



# ISE VALLEY NEWS

**Kettering, Northants**

**Charity Number 1179738**

**November 2020**

*Hi Everyone*

*This month seems to have flown by for me. What a month it's been! The weather has certainly changed as well as the rules & guidelines we now have to adhere to.*

*My daughter & young family live in Greater Manchester and have not been allowed visitors in their house or to visit anyone else indoors since July. We planned to meet outdoors at a tram museum before it closes for winter. We had to rearrange it 3 times due to weather or quarantine so I was very grateful that politicians couldn't agree further lockdown rules for the North West before we finally got there last weekend.*

*It was a lovely day and we made the most of every minute as we have no idea when we will be able to meet again. The children don't understand COVID restrictions and just ran about enjoying the open air and the trams.*

*It was a great reminder that there's lots to look forward to. We are very lucky to live in an area with lots of parks and gardens. We only need to look around us at the amazing autumn colours to see beauty everywhere.*

*I'm certainly going to try to appreciate it more and look for something positive every day.*

*I hope you can all keep safe and well.*

*Helen*

There were 2886 visits to the website in the 12 months to 30th September 2020,

### **Volunteers Needed to Listen to Children Read in Local Primary Schools**

Our reading volunteers are going to be desperately needed due to Coronavirus. Thousands of children won't have had enough reading practice during lockdown. In a normal year, one in four children leave primary school unable to read well. Most children will have missed a term of school, so the reading gap is now wider. Children who struggle with reading are more likely to live in poverty and be unemployed as adults.

Schoolreaders needs more volunteers in your local area to support children's reading and prevent them falling further behind. If you want to make a difference to a child's life, apply to become a Schoolreader. No qualifications are needed; just a love of reading and some spare time each week. The process to become a Schoolreader takes a few weeks, so please apply now so you can be ready to start as soon as it can be arranged.

To join us, please visit the website [www.schoolreaders.org/volunteer-application-form](http://www.schoolreaders.org/volunteer-application-form) or call 01234 924111 for further information.  
Reg Charity: 1159157

All Creatures great and small is on TV again. Here is the James Herriot museum introduced by James's son

[https://www.youtube.com/watch?v=\\_RtmLBSUaPM&feature=youtu.be](https://www.youtube.com/watch?v=_RtmLBSUaPM&feature=youtu.be)

From light bulbs to motorways and cups of tea to concrete, discover the extraordinary science stories behind familiar objects and technologies we encounter every day - see them at the London Science Museum

<https://www.sciencemuseum.org.uk/objects-and-stories/everyday-technology>

Fancy a Crab sandwich? Try this link

<https://youtu.be/eTipyimBBH0>

If you are interested in History try this link

<https://www.historic-uk.com/HistoryUK/>

They claim it is the largest online history magazine in the UK. Its free and has lots of articles and videos.

Some rumours put out on the internet can be harmful. Please tell any of your friends who raise it that despite what they may have seen on Facebook, Twitter or similar, it is absolutely **FALSE** that the Royal British Legion is avoiding selling poppies in certain areas so as not to upset "minorities". This comes up again and again and it's rubbish. It was rubbish when we saw it last year...and the year before that...and the year before that..

## Alan

"I'm normally a social girl  
I love to meet my mates  
But lately with the virus here  
We can't go out the gates.  
You see, we are the 'oldies' now  
We need to stay inside  
If they haven't seen us for a while  
They'll think we've upped and died.  
They'll never know the things we did  
Before we got this old  
There wasn't any Facebook  
So not everything was told.  
We may seem sweet old ladies  
Who would never be uncouth  
But we grew up in the 60s -  
If you only knew the truth!  
There was sex and drugs and rock 'n roll  
The pill and miniskirts  
We smoked, we drank, we partied  
And were quite outrageous flirts.  
Then we settled down, got married  
And turned into someone's mum,  
Somebody's wife, then nana,  
Who on earth did we become?  
We didn't mind the change of pace  
Because our lives were full  
But to bury us before we're dead  
Is like a red rag to a bull!  
So here you find me stuck inside  
For 4 weeks, maybe more  
I finally found myself again  
Then I had to close the door!  
It didn't really bother me  
I'd while away the hour

I'd bake for all the family  
But I've got no bloody flour!  
Now Netflix is just wonderful  
I like a gutsy thriller  
I'm swooning over Idris  
Or some random sexy killer.  
At least I've got a stash of booze  
For when I'm being idle  
There's wine and whiskey, even gin  
If I'm feeling suicidal!  
So, let's all drink to lockdown  
To recovery and health  
And hope this bloody virus  
Doesn't decimate our wealth.  
We'll all get through the crisis  
And be back to join our mates  
Just hoping I'm not far too wide  
To fit through the flaming gates!"

Author - Jan Beaumont, Auckland NZ <https://www.facebook.com/janbeamont/>



## Body Parts

Name nine parts of the body that have only three letters. There are more, but getting nine is a challenge. Time limit 3 minutes: Go!

Answers at the bottom of page 6

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## Book Club

Mother Country by Libby Purves

This book centres around a young man called Christian Van Hayden, brought up in the mid- west of America by his American father but with an English mother.

Christian believes his mother is dead and has always been fascinated with all things English. He was told that his mother was a drug addict and had died from an overdose. The computer company he works for send him to England to do a spot of trouble shooting and he decides to stay for a short while to see if he can find any relatives from his mother's side.

The story is his search for his roots and how he found the real England and not the romantic Shakespearean one he imagined.

We all liked this book and felt the author had done a good job with the characters and the interweaving of the plot.

This was the group's first attempt at a zoom meeting which went off beautifully thanks to Margaret so hopefully we will be once again able to have a monthly meeting.

Linda Derbyshire

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## Answers to last month's quiz

- |    |                  |    |                |
|----|------------------|----|----------------|
| 1  | Wine             | 17 | French Stick   |
| 2  | Hotdogs          | 18 | Prunes         |
| 3  | Ritz             | 19 | Bangers & mash |
| 4  | Chips            | 20 | Carrot         |
| 5  | Raspberry        | 21 | Parsley        |
| 6  | Popcorn          | 22 | Sandwich       |
| 7  | Spinach          | 23 | Edam           |
| 8  | Beetroot         | 24 | Baked Alaska   |
| 9  | Gingernuts       | 25 | Shortbread     |
| 10 | Steak            | 26 | Lemon Drizzle  |
| 11 | Toad in the hole | 27 | Fairy Cake     |
| 12 | Chop Suez        | 28 | Bacon          |
| 13 | Muscles          | 29 | Coffee         |
| 14 | Crumble          | 30 | Dr Pepper      |
| 15 | Stew             | 31 | Cereal         |
| 16 | Potatoes         | 32 | Cauliflower    |

## Top Tips

How to cook thick frozen oven chips without putting the oven on in the hot weather!

Put out a portion for each person a plate for 2 hours to defrost.

After 2 hours put the grill on.

Tip the chips onto a metal tray or baking tray

Place under the grill for 6 minutes. Keep an eye on the chips!

Remove and sprinkle with a little salt.

LOVELY!

Invented by Diane Bulley

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You are getting older by the minute! But having lived so long there are lots of fascinating things which have happened during your lifetime. Want to see some of them? Click on the link.

<http://you.regettingold.com/>

## *Mrs Dale's Diary*

*I am fed up with trying to shop! Why? When I get there, there is no choice and I can't try anything on, which means that I have to take it back if it doesn't fit. This has happened a few times recently and it is so annoying. Have they changed the sizes to make things smaller? Or have I put on weight?*

*I have also found that some shops employ a Sergeant Major who demands that I place the trolley just so; then stand back behind the line. The problem is that she is speaking through a mask and behind a Perspex screen so that I can't hear what she says! I want to take my mask off so that I can hear her better!*

*No one in the family seem to know what they want for Christmas so that I can start searching the internet! I am so fed up with the situation that I am turning into a Grumpy Old Woman - what is new I hear my friends cry!*

*The highlight of the week is our coffee morning when I become a normal person again as everyone seems to be feeling the same, but I do wish that there was some light at the end of the tunnel.*

*Sylvia*

## November Quiz

- 1 Name the most landlocked populated country in the world
- 2 Can you name the two British aircraft carriers that fought in the Falkland's War?
- 3 What slogan used during the late 1960 and 1970's as a symbol of a non-violence ideology, was coined by the American beat poet Allen Ginsberg?
- 4 Which American singer gained worldwide fame as the lead vocalist of the GoGo's?
- 5 In films, whose surname was Rockatansky?
- 6 The Grimaldi family is associated with which principality?
- 7 In Central Asia, what is a yurt?
- 8 Which character in Dad's Army, a sheep farmer, had only occasional speaking parts, while nonetheless appearing in the majority of episodes?
- 9 Which ship, at berth in Greenwich, was damaged by fire in 2007?
- 10 What is the traditional wood used in the making of an authentic Australian didgeridoo?

Answers next month.

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## Computer Club

Very sad to report that Alan Bailey has decided that now is the time to stop running the computer club. He has been doing this for a number of years and we are all grateful to him for the time and effort he has put into it. He is continuing with the Ukelele Group but feels that it is time someone else took on the computers to bring fresh ideas to it. Many thanks to Alan for all his hard work and if anyone has any knowledge of computers that they are willing to share with members please get in touch with Jill Burgess 01536 515045.

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"I don't think being good at things is the point of doing them. I think you've got all these wonderful experiences with different skills, and that all teaches you things and makes you an interesting person, no matter how well you do them." Anon

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## ***Body Parts Answers: Eye ear lip gum leg arm rib hip toe***

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Well, it looks like we will be looking at the same four walls again for the next month. If any of you would like to write an article on something you are interested in, or a poem, I would be delighted to put it in the newsletter. Like everyone else, inspiration is beginning to let me down as we don't do anything, or go anywhere in an effort to keep away from the virus. So, help me out PLEASE!!!!

Send your article/poem to [sylviadale@live.co.uk](mailto:sylviadale@live.co.uk)

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## Short Walks

Seems ages since our walk round Ringstead Mill. A popular choice. The weather was good but showers were promised later in the day. We had ten people turn up so because of Covid rules we split into two groups, one group going ahead of the other. Not ideal but at least we got out and had some exercise and a chat as we went. This is one walk that can't really be left any later as it can get very muddy in places as the winter progresses. Teddy knew Bob was in the group behind and kept looking for him. Stopping for coffee was awkward as the two got well separated. I think we all found it a bit confusing. However, it gave us the chance to go out, we didn't get wet and we will get better at coping with groups. Roll on the end of Covid.

Look forward to seeing you next time.

Wanda, Bob and Teddy

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## New Activity

### **Title - Metcalfe Modelling Members.**

**Venue** - 72A Weekley Glebe Road, Kettering ( No charge.) Contact: [Dianebulley1@gmail.com](mailto:Dianebulley1@gmail.com) (Am deaf.)

**Number** - Two per session. (Space in kitchen with strip light.) Please wear face masks. Wash hands.

**Sessions** - Once a week variable to suit. The models take about 3 months each to make. Can be carried in shopping bag. PVA glue, small glue dispensers, scissors, etc.

View choice of model, prices, and obtain your own. N Gauge or OO Gauge. Metcalfe Website. Cardboard models. Postage extra. Garden plants and animals etc to fit from Gaugemaster Arundel. They have plastic models if you want them only OO gauge. They send a price list. Have some Metcalfe kits. OO gauge. Postage included in prices.

It is possible to make several models before deciding on the layout, spare table, shelf round the children's beds, wherever you have space.

Best to get professional help with electric lights, signals, level crossings if you want them.

View Model Railways exhibitions on line previous years for ideas. Some of them put cab cameras in the trains!



Thousands of people are doing this all over the world. Canadians build enormous bridges over canyons with matchsticks.

### Committee Members 2020/21

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