

March 2018



**Pop in Coffee Morning**



**At the Kino Lounge**

**Will now be 2<sup>nd</sup> and 4<sup>th</sup> Thursdays**

**In the month.**

**Everyone welcome.**



**Quiz with Fish and Chip Supper**

**9<sup>th</sup> April**

**At the Athletic Club, Rockingham Road**

**Doors open at 7.15pm**

**Tickets £6 from the Committee desk**



***Today's Speaker is Geoff Lambert – My Dog's Nose Knows***



## Garden Group

At our first meeting of the year we were pleased to welcome a new member, Helen, to the group. On a cold, bright sunny morning we spent a very pleasant couple of hours planning our programme for the rest of the year. There are so many different aspects of gardening, from planting seeds to visiting a member's garden, growing herbs and visiting garden centres. We now have so much to look forward to during the months ahead.'

Greta Cheshire

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## Play Reading Group

We met at Carlene's house to read the play 'Run for Your Wife'. a comedy by Ray Cooney.

What a play! Full of misunderstandings perpetuated by John played by Ron (still our only male reader, any other gents would be made very welcome) having two wives at the same time, it all becomes very confused with neighbour Stanley, played very manfully by a lady playreader, getting embroiled in the foursome, and the detectives who became as confused as the wives, not to mention Bobby from upstairs. A great play with lot of laughter washed down with copious cups of tea. Don't forget, any men out there we'd love you to join us!

Carlene Lee

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## Discussion Group

The Discussion Group met at 2pm on Wednesday 7<sup>th</sup> February. We discussed what innovations in our lifetime had had an impact on our lives: the washing machine; the pill; Television; NHS; computerisation to name but a few. Then on to Northants County Council – in deep financial trouble, aren't they? Had lots of chat over tea and biscuits – tried not to mention Donald Trump and Brexit – but failed!

The next meeting is on Wednesday 7<sup>th</sup> March.

Linda Miller

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## Trips

**Denby Pottery.** Derbyshire. Thursday April 12th. £20.00 Members who have paid for this trip please collect their receipts/tickets at March meeting.

**Shugborough Estate** Visit. May 22nd 2018. Will members who put their names down for Shugborough please pay at the March meeting. £24.50. National Trust Members £12.50.

**Cambridge.** 5th July 2018. Morning Sightseeing etc and Boat Cruise with cream tea in the afternoon. The list will be out for names for this trip at the March meeting. The cost of this trip is £32.00 which includes coach, river cruise with cream tea. Please put your names down if seriously interested.

**September Outing.** Melton Mowbray Market or Free Day in Oxford.

At March meeting there will be a list for members to tick their preference for a day out in September. Please let us have a good response.

Julie and Jessie

### **Beginners Camera Group.**



At the February Meeting we discussed Landscape Photography, Elaine was not able to attend but sent some literature which covered this challenging subject, Pat also brought some interesting photographs for us to study. We now need some good weather so we can practise. The next meeting will be on the 13th March, same venue.

Julie Bates

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### **10 Pin Bowling Group**

Another good morning at the bowling alley was had by all. Three bowlers got personal bests, Josie, Isabelle and Erika. We would like to welcome new members to our happy go lucky bunch of true amateurs.

Dai Johnson

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### **Groups News .....**

#### **Short Walks Group.**

We are hoping to re-start the short walking group. This will not start until after the end of March. If you have signed up for this group you will be contacted when the new leader is able to start the group. It is hoped that members of the group will take it in turns to plan a walk. The walks will be relatively easy, on mainly firm ground, and no more than three miles, often making use of Country Parks. We hope that people will also share cars and offer lifts to those who would like to walk but don't drive.

Watch this space for further details.

### **Ballroom Dancing.**

The new class is now up and running. The class is run by Lisa from the Mash Dance Studio. It is held every Friday at the St. Edwards Church Hall (behind the church). The time is 11.00am to 11.45am for Beginners, and then 11.45 to 12.30 for Improvers. The cost is £4 for one class or £6 for two classes. We are learning set sequence dances. These classes are not exclusive to our U3A, we have members from Kettering U3A, and also other members of the public. If you are interested please talk to me at the groups table.

Pat Johnson

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### **Book Group**

Today the U3A book group welcomed a new book lover to our group Linda has moved recently from Stowmarket to be nearer her family in Northamptonshire. This month we were planning our reading selection for the following year and we will be enjoying a wide range of literature from local authors and France and Japan. We finished the afternoon with a wonderful selection of poetry from our members together with tea and biscuits from our hostess.

Margaret Turnbull

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### **Theatre Trip.**

The coach to Birmingham to see "The Show that goes wrong" will leave the Corn Market Hall at 10am on March 28th. There is still one seat left.

Joyce Williams

## Music Appreciation

The Music Appreciation group met on the 21<sup>st</sup> February to listen to music connected with the theme of "Weather". As usual we enjoyed a varied selection of music types with artists including Benny Goodman, Bill Wyman, Nina Simone, Seal, George Shearing, Dinah Washington, Bobby Darin, Nicola Benadetti, Cyndi Lauper, Stacey Kent, Eva Cassidy, Melanie Spanswick, Andre Rieu, Benjamin Luxon, Stevie Wonder and Barbra Streisand. The weather theme was represented by titles that included the words Blue Skies, Wind, Clouds, Sun, Rain (in French as well as English), Storm, Hurricane and Spring.

Our next meeting will be on Wednesday 21<sup>st</sup> March (2:00 to 2:15 pm start) with the theme "Cities".

Ken Bridges

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## Tech Corner

Hackers are boasting about targeting Windows 10, so it is vital that you get patches the moment they are available. First check which version of Windows 10 you have. Right click the Start Button (The window shape on the taskbar bottom left) then choose Run. Type WINVER and press Enter. In the box which pops up look for the Windows 10 build number. The original Creators version = OS Build 15063 while the Fall Creators = OS Build 16299 (version 1709). And the next major update called Redstone will be along later this month!

If you haven't got the Fall Creators version, right click the Start button then choose Search. Type WINDOWS UPDATE and press Enter. Click 'Settings' or 'Check for updates' from the list of results. Then click the button 'Check for Updates' under

Update Status. The Fall Creators update was out on 17<sup>th</sup> October so it should have downloaded by now but it takes about 2 hours to complete and restarts several times so allow plenty of time and make sure your laptop is plugged into the mains before you start. If you have any trouble with this give me a ring on 01933 350147

Before the pedants amongst you complain about missing apostrophes – "Creators" with no apostrophe is the Microsoft spelling!

Alan

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## Computer Club

We have experimented with tab stops (putting items in columns etc) and will be reviewing this in our next meeting. We will also be looking at different types of tab eg decimal point centring, dotted lines etc and font formatting. If you have a problem you want to ask about why not 'drop in' (ring me first on 01933 350147) and I am sure one of us will have an answer. The next meeting is 27<sup>th</sup> March.

Alan

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## Making Music

Déjà vu from last month - Anyone fancy the Ukulele? It is supposed to be an easy instrument to play. If you do fancy it, why not sign up at the group table and this time I will try to put a sheet out! If there are not enough to make a full group then perhaps you could join John Cooper and I on a Friday afternoon. Almost all Northamptonshire U3As have a Uke group but not the Kettering U3As. Why is that?

Alan

## For Sale

**Set of 4 Ladies Bowls** with Bag. Sterling Slimline. Size OHM.

Good condition. £50.00.

**Summit Telescope.** 20.-60 x 70 with Tripod, for birdwatching etc.

Hardly used. £25.00 ONO.

J. Bates. 01536 725538

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## Singing for Pleasure

We are all enjoying learning our new songs. Lots of thanks go to Lynda Harris who has stepped in again as our pianist while Carol Gray is in hospital and recuperating. Margaret is now taking 'bookings' for us.

Sylvia Dale

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## Knit and Natter

More blankets have gone to Age UK. We are now appealing for any spare wool that members may have - 4ply and double knitting would be best for the blankets. If you have any please ring me on 01536 411865 and I will collect.

Sylvia Dale

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**Group Leaders** – *don't forget the Group Leaders Meeting, 20<sup>th</sup> March 11-1pm, lunch included, at the Eden Centre.*



## Painting and Drawing for fun

We concentrated on perspective and drawing basics with Catherine, our Tutor, last week. We were all given a sea shell to draw which is quite a hard thing to do, but we all enjoyed the challenge. Some of us managed beautiful shells – some didn't! It was great fun though! We are looking forward to her next visit in a months' time.

There is still room for 1 more member to join us.

Martin Dale

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## Camera Club

Just 7 of us met for the February meeting. We took time to discuss our photos of snowdrops and other early spring flowers, some of which had been enhanced using photoshop elements. We are still discussing our diary of "to dos" for the year ahead, but our homework for next month is to take an Easter picture which, hopefully does not include snow.

Jenny Goddard

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## Slimming Club

Just to let you know that we have suspended the slimming group as we have had no new members for about a year, and it was all rather 'samey', can't think of a better word! The group who still come have agreed to meet once a month (same venue), for coffee and chat, until we decide what to do. This is the first Tues. of the month. Anyone with slimming in mind would be welcome to join us.

Wendy Islip

## Speakers

April 11<sup>th</sup>: Death in the Garden. Historic Gardener with Michael Brown

May 9<sup>th</sup>: Pictures in the Parlour: Magic Lantern with Kevin Varney

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This month's Handyman recommendation is:  
For plumbing and heating: O & N Dalziel Ltd. Tel:  
01536 723311/07850 421844

**Hertford Community Centre** in Kettering are looking for committee members. For more information ring Maggie Don on 0770 451106

## Ode to a Pill

Little pill here in my hand, I wonder how you understand  
Just what to do or where to go, to stop the ache that hurts me so.  
Within your content lies relief, you work alone in disbelief  
You sink in regions there below, as down my throat you quickly go!

But what, I wonder, little pill, is how you know where I am ill  
And just how do you really know, exactly where you have to go?  
I have a headache, that is true, my broken ribs need attention too!  
So how can anything so small, end my aches in no time at all?

Do you work alone or hire a crew, to do the good things that you do?  
I'm counting on you mighty strong to get to there, where you belong.  
Don't let me down, please do not shirk, to do your undercover work.  
So down my throat, be on your way, and end my aches for another day  
Don't take a wrong turn is my plea, I can't take another till after three!





## Activity Groups and Leaders

Day/Group	Leader	Telephone	Venue	Frequency	Time
<b>Monday</b>					
Art Group	Martin Dale	01536 411865	Mind Centre, Russell Str., Kettering	Every Monday	10am-12 noon
Book Club	Margaret Turnbull	01536 511139	Varies	3 <sup>rd</sup> Monday	2pm
Camera Club (Advanced)	Jenny Goddard Pat Johnson	01536 482972 01536 483398	3 St. Mary's Rd.	Monday following monthly meeting	2pm-4pm
Canasta	Margaret Hall	01536 512215	Kettering Bridge Club	Every Monday	2pm-4pm
Discussion Group	Linda Miller	01536 483773	Home	1 <sup>st</sup> Wednesday	2pm-4pm
Knit, Knatter & Crochet	Sylvia Dale	01536 411865	Dorothy Stock's home	Alternate Mondays	2pm-4pm
Mah Jongg/Scrabble	Margaret Hopkins	01536 503308	Varies	2 <sup>nd</sup> & 4 <sup>th</sup> Monday	2pm-4pm
Needlecraft	Sylvia Dale	01536 411865	Sylvia's Home	Alternate Mondays	10am-12 noon
Play Reading Group	Rosalind Bridges	01536 741455	Venue & Date Varies	Normally 1 <sup>st</sup> Monday	2pm-4pm
Swimming	Isabel Collins	01536 520971	Kettering Swimming Pool	Every Monday in Term Time	9am-9.45am
<b>Tuesday</b>					
Camera Club (Beginners)	Julie Bates	01536 725538	Home	2 <sup>nd</sup> Tuesday	2pm
Computer Club	Alan Bailey	01933 350147	Chris Ditri's home	Fortnightly	10am-12 noon
Slimming Group	Wendy Islip	01536 510870	Wendy's Home	First Tuesday	9.30am-10.30am
Travel	Geraldine Hardwick	01536 481203	Varies	3 <sup>rd</sup> Tuesday	2pm
Walking (medium)	John Sumpter	01536 722198	Varies	Last Tuesday	10am
<b>Wednesday</b>					
Country Dancing	Janice Angles	07768 169490	St. Andrew's Hall	2 <sup>nd</sup> & 4 <sup>th</sup> Wednesday	10.30am - 12noon
Gardening	Chris Ditri & Sandra Tecklenberg	01536 723145 01832 733419	Varies	1 <sup>st</sup> Wednesday	Start at 10am
Lunch Club	Margaret Hall Patricia Stokes	01536 512215 01536 724342	Varies	3 <sup>rd</sup> Wednesday	12.45pm
Music Appreciation	Rosalind Bridges	01536 741455	Rosalind's home	Varies	2pm-4pm
<b>Thursday</b>					
Basic Maths	Chris Crick	07940 591224	Chris' home	2 <sup>nd</sup> & 4 <sup>th</sup> Thursday	10am-12noon
Pop in for Coffee	Dyann Strauss	07985 181737	Kino Lounge, Market Place, Kettering	2 <sup>nd</sup> & 4 <sup>th</sup> Thursday	10.30am-11.30am
Spanish	Geraldine Hardwick	01536 481203	Hertford Rd. Centre, Kettering	1 <sup>st</sup> & 3 <sup>rd</sup> Thursday	2pm-4pm
<b>Friday</b>					
Ballroom Dancing	Matilda Harvey	01536 522195	St Edwards Church Hall	Weekly	11-11.45
Making Music	Alan Bailey	01536 350147	Home	Weekly	2pm-4pm
Singing for Pleasure	Jill Dee	01536 514054	Fuller Church	Fortnightly	10am-11.30am
Ten Pin Bowling	Dai Johnson	01536 483398	Thunder Bowl, Kettering	Friday following monthly meeting	Start at 10am

### Days arranged by individual Group

Day Trips                      Julie Bates 01536 725538                      and                      Jessie Mills 01536 722421  
 Theatre Visits                Joyce Williams 01536 482566                      and                      Jean Issitt 01536 513218  
 History Group                Geraldine Hardwick 01536 481203                      arranged after each meeting



**To all members**

If you are aware of anything affecting one of our members such as an important birthday, anniversary or illness and feel that a card from the U3A would be appropriate please contact Lynne on 01536 618001



**Newsletter Editor:**

This is now Martin Dale. Please send contributions by 5pm, 30<sup>th</sup> of the month to [sylviadale@live.co.uk](mailto:sylviadale@live.co.uk).



**Webmaster**

Alan Bailey

01933 350147



**Committee – 2017-2018**

Chairperson	Sylvia Dale	01536 411865
Vice Chair & Speaker Secretary	Valerie Walker	01536 511838
Treasurer	John Cousens	01933 664602
Secretary	Lynne Franklin	01536 618001
Membership Secretary	Pauline Bailey	01933 350147
Group Co-ordinator	Pat Johnson	01536 483398
Assistant Group Co-ordinator	Rosalind Bridges	01536 741455
Assistant Speaker Secretary	Helen Checkley	01536 418616
General Duties & Media	June Mason	01536 726654
General Duties & Travel	Tony Reed	01536 481733
General Duties	Linda Miller	01536 483773

