

ISE Valley News

Kettering, Northants



Registered Charity Number 1179738

January 2019

I hope that you all had a great Christmas and are looking forward to 2019.

Before we look forward, we must look back to 2018 and say a big THANK YOU to all those members who have helped throughout the year; to the Group Leaders; to the committee; to the ladies who organised trips and theatre visits; to the members who help at the second-hand book stall; those who help serve the teas each month and do meet and greet for us; and to two people who helped to make the Christmas party special with their home-made Christmas Cake (delicious) Doreen Riley and the fabulous home-made quiches by Jill Burgess. Their contribution really helped to make the Christmas party food great.

If you were lucky enough to win a table decoration at the party, could you return the saucer to Jenny Goddard so that we have them for next year. Thanks.

We are looking forward to seeing different Speakers this year – some you will like and some you won't, as we can't please everyone! This month it is Adrian Perkins with a talk about the Ghost Detective.

Sylvia



Trips

Firstly, we would like to thank all who have travelled with us on the trips over the years and those who contributed to the collection that was arranged for us. We both received Post Office Vouchers value £15.00, vouchers for Afternoon Tea at Bosworths and tins of Shortbread Biscuits. This was a lovely surprise, many thanks to the organiser.

We would also like to thank the Committee for the presentation at the Christmas Party of the lovely bouquets of flowers and the vouchers for Afternoon Tea at the Beckworth Garden Centre. We have both enjoyed doing the trips and can only remember having one horrible day and that was when we went to Downton Abbey and it poured all day. We now look forward to coming on the trips and taking a back seat!! Again, many thanks.

Julie and Jessie.

Beginners Camera Group.

There will be no meeting in January due to holidays. The next meeting will be on the 12th February at the usual venue meeting at 2.00pm. The subject will be taking photographs of different shapes, so please bring along different vegetables etc.

Julie Bates.

Play reading

This month's play was "A Christmas Carol" by Charles Dickens, dramatised by Kenelm Foss. Only 4 of us today, but we still enjoyed this short version of Scrooge and his "Visitations"!! A fun way to end the year. Our next get-together will be on the 28th January 2019

Ken Bridges

Book Club

This month we enjoyed a new novel from A.J. Finn an American author who enjoyed studying in England at University when he was younger. Anna Fox is recovering from a traumatic accident which has left her agoraphobic and unable to relate to the real world. Her world revolves around looking out of the window watching her neighbours and drinking far too much red wine while watching black and white movies. New neighbours, the Russells, a son with his mother and father move in. Anna watching out of the window sees a horrific murder which makes Anna spiral out of control and sadly no-one believes her. Has she imagined this or was it real? The story gathers pace with several red herrings along the way. Several suspects and friends but who believes Anna's story? No one except a policeman. I will recommend this book for you to read yourselves. As to say more would only ruin the exciting conclusion for you. Be warned it will keep you guessing right to last page.

Margaret Turnbull

Knit and Natter

We finished off the year with a Christmas lunch at the Lamb at Little Harrowden. We missed three members who were either away or ill on the day, but it didn't stop us having a great time.

Looking forward to what 2019 brings.

Sylvia

Singing for Pleasure

We have spent the last two months going around the retirement homes in Kettering and entertaining them. In all but one we have had a very good reception. In one – Windsor Gardens – no one turned up to listen to us. The Ukulele group had arranged to join us so we were quite a big party. We sat there and had a chat and still no one came in, not even the Manager to apologise. So, in the end we played a couple of our favourite carols/songs with the ukulele's and went home. What a waste of an afternoon! We had confirmed a couple of days previously that we would be coming so the Management did know but didn't tell the residents.

Looking forward to working out a new programme for 2019 now.

Sylvia

Ten Pin Bowling

Our last session of the year proved to be a very successful one with 16 strikes/spares achieved in total by the group, resulting in lots of "high fives." Jenny and Isabel achieved personal bests. The highest score for the session was 134. Will you be joining us in the New Year?

Dai Johnson

News from the Groups.

There is a new Yoga class starting on the 7th January at St Andrews Church Hall. It is a 7 week course run by Annette and it costs £ 72. The time is from 11.15 to 12.45. In order to make this course viable there will be our U3A members as well as some members of the public there.

After the closing of the Keep Fit Group, we have been trying to set up a new class. Hopefully, at the January meeting we will be able to give you some more details. We also hope that more of you will join the new Cinema group, so that we can get that started in the New Year.

During 2019 we would love to be able to set up more new groups. If you have any ideas or skills you could share with others please let us know.

Pat Johnson and Rosalind Bridges

Camera Group

At our last meeting of the year we brought our favourite photo of the year and explained why we chose it. Our plans for next year include teaching on cloning and layers, themed sessions and quite a few visits or walk-about. The 1st meeting in January is on the 21st, when our theme is 'sweet things'. Please bring your cameras, and a happy new year to you all.

Jenny

Painting for Pleasure

We had a fairly quiet months painting with one or two absentees due to holidays and ill health, however we all continue to enjoy the sessions and with Catherine's help several of us are getting more adventurous and trying out new painting projects. It's a short month with Christmas taking a week out, but we are all looking forward to the New Year and more painting projects with the help of Martin and Catherine.

Carlene Lee

Theatre Trips

22nd May 2019 Nottingham Theatre...Annie...£46.. There are still a few seats available should any friends or family be interested.

Joyce Williams

Coffee Mornings

Coffee mornings for January are at the Cransley Hospice Coffee Shop on Thursday 10th January and the 24th at 10.30am. Look forward to seeing you there.

Committee

There are still 2 places vacant on the committee. If anyone is interested in helping out, please let me know.

Sylvia

Newsletter Deadline

Reminder that the deadline for the newsletter is the 30th of the month at 5pm. It has to be proof read and passed to the printer then so we have no spare time to add anything after that date.

Members like to hear what is going on in your groups, so do send your reports to me at sylviadale@live.co.uk



VOLUNTEERS NEEDED TO LISTEN TO CHILDREN READ IN LOCAL PRIMARY SCHOOLS

Can you spare an hour or two a week to listen to children read in a local primary school? Schoolreaders is looking for more volunteers in Northamptonshire to carry out this important role.

Reading time for many children at home and at school is often insufficient and one in four children are now leaving primary school unable to read to the required standard. This can have a lifelong consequence. No qualifications are necessary, just a good command of spoken and written English.

Schoolreaders is flexible and will match your availability to an appropriate, local school. Our volunteers find the scheme incredibly rewarding, knowing that a few hours helping a child learn to read each week can have such a great impact on their life chances.

Please visit the website www.schoolreaders.org to join or call 01234 924111 for further information.

Charity Number: 1159157

Coach Trip

Thursday 21st March

To:

Boundary Mills

and

Belton House

(near Grantham)

If you are interested please go to the Trips Desk and sign up.

Members Reminder

Wheelchair access is through the rear door of the Eden Centre. Please ring the bell and wait for someone to open the door for you. Although committee members are listening out for the bell, it may take a few minutes for someone to get to you, so please be patient.

If you have trouble hearing then sit on the left-hand side of the hall facing the stage, where there is a hearing loop installed.

SPEAKERS FOR 2019

January 9 th	The Ghost Detective	Adrian Perkins
February 13 th	Behind the call of Duty (Policemen)	Bob Thoroughgood
March 13 th	Don't Dilly Dally – The history of the Old Time Music Hall	Tricia Thompson
April 10 th	A Teller of Tales	Maria Dzedzan
May 8 th	A Tribute to Les Dawson	Mike Leonard
June 12 th	The Plague Doctor of Eyam	David Bell
July 10 th	AGM	
August 14 th	Elizabeth, a Tudor Housewife	Denise Legge
September 11 th	Songs from the Shows	Rosemary Leonard
October 9 th	The Horrible History of Halloween	Steve Dimmer
November 13 th	Don't forget the Paper Chains – a Wartime Christmas	Tricia Thompson
December 11 th	Stanwick Handbell Ringers	



Activity Groups and Leaders

Day/Group	Leader	Telephone	Venue	Frequency	Time
Monday					
Art Group	Martin Dale	01536 411865	Mind Centre	Weekly	10-12
Book Club	Margaret Turnbull	01536 511139	Varies	3 rd Monday	2pm
Camera Club (advanced)	Jenny Goddard Pat Johnson	01536 482972 01536 483396	Home	Monday after main meeting	2-4pm
Canasta	Margaret Hall	01536 512215	Kettering Bridge Club	Weekly	2-4pm
Knit and Natter	Sylvia Dale	01536 411865	Members home	fortnightly	2-4pm
Mahjong/Scrabble	Linda Law C. Strangwood	01536 659091 01536 725265	B.S Village Hall	2 & 4 th	2-4pm
Play Reading	Rosalind Bridges	01536 741466	Varies	1 st Monday	2-4pm
Swimming	Isabel Collins	01536 520971	K. Swimming Pool	Weekly termtime	9-9.45
Basic Maths	Chris Crick	07490 591224	Home	2 & 4 th	10-12
Recorder Group	Mary Cooper Sue Hartley	01536 420336 01536 357676	Central Methodist Church School Lane, Kettering	2 nd & 4 th	2.30-3.30
Yoga Group	Annette	01536 513234	St Andrews Church Rooms	Weekly termtime	11.15-12.45
Tuesday					
Walking (medium)	John Sumpter	01536 722198	Varies	Last Tuesday	10am
Ukelele group	Alan Bailey	01933 350147	Home	Fortnightly	10am
Travel	G. Hardwick	01536 481203	Member's home	3 rd	2pm
Camera Club beginners	Julie Bates	01536 745538	Home	2 nd	2pm
Computer Club	Alan Bailey	01933 350147	Members home	Fortnightly	10-12
Wednesday					
Country Dancing	Janice Angles	07768 169490	St Andrews Hall	2 nd & 4 th	10.45
Short Walks	Wanda Moffatt	01536 483773	Varies	3 rd	10 am
Discussion Group	Linda Miller	01536 483773	Home	1 st	2pm
Gardening Club	Chris Ditre S Tecklenberg	01536 723145 01832 733419	Varies	1 st	10am
Thursday					
Music Appreciation	Ken Bridges	01536 741455	Home	Varies	2-4pm
Spanish	G Hardwick	01536 481203	Hertford C Centre	1 st & 3 rd	2-4pm
Friday					
Making Music	Alan Bailey	01933 350147	Home	Weekly	2-4pm
Singing for Pleasure	Jill Dee	01536 514054	Fuller Church	Fortnightly	10am
Ballroom Dancing	Matilda Harvey	01536 522195	St Edwards Church	Weekly	11.45
Ten Pin Bowling	Dai Johnson	01536 483398	Thunder Bowl	Friday after meeting	10 am

Trips

Day trips June Mason 01536 726654
Theatre Visits Joyce Williams 01536 482566 and Jean Issitt 01536 513218

To all members

If you are aware of anything affecting one of our members such as an important birthday, anniversary or illness and feel that a card from the U3A would be appropriate please contact Lynne on 01536 618001



Newsletter Editor:

This is Martin Dale. Please send contributions by 5pm, 30th of the month to sylviadale@live.co.uk. If you can get them to us earlier that would be appreciated as the newsletter fills up and it is often a job to get the last contributions in.



Webmaster

Alan Bailey

01933 350147



Committee – 2018-2019

Chairperson	Sylvia Dale	01536 411865
Vice Chair & Assistant Group		
Co-ordinator	Rosalind Bridges	01536 741455
Treasurer	John Cousens	01933 664602
Secretary & Assistant Speaker		
Secretary	Lynne Franklin	01536 618001
Membership Secretary	Pauline Bailey	01933 350147
Group Co-ordinator	Pat Johnson	01536 483398
General Duties & committee desk	Tony Reed	01536 481733
Speaker Secretary	Helen Checkley	01536 418616
General Duties & raffle	Linda Miller	01536 483773
General Duties & New Members	Jill Burgess	01536 515045

