

ISE Valley News

Kettering, Northants



Registered Charity Number 1179738

October 2019

Chair's Chatter

Thank you to all those who brought donations in at the September meeting and those who took the donations home. Together we raised £30 for Kettering Food Bank.

This is information for those of you who are disabled and have to park at Kettering General Hospital. If you park in the disabled area, did you know that they now have a buggy which will pick you up and take you to your appointment? This is totally free and is part of a Dragon's Den initiative. The buggy will pick you up from your car if you ring 07976 198127 when you need it. Ring the same number when you are ready to return to your car and it will collect you and take you back. My husband and I were at the hospital and – as he is disabled – wondering if he would be able to walk to his appointment when this lady and buggy turned up and took us. She explained that she was a volunteer and how you could call the buggy and what it would do. Fantastic, made the whole visit so much easier.

2020 Diaries are on sale this month. They cost £2.75 each. You should find them on the Committee table.

A reminder for those going to the Quiz. Don't forget your knives and forks. Chicken cuts much better with a steel knife than a plastic one!

Christmas Party tickets are on sale today. They cost £2 each and are for our Christmas Party on the 11th December at the Eden Centre this year. They have found us enough tables so that we will have somewhere to put our cups and plates on. Free food, entertainment, quiz and free raffle.

Our Speaker today is Steve Dimmer with the Horrible History of Halloween!!!

Sylvia

Singing for Pleasure

It was lovely to be back singing again. We had an almost full house and a new member and the sound we made was good! We are just working on the songs for our winter programme. We still have a couple of outings to Care Homes in Kettering in October which we are looking forward to.

Sylvia

Gardening Club

"Our September meeting took the form of a discussion mainly about problems we have experienced in our gardens, such as weeds and pests, some of these caused by the unusual weather this summer. We also enjoyed another tour of Chris & Peter's lovely garden. It's fairly unusual to see such fruit as figs and grapes growing here."

Greta Cheshire

Play Reading

A full house and a warm welcome to new member Clare (still no male help for Ron). This month we tackled Oscar Wilde's 'Lady Windermere's Fan' full of Oscar Wilde's often quoted lines, a bit dated in this easy-going climate, but great fun to read, with many florid speeches which we all enjoyed. All helped out with Rosalind's copious tea and biscuits.

Carlene

Short Walks

We were lucky with the weather again - one of the last hot days. With people on holiday etc. only 6 of us stepped out with Teddy, he loves coming along on the walks. Dai Johnson

led. It was a bit longer but it was lovely walking alongside the river Ise and through woods out to Warkton and back. It shows us that there are good walks close by. It was fun! Refreshments this time was at the Woolcomber Pub. A change from the usual coffee. Doreen had a yummy looking bacon sandwich. Not sure at moment where we go next so "Watch this space".

Wanda, Bob and Teddy

Discussion Group

The Discussion Group met on Wednesday 4th September at 2pm. I threw the meeting open! There were six of us present!!

'What would you all like to discuss?' Somebody said - not Brexit! Two minutes later we were off. We were equal leavers and remainers, so that took up most of the afternoon.

To our surprise no compromise was reached! Lighter chat – family – grandchildren etc, were discussed over tea and biscuits.

Next meeting will be on Wednesday October 2nd at 2pm.

Linda Miller

Painting for Fun

We had our first month back after a Summer break. This month Catherine showed us some interesting experimental ways of using Watercolours. We have some welcome new members who, with their experience, have given the group a bit of a boost not only in numbers, but also in enthusiasm. We will welcome anyone else who wants to join us as we get our Art materials out for the Autumn season.

Tessa Bellamy

Ten Pin Bowling

We were pleased to welcome two new members this week. We had an interesting week, but a lack of strikes and spares kept the scores relatively low. However, Isabel outshone everyone by achieving another personal best for the second week running. Well done Isabel!

Whatever happens, we are always supportive and enjoy each other's successes. We are happy to welcome new members to our happy band.

Dai Johnson

News from the Groups

Our new Cinema Group finally had their first outing this week to watch the new film Downton Abbey. Thank you to Tony Reed for organising this group.

The Lunch Club had a meal at the Royal Oak at Walgrave. Many thanks to John and Pat Cousens for organising it. There will be no Lunch Club in October.

Pat and Dai Johnson will be organising the next one on Wednesday 20th November at the Thornhill Arms, Rushton at 12:30. There will be a signing up sheet available at the November meeting. We will require a £5 deposit per person with the booking. If you want the Lunch Club to continue, please consider organising one of the months meals in 2020. A sign-up sheet will be available at the November meeting.

Pat Johnson and Rosalind Bridges



MEDIUM WALKING GROUP SEPTEMBER WALK REPORT.

Following a trip in torrential rain to Welford, the nine not so brave souls decided that discretion really was the better part of valour and decided to abandon the planned walk and opted for the comforts of Totty Teas, which is a charming tea room adjacent to the Wharf Inn at Welford and can be recommended.

Following a good natter and some enjoyable cake most headed back to Kettering and home.

A couple of hardy souls walked the length of the Welford Arm in intermittent rain.

As is the way of these things on the way back to Kettering the rain stopped and the sun made a fleeting appearance although showers continued throughout the afternoon.

This was the first walk after a Summer break and even allowing for the weather was not particularly well supported. Hopefully details of the October walk will be available at the next meeting.

The phrase 'use it or lose it' comes increasingly to mind.

David Hamilton

Spanish

We are progressing well with our Spanish and are now beginning to have small conversations. We have progressed beyond beginner level so anyone joining us will need to have at least some basic knowledge.

Geraldine



Travel Group

We had a good session watching Pat and Dai's wonderful holiday in Canada and Alaska which they will continue next month. They showed us their photos of their train journey through the Rockies and their cruise from Vancouver to Alaska. Also, thanks to Jessie for her lovely cake. The next group session will be on October 15th at 2pm.

Geraldine

Coffee Morning

This month's coffee mornings will be at Cransley Hospice Coffee Shop, at 10.30 on Thursday 10th and Thursday 24th October. All are welcome.

Mahjong and Scrabble

We continue to meet in the café at the Village Hall, Barton Seagrave on the second and fourth Monday's of the month at 1.45pm. We have plenty of room to accommodate more players at these free sessions and will give you help if you are new to either game. The facilities are good with a wide range of drinks available. There is parking at the Hall but also the 47,48,49 and 50 buses from Kettering stop nearby.

Come along and give us a try we are open to Ise Valley and Kettering U3A.

Linda Law

Book Club

Several of our members had read and enjoyed Mark Haddon's "The Curious Incident of the Dog in the Night-Time" so we were looking forward another of his books "The Red House".

This tells the story of a family holiday in a cottage near Hay on Wye arranged by Richard, attempting to reconcile with his long - estranged sister Angela after their mother's death. However, with their partners and four children between them, these eight people, who hardly know each other, experience quarrels, crushes and jealousies. It is the way the narrative is written which spoils this book for the majority of the group. There is no central character and the viewpoint changes constantly, sometimes three or four times in a page. This is how busy family life is but it made for a disjointed read which proved difficult to follow. There were however, some beautiful descriptions of the landscape and sharply observed everyday happenings.

By the time they are packing up to leave at the end of the week superficially nothing has changed and life goes on in its usual ramshackle way.

Linda Law

Camera club

We met in September after our Summer break and spent much of the time catching up. We had photos from our "Layers" homework to discuss and fun photos of unusual items next to each other. Our next task is to take photos which puzzle us. How can that be? Pat showed us a mirrored photo of herself where black glass created the mirror but could not be seen. Good luck to us all!

Jenny

Knit and Natter

We have donated the last of our knitted and crocheted hats, scarves and mitts to Kettering Centre for the Unemployed to be sold in their shop.

Sylvia

Recorder Group

We are playing regularly on the 2nd and 4th Monday afternoons and would welcome some new members.

At the moment we are learning some pieces for solo recorder and then playing ensemble pieces in three parts. The music we play is a mixture of folk tunes and early music as well as some more recent pieces.

If you would like to learn to play the recorder – as a beginner – please get in touch with Mary Cooper (details on group page) as it may be possible to arrange a group for this.

Nine to Five Show in London on November 6th. We still have some receipts to be collected. The start time for this trip is 8.30am from the London Road Car Park.

Beginners Camera Group.

The next meeting is on October 9th at 2.00pm at the usual venue. If the weather is suitable, we will go out to take some photographs with reflections.

Julie Bates

Lunch Club

Margaret Hall will be signing up members for the Christmas Lunch at Walgrave at the meeting today. Money on the day or to her house if you can't get there.

Computer Club

The last session was a bit of a disaster – nothing worked over the Internet but only for some people - so much time wasted while I failed to resolve the issue. However, we did

look at adding Nectar Points from the Daily Mail. We also looked at the Start Menu and Tiles and finding and bookmarking sites which provide cheap printer ink.

Alan

Ukulele Group

We have lost our resident singer so could do with anyone who would like to sing with us. We have a new beginner player too and with the return of Sarah (hooray!) we are nearly up to strength again. We will be working towards our Thorndale and Orchard House gigs as well as trying out new songs.

Alan

A message for the Men.....

We ladies do enjoy our coffee mornings and a couple of 'other halves' have said they wouldn't mind going but didn't want to talk to all ladies! I wonder why? However, we thought it might be an idea to set up a 'men only' coffee morning! No women in sight!!!! How about the first Thursday of the month? How about the Cransley Hospice coffee shop? We meet there and they are very helpful and don't mind if we pull all their tables about. How about 10.30?

If anyone would like to go and try it, the first one is on Thursday November 7th.

Let Pat Johnson know if you would like to give it a try.

One of our members wants to start a sketching group at her home as she is housebound.

Anyone who may be interested contact Diane Bulley by email dianebulley1@gmail.com

This lady would also like any hardback books that you have going spare. Please contact her direct by email as she is deaf. She can arrange for them to be collected.

Sylvia

Hi Sylvia,

Just to let you know that we (Linda Tomlinson and myself Pam Humphrey) filled in the " do you want to go gliding" U3A form many, many weeks ago and Andy made contact accordingly with Linda.

So yesterday we went!!! It was the most amazing experience. The members of the club were so welcoming, relaxed and professional. I will send a thank you card to the club in the next couple of days.

I have previously done 2 tandem sky dives which was equally fantastic, and I thought that experience could not be equalled.

However, the atmosphere within the gliding club is overwhelmingly good and folks are missing a real treat by not going. My only concern was getting in and out of the glider as like many, I have a problem with my knee. The guys assured me it would not be an issue and with great care and humour, I am pleased to report it was not !!!

Many thanks for offering this adventure via U3A.

Pam Humphrey

KCU
51 Gold Street
Kettering

Dear Sylvia

Re: £30 Donation to the KCU Foodbank

Please pass on our thanks and appreciation to the Knit and Natter group for the knitted hats, scarves, and mitts and to your group who have raised the £30 donation for the KCU Foodbank.

You may be aware that we had an unfortunate setback at the Foodbank recently where it was broken into. However, with the support of people like you in our community, we will continue our work and be even stronger in the future to help all those in food poverty.

Last year we helped nearly 3500 people and it looks likely that this figure will again increase this year. Without your support we would not be able to achieve this.

We are extremely grateful for your kindness.

Yours sincerely

Paul Jackson
CEO KCU

Dear Sylvia

I thought I would drop you a line to say how much my sister Jill and I enjoyed our experience at the Ise Valley U3A meeting on Wednesday 11th September 2019.

This was our first introduction to the U3A group and what a delightful afternoon it was. We were warmly welcomed by a friendly team of like-minded individuals who guided us through the afternoon, supplied us with tea and biscuits, followed by your guest speaker Chris Parker, who fully entertained us with his amazing musical ability, playing his guitar to a wide variety of musical pieces, to which many of us enjoyed joining and singing along with.

Thank you once again. We look forward to your next monthly meeting and joining some of your many varied groups of activities as we are now fully paid up members.

Yours sincerely

Jill Sinclair and Brenda Abrams

Activity Groups and Leaders

Day/Group	Leader	Telephone	Venue	Frequency	Time
Monday					
Painting for Pleasure	Tessa Bellamy	07854 864632	Mind Centre	Weekly	10-12
Book Club	Margaret Turnbull	01536 511139	Varies	3 rd Monday	2pm
Camera Club (advanced)	Jenny Goddard Pat Johnson	01536 482972 01536 483398	Home	Monday after main meeting	2-4pm
Canasta	Margaret Hall	01536 512215	Kettering Bridge Club	Weekly	2-4pm
Knit and Natter	Sylvia Dale	01536 411865	Members home	fortnightly	2-4pm
Mahjong/Scrabble	Linda Law	01536 659091	B.S Village Hall	2 & 4 th	2-4pm
Play Reading	Rosalind Bridges	01536 741466	Varies	1 st Monday	2-4pm
Swimming	Isabel Collins	01536 520971	K. Swimming Pool	Weekly termtime	9-9.45
Maths for Fun	Chris Crick	07490 591224	Home	2 & 4 th	10-12
Recorder Group	Mary Cooper Sue Hartley	01536 420336 01536 357676	Central Methodist Church School Lane, Kettering	2 nd & 4 th	2.30-3.30
Yoga Group	Annette	01536 513234	St Andrews Church Rooms	Weekly termtime	11.15-12.45
Tuesday					
Walking (medium)	John Sumpter	01536 722198	Varies	Last Tuesday	10am
Ukelele group	Alan Bailey	01933 350147	Home	Fortnightly	10am
Travel	G. Hardwick	01536 481203	Member's home	3 rd	2pm
Camera Club beginners	Julie Bates	01536 745538	Home	2 nd	2pm
Computer Club	Alan Bailey	01933 350147	Members home	Fortnightly	10-12
Wednesday					
Keep Fit	Katie Reynolds		BL Civic Centre	Weekly	9.45-10.30
Country Dancing	Janice Angles	07768 169490	St Andrews Hall	2 nd & 4 th	10.45
Discussion Group	Linda Miller	01536 483773	Home	1 st	2pm
Gardening Club	Chris Ditre S Tecklenberg	01536 723145 01832 733419	Varies	1 st	10am
Thursday					
Short Walks	Wanda Moffatt	01536 659236	Varies	3 rd	10 am
Music Appreciation	Ken Bridges	01536 741455	Home	Varies	2-4pm
Spanish	G Hardwick	01536 481203	Hertford C Centre	1 st & 3 rd	2-4pm
Friday					
Making Music	Alan Bailey	01933 350147	Home	Weekly	2-4pm
Singing for Pleasure	Jill Dee	01536 514054	Fuller Church	Fortnightly	10am
Ballroom Dancing	Pat Johnson	01536 483398	St Edwards Church	Weekly	11.45
Ten Pin Bowling	Dai Johnson	01536 483398	Thunder Bowl	Friday after meeting	10 am

Speakers

The Speaker for October is Steve Dimmer with the Horrible History of Halloween
November's talk will be Don't forget the paper chains – a Wartime Christmas by Tricia Thompson.

Trips

Day trips June Mason 01536 726654

Timings at the Eden Centre

Main meeting – 2nd Wednesday of the month at the Eden Centre

Doors open – 1.15

Chair's Chatter – 1.55

Speaker – 2.05

Raffle – 3pm

Finish – 3.15

To all members

If you are aware of anything affecting one of our members such as an important birthday, anniversary or illness and feel that a card from the U3A would be appropriate please contact Lynne on 01536 618001



Newsletter Editor:

Please send contributions by 5pm, 30th of the month to sylviadale@live.co.uk If you can get them to us earlier that would be appreciated as the newsletter fills up and it is often a job to get the last contributions in.



Webmaster	Alan Bailey	01933 350147
Safeguarding Officer	Bob Moffatt	01536 659236



Committee – 2018-2019

Chairperson	Sylvia Dale	01536 411865
Vice Chair & Assistant Group		
Co-ordinator	Rosalind Bridges	01536 741455
Treasurer	John Cousens	01933 664602
Secretary	Lynne Franklin	01536 618001
Membership Secretary	Pauline Bailey	01933 350147
Group Co-ordinator	Pat Johnson	01536 483398
General Duties & committee desk	Tony Reed	01536 481733
Speaker Secretary	Julie Bates	01536 725538
General Duties & raffle	Linda Miller	01536 483773
General Duties & New Members	Jill Burgess	01536 515045
General Duties & Assist Speaker		
Secretary	Helen Hicks	01536 483109
General Duties	Gill Green	01536 513519
General Duties	Helen Checkley	01536 418618
General Duties	Lindsey Cole	01536 515689

