

ISE Valley News

Kettering, Northants



Registered Charity Number 1179738

August 2019

Chair's Chatter

I hope you enjoyed the AGM in spite of the sound problems we had. It was lovely to hear the recorder and ukulele groups perform. They have all worked very hard as everyone was a novice a year ago.

With our Speaker this month we will be enjoying tales from an Elizabethan housewife. Glad I didn't live in those times!

Next month – September – will see the return of the Produce stall. If you have any excess fruit, vegetables or plants please bring them in and we will be supporting another charity with the proceeds. Any suggestions as to which charity will be gratefully received.

September's 'Speaker' will be a singer who has been recommended to us by a member. Chris Parker has performed recently at Christ the King and was very well received, so we can look forward to a tuneful afternoon.

Look out for:

Vikings at Rockingham Castle on the 25 and 26 August 12 – 5pm. Something for the grandchildren!

Kettering Carnival is on 17th August. It leaves the Grange Estate at 1pm.

Lampport Hall Collectibles and Vintage Fair is on 25 and 26th August 10 – 4pm.

Sylvia

Music Appreciation

Having cancelled our June meeting, we met on Thursday 4th July. The theme for our music choices was "Dance". We started with "Shall we dance" from the King and I, then the 7 Veils (R. Strauss), Jive at 5 (Count Basie) and Offenbach's Can Can. We continued with items by Katie Melua, Grieg (Anitra's Dance) and George Shearing (Cool Mambo). Then we enjoyed further music that included The Twist; Danse Macabre; Dance Ballerina, Dance; The Charleston and The Shimmy.

Ken & Rosalind Bridges



Tech corner

Fact: Over the last 12 months 2668 people have visited the Ise Valley U3A website and probably read all about what you have been up to in the Newsletters!

Alan



Computer Club

We have 3 new members and possibly more! We are now at full strength unless Chris has an extension built! We are looking at searching Argos, Amazon and Ebay and also simple changes to the settings to put holiday pictures up as a slideshow or a special picture of a pet or loved one as the desktop display; changes to the mouse pointer etc.

Ukulele Group

Hope you enjoyed the singalong at the AGM. If anyone would like to join us we have one or two spare ukes which you can try to see if you like it. Why not come along (we meet fortnightly on Tuesday morning) and see if it is for you. If you don't fancy learning the Ukulele (which is a lot of fun – we have training videos to help) but would just like to sing with us, the more the merrier. By the time you read this we will have been on another Gig at Orchard House.

Alan



Gardening Club

"This month we visited Helen's garden in Rothwell. It was a lovely sunny morning so we were able to sit outside and admire all the special features in this beautiful garden. At the far end a high wall with overhanging roses formed the background to a raised bed fronted by a dry-stone wall and covered in a variety of colourful flowers. Other features included a very attractive, almost life-sized bicycle on the wall of the house and an old water pump, as well as several other ornaments, all of which enhanced the attraction of the garden. Helen had been busy baking and we were treated to a variety of lovely home-made cakes and cookies. It goes without saying that no-one was in any hurry to leave! Thank you, Helen, for your warm welcome and for making our visit such an enjoyable experience."

Greta Cheshire

Book club

This month our author was Fern Britton some-one we hadn't read before. I was surprised how many books she has written. Our book was The Newcomer. The description of the Cornish coast makes you want to visit and meet the character's Fern introduced in her book. The story begins with a newly ordained vicar and her family joining the residents in Pendruggen for a year's stay whilst the resident vicar and his family spend time in Brazil. The story introduces some lovely characters that Angela bonds with in the short time she has in the village. Sadly she has to experience deaths, poison-pen letters and jealousy. But of course, all ties neatly into a bow at the finish.

If you are planning a nice easy read this is for you

Margaret Turnbull



Play Reading

We were a rather depleted group meeting this week, but we all enjoyed the play 'House Guest' by Francis Derbridge, which involved the kidnapping of a small child, murder and smuggling just for starters with unwanted house guests on the side. We still need more Gents to join Ron, so come on you frustrated actors come and join Ros and her group of players

Carlene Lee

Singing for Pleasure

This month has seen us have our last singing meeting until September. We celebrated with a lovely meal at the Dovecote and had our last 'performance' at Windsor Gardens. This year we had a large audience in a lovely setting and were offered a beautiful buffet afterwards. It was gratefully received.

The following day we all attended the memorial service for our friend Carol Gray. A lovely service that she had requested with all her favourite hymns. There is no doubt that she will be missed by all her friends.

Sylvia



Short Walks

Our walk this month took us to Mawsley. We met in the centre of the village. There was plenty of parking. It was Sue and Brian Coulson's suggestion. Eight of us this time, plus Teddy of course. We thought it was going to be our first walk in the rain but we were ready and got quickly under way. We were soon striding through corn fields, farm tracks and a field of sheep - a very rural walk. Thankfully, the rain eased off and rain gear discarded into bags and then we were hot! ☐. Back in the car park there is a cafe, "Coffee at 9", which provided refreshments. They were very good value. Mike had a huge doorstep ham sandwich with crisps and salad. See you all next month at the meeting.

Wanda, Bob and Teddy

Spanish.

We had two excellent sessions this month. We are ploughing through Pasos 1 revising times and verbs. We are slowly improving our conversation skills with Bill's help. This week we learned about Chile from our Que Tal magazine. The new system at Hertford Rd is working well.

Geraldine



Travel Group

Although we had a few holiday absences we had a great time watching Pat's photos of Liverpool. She and Dai went to see the tall ships and they all looked magnificent in the parade. She even met some other Ise U3A members there. What an interesting city Liverpool is and well worth a few days away. Afterwards we ate our strawberries and cream. Yum!

Geraldine

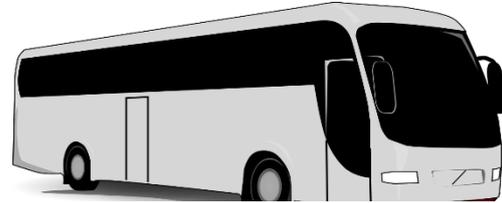


Trip to Cromford

We had a super day out with Andy who tried his best to keep us all as cool as possible. At Willersley Castle we all had a brief look around and had a good cooked lunch after which we boarded the coach for the Mill. Some of us went around the Mill and some round Arkwright's village and we all went into the lock-up! The tour guide was

excellent. We then had a cream tea followed by a good journey home.

Angela and Alan



Coffee Morning

This month's coffee morning at Cransley Hospice Coffee Shop is on Thursdays the 15th and 29th August. Come and join the regulars, make new friends and put the world to rights!

Sylvia



Ten Pin Bowling Group.

Another session where we all seemed to enjoy ourselves without reaching the heights of the previous weeks. It is nice to know that the investment into improving the decor and experience at the Bowling centre will ensure our future at the venue is safe. New members are always welcome.

Dai Johnson

News from the Groups.

Good news for all those who wanted us to start a cinema group. Tony Reed, one of our Committee members has kindly agreed to co-ordinate this Group. I have tried to contact you all to ask your permission to share your phone/email with the rest of the group. If one of you suggests a film you would like to see, Tony can email everyone. More details at the meeting..

Watch out too for John and Pat Cousens who will be organising the next Lunch Club.

One of our newest members has volunteered to set up a small sketching group. Look out for a sign-up sheet at the meeting.

We would like to set up at least 3 more Groups this year, so if you have an interest or hobby you could share please let us know. It can be a small home-based group, or a larger group in a local hall.

Pat Johnson and Rosalind Bridges.



Mahjong and Scrabble

We continue to meet in the café at the Village Hall on the Red Row estate, off Polwell Lane, Barton Seagrave on the second and fourth Mondays of the month at 1.45pm. We have plenty of room to accommodate more players at these free sessions and will give you help if you are new to either game. The facilities are good with a wide range of drinks available. There is parking at the Hall but also the 47,48,49 and 50 buses from Kettering stop nearby. Come along and give us a try we are open to Ise Valley and Kettering U3A.

Linda Law

Camera group

After reviewing our sepia photos of Wicksteed park, Steve gave us a session on “levels” using photoshop elements. Our homework is to take a photograph, use levels to change it or add something to it, then develop the two to show the differences-if you can! Don’t forget, there is no meeting in August, but at the September meeting bring a photo showing contrasts.

Jenny



I AM NOT OLD

My eyes are fine; they are just printing words small,
I just use a walking stick to seem stately and tall.

Nothing is wrong with my sense of smell,
My ears are fine if you don’t whisper but yell.

The wrinkles are just laugh lines; they will go away.
It is fashion that has turned my hair from black to grey.

It’s the cold, not age that is stiffening my knees.
I like to hum as I walk; it’s not a wheeze.

What extra kilos? My scale is broken down.
If I try, I can still fit into my wedding gown.

My bones don’t creak; my shoes are new.
My memory is sharp – oh, do I know you?

Nandita Shailesh Shanbhag

Trip Notices

Payment for the coach fare for Dolly Parton's 9-5 will be collected at the September and October meetings.

Final Payment for the Wicksteed Park Extravaganza will also be collected at the September and October meetings.

If you cannot get to these meetings please make sure that your payment gets to Julie Bates for the Theatre and June Mason for Wicksteed.

Quiz

With or without

Fish and chip supper

(chicken or sausage)

Wednesday 23rd October

The Athletic Club

Doors open 7.15

Start 7.30

Teams of 6 people maximum

Quiz only £2

Quiz with supper £6

Tickets available from Tony
at the committee desk.

Non members welcome

COACH TRIP TO

OXFORD

**SPEND THE DAY
EXPLORING THIS
BEAUTIFUL CITY.**

Thursday 3rd October

**Doreen is at the Trip
Desk taking bookings**

Cost is £12

Activity Groups and Leaders

| Day/Group | Leader | Telephone | Venue | Frequency | Time |
|------------------------|------------------------------|------------------------------|--|-----------------------------------|-------------|
| Monday | | | | | |
| Painting for Pleasure | Tessa Bellamy | 07854 864632 | Mind Centre | Weekly | 10-12 |
| Book Club | Margaret Turnbull | 01536 511139 | Varies | 3 rd Monday | 2pm |
| Camera Club (advanced) | Jenny Goddard Pat Johnson | 01536 482972 01536 483396 | Home | Monday after main meeting | 2-4pm |
| Canasta | Margaret Hall | 01536 512215 | Kettering Bridge Club | Weekly | 2-4pm |
| Knit and Natter | Sylvia Dale | 01536 411865 | Members home | fortnightly | 2-4pm |
| Mahjong/Scrabble | Linda Law | 01536 659091 | B.S Village Hall | 2 & 4 th | 2-4pm |
| Play Reading | Rosalind Bridges | 01536 741466 | Varies | 1 st Monday | 2-4pm |
| Swimming | Isabel Collins | 01536 520971 | K. Swimming Pool | Weekly termtime | 9-9.45 |
| Maths for Fun | Chris Crick | 07490 591224 | Home | 2 & 4 th | 10-12 |
| Recorder Group | Mary Cooper Sue Hartley | 01536 420336 01536 357676 | Central Methodist Church School Lane, Kettering | 2 nd & 4 th | 2.30-3.30 |
| Yoga Group | Annette | 01536 513234 | St Andrews Church Rooms | Weekly termtime | 11.15-12.45 |
| Tuesday | | | | | |
| Walking (medium) | John Sumpter | 01536 722198 | Varies | Last Tuesday | 10am |
| Ukelele group | Alan Bailey | 01933 350147 | Home | Fortnightly | 10am |
| Travel | G. Hardwick | 01536 481203 | Member's home | 3 rd | 2pm |
| Camera Club beginners | Julie Bates | 01536 745538 | Home | 2 nd | 2pm |
| Computer Club | Alan Bailey | 01933 350147 | Members home | Fortnightly | 10-12 |
| Wednesday | | | | | |
| Keep Fit | Katie Reynolds | | BL Civic Centre | Weekly | 9.45-10.30 |
| Country Dancing | Janice Angles | 07768 169490 | St Andrews Hall | 2 nd & 4 th | 10.45 |
| Discussion Group | Linda Miller | 01536 483773 | Home | 1 st | 2pm |
| Gardening Club | Chris Ditre S Tecklenberg | 01536 723145 01832 733419 | Varies | 1 st | 10am |
| Thursday | | | | | |
| Short Walks | Wanda Moffatt | 01536 659236 | Varies | 3 rd | 10 am |
| Music Appreciation | Ken Bridges | 01536 741455 | Home | Varies | 2-4pm |
| Spanish | G Hardwick | 01536 481203 | Hertford C Centre | 1 st & 3 rd | 2-4pm |
| Friday | | | | | |
| Making Music | Alan Bailey | 01933 350147 | Home | Weekly | 2-4pm |
| Singing for Pleasure | Jill Dee | 01536 514054 | Fuller Church | Fortnightly | 10am |
| Ballroom Dancing | Pat Johnson | 01536 483398 | St Edwards Church | Weekly | 11.45 |
| Ten Pin Bowling | Dai Johnson | 01536 483398 | Thunder Bowl | Friday after meeting | 10 am |

Speakers

The Speaker for August will be Denise Legge with her talk on Elizabeth, a Tudor Housewife

Trips

Day trips June Mason 01536 726654

Timings at the Eden Centre

Main meeting – 2nd Wednesday of the month at the Eden Centre

Doors open – 1.15

Chair's Chatter – 1.55

Speaker – 2.05

Raffle – 3pm

Finish – 3.15

To all members

If you are aware of anything affecting one of our members such as an important birthday, anniversary or illness and feel that a card from the U3A would be appropriate please contact Lynne on 01536 618001



Newsletter Editor:

Please send contributions by 5pm, 30th of the month to sylviadale@live.co.uk If you can get them to us earlier that would be appreciated as the newsletter fills up and it is often a job to get the last contributions in.



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|-----------------------------|-------------|--------------|
| Webmaster | Alan Bailey | 01933 350147 |
| Safeguarding Officer | Bob Moffatt | 01536 659236 |



Committee – 2018-2019

| | | |
|---------------------------------|------------------|--------------|
| Chairperson | Sylvia Dale | 01536 411865 |
| Vice Chair & Assistant Group | | |
| Co-ordinator | Rosalind Bridges | 01536 741455 |
| Treasurer | John Cousens | 01933 664602 |
| Secretary | Lynne Franklin | 01536 618001 |
| Membership Secretary | Pauline Bailey | 01933 350147 |
| Group Co-ordinator | Pat Johnson | 01536 483398 |
| General Duties & committee desk | Tony Reed | 01536 481733 |
| Speaker Secretary | Julie Bates | 01536 725538 |
| General Duties & raffle | Linda Miller | 01536 483773 |
| General Duties & New Members | Jill Burgess | 01536 515045 |
| General Duties & Assist Speaker | | |
| Secretary | Helen Hicks | 01536 483109 |
| General Duties | Gill Green | 01536 513519 |
| General Duties | Helen Checkley | 01536 418618 |
| General Duties | Lindsey Cole | 01536 515689 |

