

# ISE Valley News

Kettering, Northants



Registered Charity Number 1179738

July 2019

## Chair's Chatter

Welcome to the AGM. I do hope that you will enjoy the afternoon. We will be entertained after the proceedings by the Recorder Group, the Ukelele Group and a selection of monologues/readings/poems by some of our members.

We are still looking for someone to run the Lunch Club. A few people have said that they would host some of the months lunches but we still need someone to takeover the work of finding those hosts.

There were a number of people who were interested in starting the Cinema Group. Unfortunately, there is no one who is willing to be Leader of the group and be the point of contact. Unless someone can do this the group will not run.

Kettering U3A is starting a new Art Group – details to follow later. They are also asking if any of our members are interested in joining their Family History Group. If anyone is interested, they are holding a Back to Basics (how to start researching your Family history) course on 9 September. Further details can be found on their home page at [www.U3AKettering.co.uk](http://www.U3AKettering.co.uk)

I would just like to say a very big 'THANK YOU' to all those members who have been helping out over the last few months. We could not manage without you. There have been those who have helped on the front desk; the tea ladies; Kathy and Harry on the second hand books and all those other people who have said 'yes' as soon as I have asked for help. It is very much appreciated.

Can I remind you to make sure that the correct address is on your renewal form. I recently put a refund cheque through the door of a member who lived near me. The cheque has not been cashed. When I asked a friend of hers about it, it appears that she moved **2 years ago** and hadn't bothered to change the address that we had!!!

Sylvia

## Gardening Club

Following last month's planting up of containers ready for the summer season, we are now beginning to see some of them starting to blossom. This month we shared views on a variety of gardening issues such as how and when to prune roses, how to get rid of pests attacking the plants and how to control weeds. It was good to end by having a walk around Chris and Peter's lovely garden to see the fruit ripening and the vegetables and flowers all in their various stages of growth and looking very healthy. June is such a beautiful time of year in the garden.

Greta

---

## Recorders.

The group members have enjoyed playing together for the past months and have been learning a variety of solo and ensemble pieces using descant and treble recorders and are looking forward to giving our first performance.

We will not be meeting during August but will start again in September. Our first meeting will be on September 9<sup>th</sup>.

The group is open to anyone who would like to join. Please contact Mary or Sue if you are interested (numbers are on the group page). If you are a complete beginner it may be possible to arrange separate sessions for you to begin with until you are ready to join the main group.

Mary

---

## Play reading

We decided to revisit 'Hobsons Choice' by Harold Brighouse for our Playreading this time. We were rather short on playreaders this month but it didn't prevent us from having an enjoyable afternoon with Willie Mossop

shoemaker played very adequately by one of the ladies marrying Maggie and eventually beating bullying Father, Henry Hobson played by our sole male member with the rest of us doubling up as various daughters and spouses. All helped along by Rosalind's tea and biscuits.

Carlene

---

## Book Group

This month our chosen author was Rachel Hore, a favourite of the book group.

The Silent Tide, a story of two women both in publishing but in different times so different in all aspects

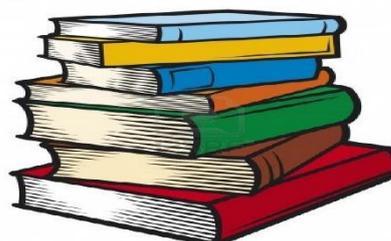
Our heroine is Isabel Barber who leaves home and comes to London to visit her sister who helps her with a place to live and introducing her to her artist friends

Isabel marries a famous novelist Hugh Morton who she has met whilst working at the publishers. I do feel that Isabel is very young and vulnerable and is swayed by Hugh.

The story switches from present day to Emily, who again works for a publisher and is helping with the research regarding Hugh Morton and finds lost papers of Isabel and her contribution to her husband success, which has been air brushed by his second wife.

I will not spoil this interesting story but recommend a perfect read, if like us become very enrapt with Isabel Barber's tale until the final end.

Margaret Turnbull



## **Discussion Group**

The Discussion Group met at 2pm on Wednesday 5<sup>th</sup> June. We were more like the Knit and Natter group – without the knit! Nattering away!!!

Did we think Sex education should be introduced to primary age children and where would our dream holiday be – the moon, the Seychelles, or just sitting by the seaside were mentioned.

Ted, being the only man, nodded off a few times – we will have to think of some livelier subjects for next month!

Thank you, Enid, for the tea and biscuits.

The next meeting is on Wednesday 3<sup>rd</sup> July at 2pm. Anyone who would like to join me would be very welcome.

Linda Miller

---

## **Knit and Natter**

We were very sorry and much saddened to learn of the death of our friend Carol Gray. She had done so well with her recovery from the problems she had last year and had even started driving again. She enjoyed her time with us – as she often said that we cheered her up when she was down – and we enjoyed having her with us. A lovely lady. RIP Carol.

Sylvia

---

## **Painting for Fun**

Another good session with Catherine our monthly tutor who showed us how versatile and vibrant Watercolour pencils are when we use them for landscapes.

She gives us instructions and inspiration to finish our monthly challenge with feedback on her next session. One of our newest members has left our group so we really need some budding artists to join our ranks where we give each other encouragement and hints and tips we have learnt. We are taking a Summer break

due to holidays but will be back on Monday 2nd September, hopefully with some new members.

Tessa Bellamy

---

## **Short Walks**

We did it again! A lovely summers day, which was good because this time we were walking the outer out reaches off Wicksteed Park and Barton Seagrave, it could have been too muddy but it was fine. Eight of us plus Teddy this time. Very lush grass, in places up to waist height. We, who have only lately moved to Kettering found another place that our long-time locals didn't know was there. The Southfield Farm Marsh nature reserve. Unfortunately, we could only show them where it was as it was very muddy, made worse by the cows that had churned the footpath into a quagmire. It is well worth look when dry. Then back to our house this time for refreshments, in the garden. All very pleasant, a good walk. Next time looks like it will be Mawsley.

Wanda and Bob

---

## **Camera Group**

We enjoyed a very pleasant afternoon taking our cameras around Wicksteed park. The weather was good and the swans delighted us by swimming past with their brood of very fluffy cygnets. I'm sure there will be a good show of our results at the August U3A meeting. Our next camera club gathering will be on the 15th July at 3, St. Mary's road when Steve will give us a reminder of how useful layers can be when exploring the photoshop software. The change of plan is because I am away in August.

Jenny

## Medium Walking Group.

Due to a lack of people signing up for the June walk it was cancelled. The low turnouts have been noticeable in recent months and with the peak holiday season in July and August it has sadly been decided not to hold walks during this period.

It is planned to hold a walk in September and depending on numbers a decision will be made as to whether there is enough support to enable the group to continue.

The walks are currently held on the last Tuesday of each month and are of 5 miles or so in length and we normally meet at a pub at 10.00hrs to order lunch aiming to start at 10.15, returning at about one o'clock to eat.

Members can also join the Kettering U3A walks which have a similar format and are held on the first Wednesday of the month.

The walks are a great way to get some exercise and see some of our lovely countryside in a relaxed social environment and it would be a pity to see the group fold for lack of support.

For more details please contact the group leader John Sumpter On 01536 722198.

---

## Singing for Pleasure

We have welcomed some new members recently and they are joining us when we visit the retirement homes to 'entertain'. It is nice to go into different ones – almost try before you buy!! We have only one more 'visit' before our Summer break.

We were very sad to learn of the death of Carol Gray who was a very big part of Singing for Pleasure. She was a lovely lady who had a great sense of humour and was a fabulous accompanist to our singing. She will be missed by all who knew her.

Sylvia

## Computer Club

We are currently looking at Searching the Net. There is room if you want to join us or just to drop in with a problem – give me a ring on 01933 350147. The next meeting will be 16<sup>th</sup> July when we will also be looking at searching Amazon, E-Bay etc.

Alan

---

## Making Music

We meet every Friday 2pm-4pm, at my home in Rushden. We have a lot of fun trying out our variations on tunes. Beginners and more experienced players on any instrument are welcome. And you get a free cuppa! If you fancy it, ring 01933 350147.

Alan

---

## Ukulele Group

The group meet fortnightly on Tuesday morning. We are all beginners and are sort of following a course from the internet. I hope the AGM will give you some idea of the standard we have reached after 1 year. We have training videos and songsheets. Illness has depleted our numbers so if you fancy joining us please ring me on 01933 350147. If you don't fancy learning the Ukulele (which is a lot of fun) but would just like to sing with us, the more the merrier.

Alan



## Ten Pin Bowling

Our meeting took place on Friday as usual with much banter and laughter. A lot of good bowling happened with 24 spares and strikes achieved, which was a record, but no one achieved a personal best.

New members are most welcome to come and join in the fun.

Dai Johnson

---

## News from the Groups.

All groups seem to be running smoothly and there are some spaces. Please contact the Individual group leaders for information. The art group are still looking for more members, and there are spaces in Swimming, Keep Fit, Maths, Camera Group, Yoga, Ballroom Dancing and Ten Pin Bowling. So far, the Cinema Group has no-one to co-ordinate it, so if anyone feels able to do this, we would be very grateful. We also need an overall co-ordinator for the Lunch club. Various members have volunteered to run single lunches, so watch out for details and a sign-up list at the meeting. If you want to go to the Christmas lunch, you need to be a supporter of the group. We would love to be able to set up some more groups and would welcome suggestions from our members.

Pat Johnson and Rosalind Bridges.

---

## Travel Group

We had a lovely time, visiting villages on one of John's travel safaris. We had coffee at Naseby, an excellent lunch at Welford where most of us also had a walk by the canal.

We ended up at Wistow garden centre for tea. We also looked in the shops and

admired the model village. Thanks to John and Dai who did the driving. Our next meeting will be on July 16th.

Geraldine.

---

## Spanish

We were without Bob and Bill to tutor us in our first lesson so we revised verbs, and vocabulary and learned about Equatorial Guinea where Spanish is their main language.

Bob and Bill were back in our second session and we found our revision was well worthwhile. We also read about the mobile phone usage of Spanish teenagers from our Que Tal Spanish magazine which gives us translation practice and information too.

Geraldine

---

*Christmas Extravaganza at*

*Wicksteed Park*

*Wednesday 4<sup>th</sup> December*

*We have a group booking for the above  
which includes*

*Coffee; lunch, tea*

*West End performers with a full show*

*To book, a deposit of £5 is required before  
the end of July. Full payment by October.*

*Arrive 10.30am for coffee*

*First half of the show*

*Lunch at 11.45 (menu on trip desk)*

*Tea at 2.30*

*Second half of the show,*

*Leave at 4.15*

*Total cost is £26*

**“Songs for a Summer evening”** with the Variations Choir, soloist Annabelle and Christopher on Trombone. Musical Director Christine Howlett. At the United Reformed Church, London Road. Kettering, 7.30pm on Saturday the 13th July. Tickets Adults £6. Under 12’s £3 or available at the door, includes refreshments. Telephone 01536 513548/723376

Proceeds go to Macmillan Cancer Care and Marie Curie.

---

**“Midsummer Melodies”** An evening of music with Cransley Hospice Community Choir and friends. On Thursday 18th July at 7.30pm (doors open at 7pm) At the Kettering Science Academy. Deeble Road, Kettering NN15 7AA. Tickets £7 including refreshments. Tickets available from Cransley Hospice Fundraising Office (01536 452423 or Cransley Coffee Shop. All Proceeds to Cransley Hospice.

---

A coach trip to

**OXFORD**

On Thursday **3<sup>rd</sup> October**

Coach leaves Kettering at  
9am

Leaves Oxford 4 - 4.30pm

This gives plenty of time  
to visit the shops or  
attractions that Oxford  
has to offer.

Doreen is on the trip desk  
taking details of those  
who want to book a seat.

Cost is £12

*Forestry England*

Volunteer with us

Join our regular groups at

**Salcey Forest &  
Silverstone**

If you enjoy the outdoors,  
want to learn new skills,  
meet new people and help us  
look after the Nation’s  
forests, why not get  
involved with your local  
group today?

For further information  
contact:

[Claire.underhill@forestryengland.  
uk](mailto:Claire.underhill@forestryengland.uk)

01604 863830

## Activity Groups and Leaders

Day/Group	Leader	Telephone	Venue	Frequency	Time
<b>Monday</b>					
Painting for Pleasure	Tessa Bellamy	07854 864632	Mind Centre	Weekly	10-12
Book Club	Margaret Turnbull	01536 511139	Varies	3 <sup>rd</sup> Monday	2pm
Camera Club (advanced)	Jenny Goddard Pat Johnson	01536 482972 01536 483396	Home	Monday after main meeting	2-4pm
Canasta	Margaret Hall	01536 512215	Kettering Bridge Club	Weekly	2-4pm
Knit and Natter	Sylvia Dale	01536 411865	Members home	fortnightly	2-4pm
Mahjong/Scrabble	Linda Law	01536 659091	B.S Village Hall	2 & 4 <sup>th</sup>	2-4pm
Play Reading	Rosalind Bridges	01536 741466	Varies	1 <sup>st</sup> Monday	2-4pm
Swimming	Isabel Collins	01536 520971	K. Swimming Pool	Weekly termtime	9-9.45
Maths for Fun	Chris Crick	07490 591224	Home	2 & 4 <sup>th</sup>	10-12
Recorder Group	Mary Cooper Sue Hartley	01536 420336 01536 357676	Central Methodist Church School Lane, Kettering	2 <sup>nd</sup> & 4 <sup>th</sup>	2.30-3.30
Yoga Group	Annette	01536 513234	St Andrews Church Rooms	Weekly termtime	11.15-12.45
<b>Tuesday</b>					
Walking (medium)	John Sumpter	01536 722198	Varies	Last Tuesday	10am
Ukelele group	Alan Bailey	01933 350147	Home	Fortnightly	10am
Travel	G. Hardwick	01536 481203	Member's home	3 <sup>rd</sup>	2pm
Camera Club beginners	Julie Bates	01536 745538	Home	2 <sup>nd</sup>	2pm
Computer Club	Alan Bailey	01933 350147	Members home	Fortnightly	10-12
<b>Wednesday</b>					
Keep Fit	Katie Reynolds		BL Civic Centre	Weekly	9.45-10.30
Country Dancing	Janice Angles	07768 169490	St Andrews Hall	2 <sup>nd</sup> & 4 <sup>th</sup>	10.45
Discussion Group	Linda Miller	01536 483773	Home	1 <sup>st</sup>	2pm
Gardening Club	Chris Ditre S Tecklenberg	01536 723145 01832 733419	Varies	1 <sup>st</sup>	10am
<b>Thursday</b>					
Short Walks	Wanda Moffatt	01536 659236	Varies	3 <sup>rd</sup>	10 am
Music Appreciation	Ken Bridges	01536 741455	Home	Varies	2-4pm
Spanish	G Hardwick	01536 481203	Hertford C Centre	1 <sup>st</sup> & 3 <sup>rd</sup>	2-4pm
<b>Friday</b>					
Making Music	Alan Bailey	01933 350147	Home	Weekly	2-4pm
Singing for Pleasure	Jill Dee	01536 514054	Fuller Church	Fortnightly	10am
Ballroom Dancing	Pat Johnson	01536 483398	St Edwards Church	Weekly	11.45
Ten Pin Bowling	Dai Johnson	01536 483398	Thunder Bowl	Friday after meeting	10 am

### Speakers

The Speaker for August will be Denise Legge with her talk on Elizabeth, a Tudor Housewife

## **Trips**

Day trips          June Mason                  01536 726654

## **Timings at the Eden Centre**

Main meeting – 2<sup>nd</sup> Wednesday of the month at the Eden Centre

Doors open – 1.15

Chair's Chatter – 1.55

Speaker – 2.05

Raffle – 3pm

Finish – 3.15

## **To all members**

If you are aware of anything affecting one of our members such as an important birthday, anniversary or illness and feel that a card from the U3A would be appropriate please contact Lynne on 01536 618001



## **Newsletter Editor:**

Please send contributions by 5pm, 30<sup>th</sup> of the month to [sylviadale@live.co.uk](mailto:sylviadale@live.co.uk) If you can get them to us earlier that would be appreciated as the newsletter fills up and it is often a job to get the last contributions in.



## **Webmaster**

Alan Bailey

01933 350147

## **Safeguarding Officer**

Bob Moffatt

01536 659236



## **Committee – 2018-2019**

Chairperson	Sylvia Dale	01536 411865
Vice Chair & Assistant Group		
Co-ordinator	Rosalind Bridges	01536 741455
Treasurer	John Cousens	01933 664602
Secretary & Assistant Speaker		
Secretary	Lynne Franklin	01536 618001
Membership Secretary	Pauline Bailey	01933 350147
Group Co-ordinator	Pat Johnson	01536 483398
General Duties & committee desk	Tony Reed	01536 481733
Speaker Secretary	Helen Checkley	01536 418616
General Duties & raffle	Linda Miller	01536 483773
General Duties & New Members	Jill Burgess	01536 515045
General Duties	Helen Hicks	01536 483109
General Duties	Gill Green	01536 513519

