

August 2018

Our Speaker this month is Alan Gray - "You cannot be serious" Tales of a Wimbledon Umpire 1988 - 2012, as Roy Smart has been taken ill. We hope to hear his talk on the Abdication Crisis next year.

QUIZ

With or without

Fish and chip supper

17th October at the Athletic Club, Rockingham Road

Doors open 7.15

Open to friends and relatives.

Tickets - Quiz and supper £6 Quiz only £2

On sale now.



Tech Corner

The new General Data Protection Regulation (GDPR)

The law took effect on May 25th, 2018. You may think it doesn't apply to you but it covers data protection and privacy for all EU citizens. It affects the companies that you use daily **even if you don't use a computer** since they keep your details. GDPR holds the position that data about you belongs to you, not the company holding it. It places a duty on them to look after it properly and delete it at your request or face huge fines.

Before the act, Companies were collecting personal information and then looking for ways to exploit it. Many companies have been failing to protect your information. A Facebook researcher sold the results of a survey, entered into by millions of people, to a consulting firm. Hacks on various sites have stolen data on credit cards and bank details. Other companies have simply sold your email details to advertising companies. Charities circulate the details of donors which is why you get spam emails and constant junk mail.

Your personal data means anything relating to an identifiable person

- Biographical data (name, phone, NHI number, address, email etc);
- Physical appearance (race, hair colour, height etc);
- Education and Work history (salary, degree, tax ID etc);
- Any medical or genetic data; things like your call history, private messages etc.

I will deal with your rights under the law next month.

Xtra Tech

I was asked if we could still get cheap Microsoft Office because we were members of the U3A. The answer currently is no! If you require a word-processor, spreadsheet and other 'Office' programs why not try downloading LibreOffice. Many people say the suite of programs is as good as Office. It is **free** and properly set up will load Microsoft files and save them in Microsoft format so they can be read by others. Download it safely from here (nowhere else, please):

<https://www.libreoffice.org/>

Read the instructions carefully, and make sure you know which version to download (64 bit or 32 bit) and/or get a techy friend to help if you are in doubt. If you want to have a go email me alanbailey567@gmail.com for a setup sheet

Gardening club

"In the absence of Chris & Peter, a small group of us met at Greta's home to have a look at the somewhat dried up garden. Although the grass is more yellow than green, the roses and lavender are weathering the heatwave and the view towards Isham is still lovely. We then enjoyed some of the fruits of the garden, freshly picked gooseberries in the form of gooseberry fool."

Greta Cheshire

Why is the letter W, in English, called double U? Shouldn't it be called double V?

Discussion Group

The Discussion Group met at 2pm on Wednesday 4th July. There were only 5 of us but we managed to put the NHS and Brexit to right – I wish!! These are subjects that we could have discussed and argued about for hours – everyone has different opinions don't they – just like our so-called leaders in Westminster! We cheered ourselves up with tea and biscuits and general chit-chat.

Linda Miller

Play Reading

We had a slightly depleted group to perform the play 'Sailor Beware'. By Philip King and Falkland Cary. A bitter sweet comedy concerning two sailors a wedding a henpecked husband and a very bossy wife once played by Peggy Mount which kind of says it all. Lucky for our only man Ron he was joined very ably by Ken, Ros's husband who kindly stood in (we have hopes of him joining us permanently). A very enjoyable afternoon with the usual tea and biscuits to help our parched lips. The next meeting is the 13th August

Carlene Lee

Travel Group

We meet on the 3rd Tuesday of the month at 2pm. In July we looked at a train holiday in Yorkshire. Afterwards we talked about John's mystery trip in September where we tour local villages and stop for lunch. Details in August. Our next meeting will be on 21st August. Geraldine 01536 481203.

Spanish

We continue to progress through Pasos I and hopefully we are improving. We owe a lot to our tutors Bob and Bill. A highlight in the last lesson was reading and answering questions on Paraguay from our magazine Que Tal. We have two new members so our group is growing. Geraldine. 01536 481203.

Singing for Pleasure

We rounded off our Summer programme with a concert at Windsor Gardens – a new venue for us. They have asked us back again so they must have enjoyed it!

A celebratory lunch was held at Cransley Hospice Coffee Shop and no more singing now until September. Have a nice Summer Ladies.

Sylvia Dale

Knit and Natter

It has really been too hot for knitting but we have enjoyed the natter. Lovely to see Yvonne and Carol back with us and coping so well after their recent health problems.

We are all looking forward to the cooler weather so that we can get busy again.

Sylvia Dale

Theatre Trip. White Christmas Wednesday 9th January 2019
Would all those who signed up for the above show, please let me have £40 at the August meeting. Thank you.

Joyce Williams

Short Walks

Can't believe the weather we are enjoying with the short walks. Five of us and Teddy set off round Sywell Country Park and reservoir. Thankfully we had some shelter from the sun on one side. We took our time moving over a new and uncompacted path recently put down through the wildlife reserve. Last winter it was so muddy it became almost impossible to walk. I'm sure they thought the usual weather would soon bed it in but we haven't had the "usual" weather so it was rough. At the end the little cafe in the park made a perfect place to refresh ourselves. We are all getting to know each other now. Talked about new places to go we're looking forward to seeing them. Next walk is August 16th at Cranford. Meet at 10.00.

Wanda Moffatt

Painting for Pleasure

We had a rather lively month with a new member joining us. Catherine, our tutor visited us twice, once to spend the morning looking at the various aspects of vanishing points, rather a complicated lesson which I think will take considerable practice to perfect. The other visit to show us how to draw portraits with charcoal, messy, but interesting to see the various techniques involved, we will be practicing. Our newest member is interested in using acrylic paint, something else to try out. So altogether a busy enjoyable month.

Carlene Lee

Trips

Melton Mowbray and Gates Garden Centre. September 11th 2018. The list is still out for this trip as we still have some spaces, friends are welcome. We will be collecting monies at the August meeting, the price is £12.50. Start time 9.30am.

Worcester Christmas Fair.

November 30th 2018.

The list for this trip will be out at the August meeting; the price is £14.00 and we will be collecting monies at the September meeting.

Julie and Jessie

Beginners Camera Group.

The group did not meet in July so the next meeting will be on the 14th August at the usual venue.

Julie Bates

New Venue/ New Leader for Mahjong and Scrabble

We now play in the café at Barton Seagrave Village Hall on the 2nd and 4th Mondays of the month from 2pm to 4pm. The facilities are very pleasant with a wide range of drinks available. There is parking at the hall but also the X1, 49 and 50 buses stop nearby from Kettering. Come along and give us a try. We are a friendly group and if you are new to either game, we will give you help getting started.

Linda Law

Book Group

This month the book group read a novel by Elizabeth Stroud, a new author for us. She was a Booker Prize winner with her first novel. This story begins with Lucy Barton in hospital after having an operation for appendix which has gone badly wrong. Lucy has time to remember her early life before she moved to New York. Relationships with her family and husband and children together with her best friend, all seem to let her down. Her doctor appears to be the one shining light in this sad story.

We had mixed feelings about this book from our group. A quote from Tennessee Williams to me sums up the book – “I have always depended on the kindness of strangers”. We did express the thought that perhaps this was Elizabeth Stroud’s own story.

Margaret Turnbull

Raffle Results

The raffle raised £54 at the June meeting.

Christmas Party

Those of you who came to the AGM suggested that it would be a good idea to have tables to sit at for the Christmas Party. So the Christmas Party on December 12th will be held at the Athletic Club, Rockingham Road. There will be entertainment as well as food and the raffle will be for a cash prize.

Sylvia

Ten Pin Bowling.

Personal Best Week this week! Everyone was very happy to celebrate with those who got PB’s. Well done to Erika, Dyann, Josie, Sue and Bob. All reached new heights, which means they will have to work even harder in the future! Erika was our leader this week and we are proud of her achievement

News from the Groups.

Our newest group began on the 25th July. The Keep Fit Group started and from what I hear a good time was had by all who attended. This group will continue to meet every week on a Wednesday at 9.45 until 11.15 am. It would be good to be able to set up some more new groups this year. Perhaps you have an idea for a group. We would love to hear your thoughts. We still need some keen birdwatchers who could help that group to begin. Please could everyone remember to ALWAYS let your group leader know if you are unable to attend your group.

Pat Johnson and Rosalind Bridges.

Ukulele Group

We have been practising the simplest ukulele chord sequence of C, Am, F and G7 and at the last meeting we looked at the G chord. G7 and G are difficult chords to master but the group is doing well and we are now looking at songs for Christmas - yes I know it seems a long way off but we would like to entertain you with a few numbers at the Christmas Party, if Sylvia is willing to let us, so we need to be note perfect!

Alan

Speakers

September 12th TBA

October 10th Limelight Glass Studios.



This month's Handymen are:

Paul Martin t/a Northants Plastics
37 years of experience in supply, fitting and
Repair of plastic windows and doors.
01536 357001/07743 097115



Drop in for coffee -
Kino Lounge
August 9th and 23rd.
All are welcome

WHY NOT TRY ANNETTE'S YOGA SESSIONS

YOGA Mondays 930-1100am or

YOGA at a gentler pace. Mondays
11.15-12.45am

New term- 3rd Sept- -3rd Dec.

2018 (except half-term 22/10)

Cost £80 for course of 13
sessions, £7 for taster session.

Above classes held in St. Andrews
Church. Other classes in the week
held at different venues can be
attended at no extra cost.

For more information contact
Annette on 01536 513234, email
netti.yoga@talktalk.net, visit
www.sliwinski.co.uk

Recommended by a member

*Did you know that
the Cransley Hospice Choir
is taking part in a show at
the Lighthouse Theatre on
the 3rd November?*

*Keep the Home Fires Burning is
a trip down memory lane of the
songs of World War 1.
Featuring our local choir with
some of our members in it and
also a live band, it is an evening
not to be missed.*

KOS Craft and Gift Fair 1st & 2nd September

Sat 10 – 5, Sunday 10 – 1pm
In the grounds of Cranford Hall

Admission £3.50
Concessions £3
Coffee, lunches & cream teas
Live entertainment
Free parking

Activity Groups and Leaders

Day/Group	Leader	Telephone	Venue	Frequency	Time
Monday					
Art Group	Martin Dale	01536 411865	Mind Centre, Russell St	Weekly	10am-12 noon
Book Club	Margaret Turnbull	01536 511139	Varies	3 rd Monday	2pm
Camera Club (advanced)	Jenny Goddard Pat Johnson	01536 482972/ 483396	3 St Mary's Rd	Monday following Monthly meeting	2pm-4pm
Canasta	Margaret Hall	01536 512215	Kettering Bridge Club	Every Monday	2pm-4pm
Knit and Natter	Sylvia Dale	01536 411865	Dorothy Stocks house	Alternate Mondays	2pm-4pm
Mah Jongg/scrabble	Linda Law	01536 659091	Barton Seagrave Village Hall	2 nd & 4 th Monday	2pm-4pm
Play reading group	Rosalind Bridges	01536 741466	Venue and date vary	Normally 1 st Monday	2pm-4pm
Swimming	Isabel Collins	01536 520971	Kettering swimming pool	Every Monday in term time	9am-9.45
Basic Maths	Chris Crick	07490 591224	Home	2 nd & 4 th Monday	10-12
Tuesday					
Camera Club (beginners)	Julie Bates	01536 725538	home	2 nd Tuesday	2pm
Computer club	Alan Bailey	01933 350147	Chris Ditri's house	Fortnightly	10-12
Walking (medium)	John Sumpter	01536 722198	Varies	Last Tuesday	10am
Ukelele Group)	Alan Bailey	01933 350147	Home	Fortnightly	10 am
Travel	Geraldine Hardwick	01536 481203	Varies	3 rd Tuesday	2pm
Wednesday					
Country Danciong	Janice Angles	07768 169490	St Andrews Hall	2 nd & 4 th Wednesdays	10.30 – 12 noon
Gardening	Chris Ditri & Sandra Tecklenberg	01536 723145 01832 733419	Varies	1 st Wednesday	10 am
Lunch club	Margaret Hall	01536 51225	varies	3 rd Wednesday	12.45
Short Walk	Wanda & Bob Moffatt	01536 659236	Varies	3 rd Wednesday	10 am
Discussion Group	Linda Miller	01536 483773	Home	1 st Wednesday	2pm
Keep Fit	Lin Ray	01536 418975	Burton Bowls Club	Weekly Wednesday	9.45-11.15
Thursday					
Music Appreciation	Ken Bridges	01536 741455	Home	Varies	2-4pm
Spanish	Geraldine Hardwick	01536 481203	Hertford Community Centre	1 st & 3 rd Thursday	2-4pm
Short Walks	Wanda Moffatt	01536 659236	Varies	3 rd Thursday	10am
Friday					
Making Music	Alan Bailey	01933 350147	Home	Weekly	2-4pm
Singing for Pleasure	Jill Dee	01536 514054	Fuller Church	Fortnightly	10-11.30

Ballroom Dancing	Matilda Harvey	01536 522196	St Edwards Church Hall	Weekly	11-11.45
Ten Pin Bowling	Dai Johnson	01536 483398	Thunder Bowl	Friday following monthly meeting	10am

Pop in for Coffee – the Thursday after the main meeting and a fortnight later. Venues change so look for the current venue in the newsletter.

Trips

Day trips Julie Bates 01536 725538 and Jessie Mills 01536 722421
 Theatre Visits Joyce Williams 01536 482566 and Jean Issitt 01536 513218

To all members

If you are aware of anything affecting one of our members such as an important birthday, anniversary or illness and feel that a card from the U3A would be appropriate please contact Lynne on 01536 618001



Newsletter Editor:

This is Martin Dale. Please send contributions by 5pm, 30th of the month to sylviadale@live.co.uk. If you can get them to us earlier that would be appreciated as the newsletter fills up and it is often a job to get the last contributions in.



Webmaster

Alan Bailey 01933 350147



Committee – 2018-2019

Chairperson	Sylvia Dale	01536 411865
Vice Chair & Assistant Group		
Co-ordinator	Rosalind Bridges	01536 741455
Treasurer	John Cousens	01933 664602
Secretary & Assistant Speaker		
Secretary	Lynne Franklin	01536 618001
Membership Secretary	Pauline Bailey	01933 350147
Group Co-ordinator	Pat Johnson	01536 483398
General Duties & committee desk	Tony Reed	01536 481733
Assistant Speaker Secretary	Helen Checkley	01536 418616
General Duties & raffle	Linda Miller	01536 483773
General Duties & New Members	Jill Burgess	01536 515045



