

# **New Member's Pack**

## **Welcome to Ise Valley u3a**

On behalf of the committee, members and myself, welcome to the Ise Valley u3a.

Since its conception over 25 years ago, the national u3a is the fastest growing organisation specifically designed for the retired and senior members of our society, and membership has many benefits, first and foremost the potential to make many new friends.

'University' might seem rather a grand title, but it can and does cover a wide variety of activities and interest groups. There are the more academic activities such as musical appreciation, art and craft, board and card games plus physical activities such as swimming and walking. Then there are the outings, not forgetting the regular lunch dates. The complete list of our current activities is included in this pack though, unfortunately, some of the groups are full. The choice is yours - you may join as many or as few as you like. If you have a particular interest or hobby that is not already being accommodated, why not start a group of your own (Please! – you do NOT have to be an expert). We can give you lots of help and support to do this.

Then there is the regular monthly meeting which takes place on the 2nd Wednesday of the month in the Eden Open Church (doors open at 1:30pm), when we have a variety of excellent speakers, a chance to chat, have a cup of tea, and examine information from all the interest groups which are displayed in the halls. Don't forget the raffle!

Your subscription covers Monthly Meetings, membership of Groups (which may at their discretion make additional charges to cover running expenses), and affiliation fee to the national Third Age Trust.

We look forward to welcoming you as a member, and we hope you enjoy your time with us.

*Helen*

Helen Hicks  
Chairperson

## Aims and Principles of the u3a

The Universities of the Third Age (u3as) in the United Kingdom are autonomous, self-help organisations run by the voluntary efforts of their members.

### The aims of Ise Valley u3a are:-

- To encourage and enable older people no longer in full-time paid employment to help each other to share their knowledge, skills, interests and experience.
- To celebrate the capabilities and potential of older people and their value to society.

### Programmes.

- We offer learning activities which reflect members' wishes and which aim to satisfy the widest possible range of interests: educational, cultural, recreational, physical and social.
- We make use of new technologies as they become available.

### Purpose, Styles and Methods of Learning.

- Our approach to learning is – learning for pleasure.
- There is no accreditation or validation and there are no assessments or qualifications to be gained.

### Funding.

- We are funded in the main by the subscriptions of our members.

### Association.

- We collaborate and share expertise and facilities with other u3as in Northamptonshire.









### The web site

Our Ise Valley u3a Newsletter is provided at the monthly meetings or it can be read or downloaded from our website at [www.isevalleyu3akettering.org.uk](http://www.isevalleyu3akettering.org.uk). On the website you can find the latest Newsletter and details of the Committee as well as information about our Group Activities. The Newsletter contains details of all our activity groups and contact names and phone numbers. Or you can email leaders via the website.

## Committee 21/22

<b>Position</b>	<b>Name</b>	<b>Contact</b>
Chairperson	<a href="#">Helen</a> Hicks	01536 529408
Vice Chair	<a href="#">Sylvia</a> Dale	01536 411865
Treasurer	<a href="#">Tony</a> Reed/Tessa Bellamy	01536 481733/07854 864632
Secretary	<a href="#">Lindsey</a> Cole	01536 515689
Groups Co-ordinator	<a href="#">Jill</a> Burgess	01536 515045
Membership Secretary	<a href="#">Sylvia</a> Dale	01536 411865
Speaker Secretary	<a href="#">Julie</a> Bates	01536 722538
General Duties	<a href="#">Lynne</a> Franklin	01536 618001
General Duties	<a href="#">Linda Miller</a>	01536 726654
General Duties		
General Duties		
	<b><u>Not on Committee</u></b>	
Newsletter Editor	<a href="#">Sylvia</a> Dale	01536 411865
WebMaster & Tech Officer	<a href="#">Alan Bailey</a>	01933 350147
Assistant Tech Officer	<a href="#">Ken</a> Bridges	01536 741455
Safeguarding Officer	<a href="#">Bob Moffatt</a>	01536 659236

## Speakers for the 2019 Meetings are:

Date (second Wednesday in Month)	Title	Speaker
	9th The Ghost Detective	Adrian Perkins
	13th Behind the Call of Duty (Policemen)	Bob Thoroughgood
	13th Dont Dilly Dally - the history of the Old Time Music Hall	Tricia Thompson
	10th A Teller of Tales	Maria Dzedzan
	8th A Tribute to Les Dawson	Mike Leonard
	12th The Plague Doggor of Eyam	David Bell



10th AGM



14th Elizabeth - a Tudor Housewife

Denise Legge



11th Songs from the Shows

Rosemary Leonard



9th The Horrible History of Halloween

Steve Dimmer



13th Don't Forget the Paper Chains - a wartime Christmas

Tricia Thompson



11th Christmas Event - Stanwick Handbell Ringers

We hope to see you there