you to call back so you can be sure they're genuine, but when you try to return the call there's no dial tone.

They try to offer you peace of mind by having somebody pick up the card for you to save you the trouble of having to go to your bank or local police station.

How it happens

You may get called on your mobile or landline by someone who claims to be from your bank or the police. They say their systems have spotted a fraudulent payment on your card or it is due to expire and needs to be replaced.

They might suggest that you hang up and redial the number of their bank or police force to reassure you that they're genuine. However, they don't disconnect the call from the landline so that when you dial the real phone number, you're still speaking to the same fraudster.

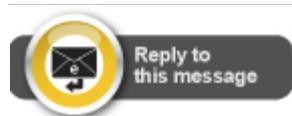
They'll then ask you to read out your credit or debit card PIN or type it on your phone keypad. They may ask for details of other accounts you hold with the bank or elsewhere to grab more information.

Then they promise to send a courier to you to collect your bank card. The fraudster will have your name, address, full bank details, card and its PIN, and withdraw cash using the card and may even use the information to commit identity fraud in your name.

If you've given your bank details over the phone or handed your card to a courier, call your bank straight away to cancel the card.

Message Sent By

Susan Fletcher (Police, Crime Prevention Officer, Northamptonshire)



Question:

I used to get a free TV License as I am over 75. Now that concession has ended, I've just had an email that seems to be from the TV License people asking me to pay my fee online. Is it real?

Answer:

No. It's a scam; please delete it; fraudsters are using this change as an opportunity to steal your money.

As TV Licensing [explains here](#) they are contacting people **ONLY** by letter, and you should wait until you get yours before paying any money to anyone. You should also check that the letter contains your existing (free) license number, and your correct name

If you are struggling with wearing a facemask, look at Hidden Disabilities website and discover if you could be exempt from wearing one!

Answers to last month's quiz on holidays and summer time.

1	Breeze	2	Ice Cream	3	Blue sky
4	Bees	5	Sunhat	6	Water fight
7	Crazy Golf	8	Picnic	9	Boat trip
10	Heatwave	11	Fairground	12	Shower
13	Sandwich	14	Barbeque	15	Hiking
16	Deckchair	17	Champagne	18	Holiday
19	Sun burnt	20	Ants	21	Fireworks
22	Mosquitos	23	Luggage	24	Hotel
25	Passport	26	Peace & quiet	27	Coach
28	Unwind	29	Cruise	30	Walk
31	Navigate	32	Peace & quiet		

October Quiz. All the clues are related to what you can eat and drink.

- 1 A big moan
- 2 Warm canines
- 3 A posh place to stay
- 4 These come from the old block
- 5 It's rude to blow one
- 6 Swelling on Dad's foot
- 7 Made Popeye strong
- 8 Hit the bottom of a plant
- 9 Redheads
- 10 Wooden support
- 11 Amphibian underground
- 12 Susan is a Karate victim
- 13 Biceps and triceps
- 14 Break into small pieces
- 15 State of worry and confusion
- 16 Ptooooooooooooo
- 17 Sounds like a foreign piece of wood
- 18 Dry plums
- 19 Fireworks & pulp
- 20 Vehicles rust problem
- 21 Kill father
- 22 Evil lady at seaside
- 23 Male stream blocker
- 24 A cold state cooked in the oven
- 25 Could be a very small loaf
- 26 Citric fine rain
- 27 Did Tinkerbell eat this?
- 28 Is this a degree scam?
- 29 Could be the price you pay for a cold
- 30 A GP condiment
- 31 Sounds like you have this in instalments
- 32 A dog in bloom

Book Club

The book for September was 'Nine Perfect Strangers' by Liane Moriarty. It concerned nine people checking into a Health Resort called Tranquillum House, run by a very strange lady (as it turned out) called Masha and her helpers, Yao and Delilah.

There were some very strict rules and regulations to observe, such as their bags were searched for any 'treats' they might be carrying – which one or two were – to keep a silence – which lasted for a few days, daily blood tests and compulsory 'smoothies' to drink, which turned out to contain drugs.

Then they found themselves locked into the Meditation room for about 48 hours, and they had to find a way out – which they could not do. Of course, they found it claustrophobic and quite scary at times, as Masha turned off the lights for a while and left them in total darkness.

Then the guests saw smoke billowing under the door of the room and obviously thought 'fire' which seemed to gradually get worse with noise and crackling and crashing of items falling down. But after a while, they realised the noises seemed to be repeating and thought it was a recording. They decided to try the door again, and it opened they were finally out.

Needless to say, Masha was jailed for her activities and the author explained what happened to the nine guests.

Most members enjoyed the book - it was certainly a very interesting and intriguing read.

Shirley Hill

If any member has a Canon printer which takes 545 and 546 printer inks, I have an unopened packet. I have changed the printer – why do they always go wrong when you have just bought new ink for them?

If this would be of use to anyone, then please contact me 01536 411865 Sylvia

Coffee Morning

We are still meeting at the Stirrup Cup in the garden and socially distancing and we have 5 men who are meeting with us – at their own table of course!

It is great to catch up with everyone's news and have some social interaction with others. It has been in very short supply lately with the lockdown and restrictions.

Sylvia

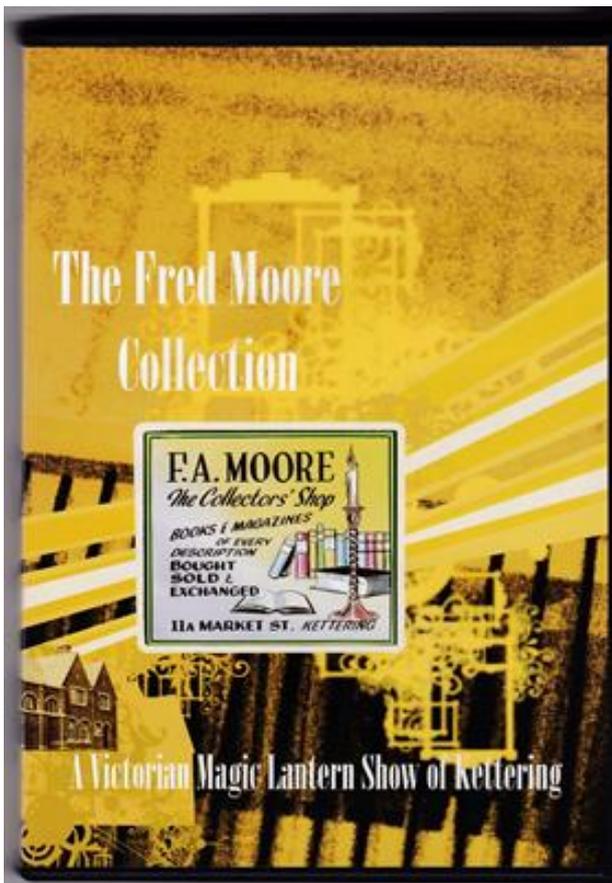
Short Walks

Would we, wouldn't we make six or would it be seven? Aah! We made six. What times we live in. It's a walk! 😊

Burton Latimer windmills, Lovely experience, good walking weather, love them or loathe them, the windmills make a statement. Standing near them it's hard to work out just where we are. Teddy loved it meeting up with friends and we all made it safety across the dreaded A6 for refreshments. It surprises us just how many people don't know some of the places we find to walk.

Next walk 15th October Ringstead Mill

Wanda, Bob and Teddy



My name is David Capps. I have a friend who has a limited supply of this DVD for sale. The DVD runs on a DVD player or computer. It contains a commentary & some 186 slides showing Kettering in the late 19th & early 20th century.

The DVD costs £10 of which £2.00 will be donated to Cransley Hospice. It would be of interest to anyone who has lived or is living in Kettering. It would also make an ideal Christmas present.

To order the DVD Ring 01536 678842 . If we're not at home, leave your number & I'll get back to you.

Best wishes

David Capps

Question. What has one head, one foot and four legs?

Answer. A bed

