

Issue 141 March 2017

Chairman's Chat

G'Day

News from the nether regions of the earth. Weather brilliant. Temperature about 24degs. Missing you all.

Just to clear up the Drop in Day date which I got wrong in the last Newsletter. It is the first Wednesday in May i.e. the 3rd May. Please would all group leaders send Sammy a description of your group before the end of March, ready for the April edition of the Newsletter which will be the one we hand out at the Drop-In.

Tickets for the Quiz night (Thursday, 30th March) are selling well - get your tickets from Wendy today - £8 including fish/sausage/chicken and chips. Family and friends welcome - teams of 6 or less.

The day before we set off for the land down under, Pauline decided to lunge at a shuttlecock, missed and made a large dent in the floor with her head. The bruises, of course, have led to many jokes about me beating her (whereas the opposite is more likely!) This raises the question - would you know what to do, while waiting several hours for an ambulance to pass by, if your nearest and dearest fell down the stairs (the most dangerous part of the house apparently), or had an accident in the kitchen (the second most dangerous part of the house which is why I steer clear of it!)? Over 65s are at more risk of slips, trips and falls. The British Red Cross will run a session for us free of charge (though there may be a small charge for a room) to provide us with the skills and confidence to help in a first aid emergency. The session covers relevant first aid skills and builds confidence and willingness to help in a first aid emergency. If you are interested, please sign up on the sheet provided at the group sign up desk.

Alan



Our Chairman, Alan Bailey, received news from Lynne Franklin earlier in February that, sadly, her husband Trevor has passed away. His funeral took place on 16th February.

We all at ISE Valley U3A would like to express our condolences to Lynne and all her family.

“Although it is difficult
to see beyond the sorrow,
May looking back in memory
help comfort you tomorrow.”

Author unknown

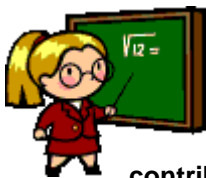
Lynne, in the meantime, is hoping that she will be able to join us at our monthly meetings again, starting this March. We look forward to seeing you, Lynne, very soon.

Tea and Coffee Rota

We have volunteers for March, April, August, November, **but we need more willing people** for the remaining months of 2017.

This is your U3A. Please help to make it run on all four cylinders!

NB Volunteers need to arrive at the Eden Centre by 1.15pm



The usual request from the Editor - Without your input the magazine dies!

Please let me have your contributions latest by the end of the month to give me time to put it all together and have the printing done on time for the next meeting.

Sammy Brewer

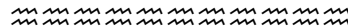
Garden Group

The gardening group meets the first Wednesday of the month, mostly at Chris and Peter Detri's in Gotch Road, Barton Seagrave, from 10am to 12md, (bus stop is nearby). We have a break around the hour mark with drinks and usually some sort of refreshment in the form of cakes/biscuits. We would like to invite 3 more people to join our group to make our numbers into to a small group of ten, men are especially welcome as Peter is a bit outnumbered at present. We meet February to November and usually have a December Christmas lunch out somewhere and two or three trips to local garden centres or open garden schemes. (we are not a travel group but we do join in with Julie and Jessie on their outings i.e. 4 of us are on the list for visiting the Arboretum in Staffs in May.)

We have a programme organised this year to include discussion and practical work on Seed swaps, planting containers, gardening problems/planning, taking cuttings, use of chemicals, discussing our favourite tool, quiz, a visit to a member's garden and maybe even watch a gardening video. All that we do depends and revolves around the weather on the day, therefore nothing is set in stone and the planned programme may be swapped around. For our next excursion we hope to visit the snowdrops in Chelveston Church yard.

Anyone wishing to partake in the group please ring either Chris Ditre or myself Sandy Tecklenberg telephone numbers are in the newsletter. We are a friendly group and everyone is given the chance to talk, with opinions and experiences being valued.

Kind regards, Sandy



Travel Group

The Travel group meets monthly on the first Tuesday at 2pm. We watch photos and videos of our travels on the TV. We follow this with discussion and refreshments.

Contact Geraldine on 01636 481203

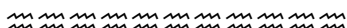
Geraldine Hardwick

Slimming Group

With the first day of Spring just a few days away wouldn't you like to loose just a few pounds?

We are a very friendly, supportive group of young (at heart) ladies, meeting just three times a month on a Tuesday morning – 9.30am at Wendy Islip's house – for a weigh-in followed by a cup of tea/coffee, chat about our 'ups & downs' and diet tips from fellow members.

Why not come and join us.



Book Group

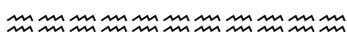
In January we were very happy to welcome a new member to our yearly planning meeting, and we all look forward to her contributions to our discussions over the years.

Our first book of the year was enjoyed by all: Bill Bryson, The Road to Little Dribbling, a tale of his travels around the United Kingdom with everyone having fond memories of the places he had visited.

Sadly one of our founder members will not long be able to join us owing to family illness so we have a place available for a another book lover

Thank you

Margaret Turnbull



Ballroom Dancing Group

Sadly, our teacher Lisa wasn't well enough this week to take our session, but she arranged for Mary to take us. We had a good session and now feel confident to dance the Sweetheart waltz. We hope to learn another new dance next time. There are still places in this group, so please come and join us.

Pat Johnson

Trips & Theatre Visits

Indian Temple visit on Thursday April 20th.
8.45am Pick-up time
Please collect tickets/receipts at the March meeting, also dress code details.

---ooo0ooo---

National Memorial Arboretum. Thursday May 11th. Pick up time 9.00am.
Members who have put their names down please pay at the March meeting. £14.00.

---ooo0ooo---

Tewkesbury, Wednesday June 7th.
We will be collecting monies for this trip at the April meeting. £15.00.

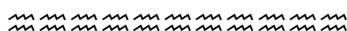
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Shuttleworth Collection and Gardens. July 17th.
This should be interesting for our male members, this is a collection of aircraft etc. Also, the gardens are very nice. The cost for touring the collection, entry to gardens, coach etc. - £24.50. Please put names down if you are seriously interested as we have to pay a deposit.

---ooo0ooo---

WILL MEMBERS PLEASE REMEMBER
WHEN COMING ON THE TRIPS TO BRING
DETAILS OF EMERGENCY TELEPHONE
NOS., ALSO DETAILS OF MEDICATION
TAKEN, IN CASE OF EMERGENCIES.

Julie and Jessie



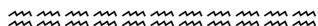
THEATRE TRIP:

THE SHOW BEAUTIFUL. NOTTINGHAM.
OCTOBER 19TH.

MATINEE PERFORMANCE. £53.00

We will be collecting the monies at the April and May meetings as the theatre tickets have to be paid for in full. Many thanks.

Joyce and Jean

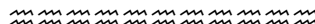


Short Walking Group

We once again had to cancel the February walk due to bad weather.

The March Short Walk will be on 22nd March. Details at the March meeting. Please put names down on list.

Julie Bates



MEDIUM WALKING Group

11 of us set off from the Piper pub in Kettering for what proved to be an interesting walk through Wicksteed Park and along Polwell Lane, then turning off down the old railway line before crossing the hinterland behind the park. To the author this was all new but then again he has only lived in Kettering since 1979.

Our return journey took us back through the bottom end of the Park and along the Wilderness footpath before arriving back at Piper where we were joined by two additional members for a most enjoyable lunch.

The March walk will be on Tuesday 28th March and will be 5 miles of "Trains and Boats and Planes" starting from the Black Horse, Fotheringhay Road , Nassington. PE8 6QU.

Walk will be led by David Hamilton who can be contacted as follows:-

01536 518900.

07512790188

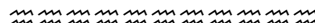
davidh280947@gmail.com

Camera Group for Beginners

The group met on the 21st February. We discussed the subject of shape, i.e. taking photos of different shapes of buildings etc using light and backgrounds.

The next meeting on March 21st.

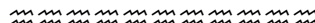
Julie Bates



Camera Group (advanced)

In February we brought our black and white photos to the meeting. They varied in intensity from deep black to grey according to our printers. These results gave us cause for discussion. We then went on to a session led by Peter, taking pictures of kitchen implements from unusual angles and with direct lighting. We look forward to seeing the results at the March meeting on the 13th.

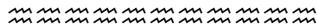
Jenny Goddard



Knit, Natter and Crochet Group

We had our first meeting on 20th February and everyone decided that we would meet fortnightly at Dorothy Stock’s house. Two members were eager to learn to crochet and did very well. We also decided that if we had any spare time from projects that we would knit twizzlemuffs for the Dementia Society and Cransley Hospice as well as any blankets that we could manage. So if any members have some spare wool, we would be very happy to put it to good use. Please let either myself or Pat Johnson know. Thanks.

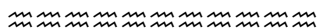
Sylvia Dale



Spanish Group

We are all working hard at our conversations and slowly becoming more confident. We have welcomed a new member to our group and we hope she will enjoy working with us and our excellent teachers. Our lessons are varied, with conversations, translations and some writing.

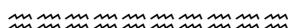
Pat Johnson



U3A Craft Group

At our group we were able to cover old food containers, e.g. soup or drinking chocolate with sticky tape and thick wool. The results were really good so we added oasis, leaves and flowers and made arrangements, cheerful for a January day. We aim to do the same again on the fourth Wednesday 22nd February.

Angela



We have had a request from the Admin. Project Officer of TalentEd to include a letter in our Newsletter. It is self-explanatory and reads as follows:

8th February 2017
Dear Sir/Madam,

My name is Sale and I work for a registered charity called TalentEd which partners retired teachers to bright students from low-income homes.

In the past, a number of retired teachers have found us through their local branch of the U3A and we'd really appreciate your help reaching out to your members.

We are looking for expert teachers to work with small groups of bright year 10 students for 2 hours per week at a local school. Our retired teachers provide their students with the support, skills and aspirations that they need to realize their potential.

If this could be sent on to members (who may be or may know retired teachers), that would be greatly appreciated. Additionally, a member of our central team would be happy to speak to any of the U3A members over the phone or in person, if preferable.

For more information, please call on 020 3544 2090, or via info@talent-ed.uk, or visit our website at www.talent-ed.uk. Please provide a postal address if you would like more information, or some of our 'retired teachers needed' flyers for your members.

I look forward to hearing from you shortly.

Kind Regards,
Sale

Salematu Bah
Administrative Project Officer
TalentEd
020 3544 2090
www.talent-ed.uk
Registered Charity Number 1149130

We received a request from Kate Coles, Publicity Officer for the Kettering Symphony Orchestra whether we could include the poster for their forthcoming Spring Concert in our March Newsletter. We love to oblige!

Kettering Symphony Orchestra

Peter Dunkley **Conductor**
Carolyn Nash **Leader**

KSO

**Spring
Concert**

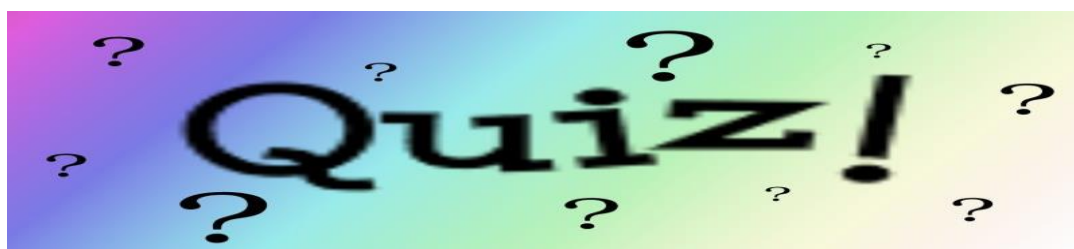
Romeo and Juliet Fantasy Overture Tchaikovsky
Concertino for Flute Chaminade
Soloist Graham Tear
Masquerade Suite Khachaturian
Ballet Music from the Perfect Fool Holst
Pini di Roma (Pines of Rome) Respighi

Saturday April 1st 2017 at 7.30 p.m.

Kettering Science Academy,
Deeble Road, Kettering NN15 7AA

Tickets are £10, Students 12 and over £5, under 12's free but must be booked at the same time as a full paying adult. These can be booked in advance online at www.kettsymphorch.co.uk or available on the door but subject to availability.

LAST, BUT NOT LEAST: DO NOT FORGET !!!



At the Athletic Cub, Rockingham Road
Thursday 30th March, 7.30pm

Teams of no more than 6 - Family and Friends are very welcome

Price includes Fish or Chicken or Sausage and chips - Bar available

Tickets £8 on sale at March meeting.

If you cannot make the meeting, then contact any committee member for purchase of ticket.

Activity Groups and Leaders

Day/Group	Leader	Telephone	Venue	Frequency	Time
Monday					
Mah Jong/Scrabble	Margaret Hopkins	01536 503308	Home	4 th Monday	2.00pm – 4.00pm
Camera Club	Jenny Goddard Pat Johnson	01536 482972 01536 483398	3 St. Mary's Road	Always Monday following the monthly meeting	2.00pm – 4.00pm
Swimming	Isabel Collins	01536 520971	Kettering Swimming Pool	Every Monday in term time	9.00am – 9.45am
Book Club	Margaret Turnbull	01536 511139	Varies	3 rd Monday	2.00pm
Discussion Group	Linda Miller	01536 483773	Home	3 rd Monday	2.00pm-4.00pm
Canasta	Margaret Hall Patricia Stokes	01536 512215 01536 724342	Kettering Bridge Club	Every Monday	2.00pm-4.00pm
Knit, Natter and Crochet	Sylvia Dale	01536 411865	Dorothy Stock's home	Alternate Mondays	2.00pm-4.00pm
Tuesday					
Travel	Geraldine Hardwick	01536 481203	Varies	1 st Tuesday	2.00pm
Walking (Medium)	John Sumpter	01536 722198	Varies	Last Tuesday	10.00am
Computer Club	Alan Bailey	01933 350147	At Chris Ditri's home	Fortnightly	10.00am-12.00pm
Slimming Club	Wendy Islip	01536 510870	Home	Weekly	9.30am –10.30am
Beginners Camera Group	Julie Bates	01536 725538	Home	2 nd Tuesday	2.00pm
Wednesday					
Lunch Club	Margaret Hall Patricia Stokes	01536 512215 01536 724342	Varies	3 rd Wednesday	12.45pm
Short Walks	Julie Bates	01536 725538	Varies	4 th Wednesday	Time varies
Country Dancing	Janice Angles	07768169490	St. Andrews Hall	2 nd & 4 th Wed	10.30am-12.00pm
Music Appreciation	Ted Faulkner	01536 745878	Home	Last Wednesday	2.00pm – 4.00pm
Craft	Angela Deans	01536 484187	Home	4 th Wednesday	10.00am
Gardening	Chris Ditri Sandra Tecklenberg	01536 723145 01832 733419	Varies	1 st Wednesday	Start at 10 am
Thursday					
Spanish	Geraldine Hardwick	01536 481203	Asda Training Room	1 st & 3 rd Thurs	2.00pm – 4.00pm
Friday					
Singing for Pleasure	Jill Dee	01536 514054	Fuller Church	Fortnightly	10.00am-11.30am
Ballroom Dancing	Matilda Harvey	01536 522915	Mash Dance Studios	2 nd & 4 th Friday	12.45pm-1.30pm
Making Music	Alan Bailey	01933 350147	Home	Weekly	2.00pm – 4.00pm
Ten pin bowling	Dai Johnson	01536483398	Thunder Bowl, Kettering	Always Friday following monthly meeting	Start at 10 am

DAYS ARRANGED BY GROUP

Day Trips

Theatre Visits

IPad Group

History Group

Julie Bates 01536 725538 & Jessie Mills 01536 722421

Joyce Williams 01536 482566 & Jean Issitt 01536 513218

Michael Collins 01536 520971

Geraldine Hardwick 01536 481203

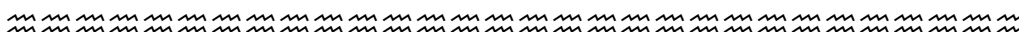
arranged after each meeting

arranged after each meeting

General Information

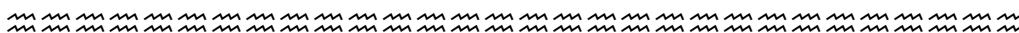
Forthcoming Meetings (Note: Doors open at 1:30pm.) From January 2017 at The Eden Centre

April 12 th	Food Glorious Food	A History of eating, shopping & food manufacturing in Northamptonshire from 1837 until now!	John-Paul Carr
May 10 th	“How’s Your Father”	Past entertainers and entertainment celebrated in songs, stories and magic.	Dave Noylan



To all members

If you are aware of anything affecting one of our members such as an important birthday, anniversary or illness and feel that a card from the U3A would be appropriate please contact Mary on 01536 722029



Plea from the Editor

Please post copy to Sammy Brewer, 3 West Way, Kettering, NN15 7LE to reach me by the end of the month. (01536 481700) If you would prefer emailing then my address is omi.brewer2@btinternet.com



Committee – 2015-16

Chairman	Alan Bailey	01933 350147
Vice Chair & Speaker Secretary	Valerie Walker	01536 511838
Treasurer	John Cousens	01933 664602
Acting Secretary	Mary Howarth	01536 722029
Membership Secretary	Sylvia Dale	01536 411865
Groups Co-ordinator	Harry Wells	01933 314808
Assistant Groups Co-ordinator	Pat Johnson	01536 483398
Assistant Speaker Secretary	Helen Checkley	01536 418616
Newsletter Editor	Sammy Brewer	01536 481700
Webmaster	Alan Bailey	01933 350147
General Duties	Christine Begg	01536 514083
General Duties	Pauline Bailey	01933 350147
General Duties	Linda Miller	01536 483773

